REVIEW

Potential role of daratumumab in the treatment of multiple myeloma

Yulian Khagi[1]
Tomer M Mark[2]

[1]Department of Medicine, New York Presbyterian Hospital-Cornell Medical Center, New York, NY, USA; [2]Division of Hematology and Medical Oncology, Department of Medicine, Weill Cornell Medical College, New York Presbyterian Hospital-Cornell Medical Center, New York, NY, USA

Abstract: Multiple myeloma is the second most common hematologic malignancy in the US. Treatments utilizing alkylating agents, corticosteroids, proteasome inhibitors, and immuno-modulatory drugs have resulted in significant survival benefits, however, despite the advances, relapse is inevitable. Decreased depth and duration of response obtained with each successive relapse of disease is typical of the disease course, thereby highlighting a continuing need for new treatment options. With the introduction of monoclonal antibodies for multiple myeloma, new options for treatment in the relapsed setting are on the horizon. Among the new immuno-logic agents is daratumumab (DARA), a humanized antibody to CD38 with potent multifaceted antitumor activity. Phase I and II clinical trials have demonstrated significant reduction in serum M-protein and bone marrow plasma cell percentage in refractory patients, with an acceptable toxicity profile. Moreover, ex vivo studies have shown that DARA may be particularly useful in combination with currently used anti-myeloma agents. With a recent breakthrough drug designation by the US Food and Drug Administration, DARA shows promise as mono- and combination therapy for the treatment of relapsed/refractory multiple myeloma.

Keywords: multiple myeloma, relapsed, refractory, monoclonal antibody, daratumumab, CD38

Introduction

Multiple myeloma (MM) accounts for approximately 10% of newly diagnosed hema-tologic malignancies in the US and is characterized by the proliferation of malignant clonal plasma cells that produce a single immunoglobulin isotype, called an M-protein.[1] Clonal expansion within bone marrow and tissue leads to bone destruction, hypercal-cemia, marrow dysfunction, frequent infections, as well as renal failure.[2] Prior to the advent of proteasome inhibitor and immunomodulator-based therapy, when alkylating chemotherapy with corticosteroids was standard of care, survival was for three decades.[3] The proteasome inhibitor bortezomib (BORT) and the immunomodulatory drugs thalidomide and lenalidomide induce impressive responses with improvement in overall survival, yet relapse remains inevitable, usually with disease refractory to currently available therapies.[4] Notably, patients who have disease relapse after treat-ment with lenalidomide and BORT have a particularly poor prognosis, with median overall survival of nine months.[5]

In July 2012, carfilzomib became the newest proteasome inhibitor to be US Food and Drug Administration (FDA) approved for relapsed/refractory multiple myeloma (RRMM).[6] In February 2013, pomalidomide was approved as the next immunomodu-latory drug. The two agents have been shown to be both safe and efficacious in the treatment of heavily pre-treated RRMM, including patients who have relapsed after

Correspondence: Tomer M Mark
Department of Medicine, New York Presbyterian Hospital-Cornell Medical Center, 525 East 68th Street, New York, NY 10021, USA
Tel +1 212 746 3964
Fax +1 212 746 8961
Email tom9009@med.cornell.edu

prior BORT and/or lenalidomide therapy.[7–10] Yet, even with encouraging response data and improved progression free survival (PFS), resistance develops rapidly and PFS for patients receiving either of these two agents remains short, in the order of 4–8 months.[11,12] Clearly, new effective agents are needed for the management of RRMM galvanizing the search for an immunologic approach similar to the successes seen in B-cell lymphomas.

Monoclonal antibodies in multiple myeloma

Until recently, monoclonal antibody therapies have not yielded success in the treatment of MM. With the introduction of rituximab, a humanized monoclonal antibody against CD20, as the first FDA-approved monoclonal antibody for lymphoma treatment in 1997, the oncologic community has seen remarkable outcomes spanning several hematologic malignancies. Disappointingly, with regards to MM, two Phase II studies of rituximab have shown overall response rates of only 0%–5%.[13,14] The reason for this was thought to be due to only a minority of MM clones expressing the target CD20 antigen.[15] Nonetheless, it was discovered that even in that minority of specimens that were densely CD20 positive, responses were still poor.[16]

Two other agents tested for myeloma include elotuzumab (ELO) and milatuzumab.[17–20] ELO is a humanized monoclonal IgG1 antibody that targets CS-1, a cell surface glycoprotein with dense expression in malignant plasma cells. Targeting CS-1 has been shown to lead to natural killer (NK)-cell mediated antibody dependent cellular cytotoxicity (ADCC).[17,19] Clinical trials have combined ELO with lenalidomide (LEN) and dexamethasone (DEX) in patients with relapsed myeloma. The results of these studies have been promising with 90% of patients achieving partial response (PR) and PFS of >2 years.[19,20] A Phase III study is ongoing and due to be completed in 2017.[20] It is important to note, however, that there have been no clinical trials demonstrating single agent efficacy with ELO and that a Phase I single agent dose escalation study from 2012 demonstrated no objective response.[21]

Another agent currently under investigation for the treatment of MM (as well as non-Hodgkin's lymphoma) is milatuzumab, a selective humanized antibody targeting CD74.[18] CD74 is a component of the major histocompatibility complex class II complex that is heavily expressed in B-cell neoplasms and found only marginally in normal tissue. CD74 expression has been demonstrated in up to 95% of MM samples.[22,23] Preclinical studies have shown that not

only can the antibody induce apoptosis when bound to its target, but also that the rapid internalization and recycling of CD74 makes it possible to conjugate chemotherapeutics, radioisotopes and other toxins to the drug to make targeted, efficacious killing a possibility.[24–30] However, clinical trials using milatuzumab in MM have yet to demonstrate significant activity.[31]

Daratumumab

Daratumumab (DARA) is a humanized antibody against CD38, a cell surface glycoprotein that is strongly expressed in MM.[32,33] It has received breakthrough therapy designation from the FDA for encouraging activity as a single-agent in a Phase I study for RRMM.[34] The biochemical, immunologic, and pharmacologic properties of DARA as well as the current clinical data supporting its use are discussed below.

Synthesis and selection

DARA was selected from 42 candidate antibodies generated from immunization of transgenic mice with recombinant CD38 protein.[33] Its capacity to induce cytotoxicity as measured by flow cytometry in purified patient MM cells was the basis for its selection for further development. Overexpression of CD38 is seen on most malignant plasma cells in all stages of multiple myeloma.[35] Moreover, MM plasma cell precursors are highly CD38 positive, indicating that the target may be highly expressed in MM stem cells.[36,37]

Function of CD38

CD38 is involved in the regulation of cell adhesion by receptor-mediated intracellular signaling. Its other function is as an ecto-enzyme to catalyze metabolism of cyclic adenosine diphosphate-ribose and nicotinic acid adenine dinucleotide phosphate.[38] This metabolism is key for the regulation of calcium messaging within the endoplasmic reticulum and lysosomal calcium stores.[39,40] Additionally, CD38 signaling also involves cross-talk with antigen-receptor complexes on T and B cells and is involved in switching and secretion of IgG1 as well as activation of NK cells.[41–43]

Preclinical data

DARA has been shown to be effective in vitro by killing CD38+CD138+ MM cells via four proposed mechanisms. The first two, ADCC and complement-mediated cytotoxicity (CDC), are induced in the bone marrow microenvironment and do not appear to be influenced by surrounding stromal cells.[33,44] The third mechanism by which DARA can lead to cell death is by directly inducing cytotoxicity through

cross-linkage of DARA with anti-human IgG antibody and Fc receptors expressed on effector cells.[45] The fourth mechanism of action is by inducing cell death via antibody-dependent cellular phagocytosis (ADCP). Akin to opsonization, ADCP is achieved by binding of Fc receptors on NK cells and macrophages by tumor-bound DARA. This directly signals phagocytosis of the tumor cell.[46] The pharmacodynamics of DARA estimates a half-life in the serum of approximately 21 days, which is similar to other monoclonal antibodies, such as rituximab. The route of elimination at low doses of DARA is target-mediated clearance by binding to the tumor cells.[34] Potential drug interactions are unknown at this time.

Interestingly, lenalidomide, as well as BORT and melphalan have enhanced MM cytotoxicity in the presence of DARA.[47] Pretreatment with lenalidomide resulted in improved DARA-induced ADCC in MM cells by activating NK cells in several studies.[47–49] This is discussed further in the Clinical data section below.

Clinical data

Based on preclinical data, DARA underwent a large two-part Phase I/II study for patients with heavily pre-treated RRMM who had received two or more prior lines of therapy.[34,50,51] In this study, ten cohorts involving a total of 32 patients, were treated with a standard 3 + 3 dose escalation scheme, from 0.005 mg/kg to 24 mg/kg, administered intravenously once weekly. All cohorts were treated with two test doses (10% of the full dose), and subsequently seven full doses for a total of 9 weeks. Median cohort age range was 55 to 64 years, median number of prior treatments was 5.5, 75% of patients had been refractory to both lenalidomide and BORT, and 83%/33% had undergone antecedent autologous stem cell transplantation/allogeneic transplant, respectively.

Pharmacokinetic analysis was done by enzyme-linked immunosorbent assay (ELISA) to measure DARA plasma concentration. Plasma concentration peak levels showed rapid clearance at low doses ($\leq$2 mg/kg) and those clearance rates decreased with increasing dose. This was suggestive of dose-related target-mediated clearance. At doses of $\geq$4 mg/kg, trough levels were sustained at >10 mcg/mL indicative of target binding. At those levels, observed compared to predicted pharmacokinetic values were similar.[34,50]

Response was then measured by change in serum and urine M-protein, change in free light chain ratio and reduction in bone marrow plasma cells. There was greater M-protein reduction in cohorts treated with doses of 4 mg/kg or above. M-protein and free-light chain reduction responses were durable to at least 28 weeks. Ten out of 32 patients had clinical response,

5 out of 32 (15.5%) with PR and 5 out of 32 (15.5%) with minimal response (MR). At doses of $\geq$4 mg/kg (12 patients), 5 achieved PR (42%) and 3 achieved MR (25%). PFS correlated with longer exposure time and higher dose of the study drug, with approximately 70% alive without progression at about 6 months in the $\geq$4 mg/kg cohort (with median follow up 18.4 weeks) versus approximately 20% at about 6 months in the $\leq$2 mg/kg cohort (with median follow up of 8.6 weeks).[34,50,51] Of note, the study was not powered for overall survival and median PFS in the $\geq$4 mg/kg groups were not reached.

Following the study of single-agent DARA in RRMM, several combination therapies using DARA with other agents for myeloma are currently underway.[47–49,52–54] Van der Veer et al demonstrated in a 2011 study that clearance of MM cells is enhanced with the combination of LEN and DARA due to LEN's ability to activate T and NK cells and DARA's ability to synergistically mediate lysis by ADCC.[49] An ex vivo study of drug combinations with DARA showed that while LEN alone, BORT alone, and a combination of the two were able to produce only modest lysis (10%, 18%, 25%, respectively), the addition of DARA improved lysis by greater than two-fold in all combinations. Furthermore, addition of DARA to combination LEN, BORT, DEX (RVD) and melphalan, prednisone, BORT (MPV) resulted in nearly double the lysis seen without DARA.[47]

At the 2013 American Society of Hematology meeting, several abstracts had further supported the use of DARA with combination therapy.[53] In one study, bone marrow plasma cells from LEN and LEN/BORT refractory patients were exposed to DARA alone or in combination with LEN/BORT. As expected, LEN and BORT alone were not able to induce significant lysis. With the addition of DARA, however, substantial levels of lysis were achieved. LEN/DARA-mediated lysis occurred in a synergistic activation of effector cells and BORT/DARA-mediated lysis increased in an additive manner. In a Phase I/II open-label multicenter study of DARA combined with LEN/DEX with a 3 + 3 dose-escalated design, efficacy was shown with the addition of DARA resulting in marked reduction in M-protein, yielding six of six patients with at least PR and three of six with at least very good partial remission.[54] Of note all study participants had prior treatment with lenalidomide and later had progression of disease, with the exception of the cohort receiving <1 mg/kg of the study drug, in which 88% had been REV exposed. Safety data showed a manageable toxicity profile consistent with an LEN/DEX regimen, consisting mainly of myelosuppression. Another abstract outlined a unique approach utilizing DARA with pre-targeted radio-immunotherapy in MM xenograft

mouse models.[55] This combination showed enhanced delivery of therapeutic doses of radiation via high avidity binding of anti-CD38 antibody-tumor conjugates, and a reported induction of 100% remission rates in less than 40 days. Long-term toxicity is to be determined in this population.

Safety profile

In the Phase I/II study, the most common adverse event was infusion reaction.[34,50] Infusion reactions occurred in 30% of patients during the first full infusion and in 10% during the test doses. Infusion reactions incrementally decreased during subsequent doses after the second full infusion. Most of the infusion reactions occurred within 3–4 hours and after the addition of pre-infusion steroid (prednisolone/methylprednisolone at a maximum corticosteroid dose equivalence of 27 mg DEX per week), no further serious infusion reactions were reported in the ≥4 mg/kg cohorts. Reported serious adverse events were limited to one patient of 32 in each of the following categories: grade 3 anemia, grade 4 thrombocytopenia, grade 3 rise in aspartate aminotransferase, and grade 2 cytokine release syndrome. Two patients of 32 had experienced grade 2 and 3 bronchospasm, respectively.[34,50,51]

Results from the Phase I portion of the study provided evidence of an acceptable safety profile and suggested significant antitumor activity in the heavily pre-treated MM population. After review of this data, the US FDA designated DARA as a "breakthrough therapy". As part of this ongoing Phase I study, doses of 8 mg/kg and 16 mg/kg are being further investigated. Additionally, a longer treatment period of 96 weeks is being used for responding patients. One of several Phase II studies will also evaluate the monotherapeutic activity of DARA in myeloma that has progressed after both prior immunomodulatory and proteasome inhibitor treatment.[52]

A comment on future directions

As the number of survivors with myeloma grows, so too does the need for new regimens to treat relapse of chemoresistant disease. Pomalidomide and carfilzomib have been highly successful for the treatment of RRMM, however, responses tend to be short-lived and they carry the toxicity profiles of the immunomodulatory drugs and proteasome inhibitors, respectively. DARA represents a tolerable and effective single-agent treatment option for patients with advanced RRMM, who may have significant comorbidities, such as peripheral neuropathy or myelosuppression, and who may not otherwise tolerate pomalidomide, carfilzomib, or other chemotherapy. For induction or salvage chemotherapy in fitter patients, we speculate that DARA will be added to existing regimens to enhance efficacy, analogous to the historical addition of rituximab to B cell lymphoma chemotherapy. Perhaps most excitingly, DARA may find use in halting or slowing the progression of smoldering myeloma to active myeloma without exposing otherwise asymptomatic patients to the potential toxicities of chemotherapy or immunosuppressive drugs. Further clinical studies with DARA are of course needed to provide the data to support our conjectures above.

In addition to impressive preclinical and early clinical data suggesting the benefits of DARA in the MM population, there is now preclinical data suggesting the use of DARA in other hematologic malignancies. The first preclinical in vivo results of DARA in mouse models of mantle cell lymphoma, transformed follicular lymphoma and chronic lymphocytic leukemia has demonstrated strong ADCC and CDC activity in immunocompromised hosts.[56] In this study, DARA induced complete tumor regression in four out of six mantle cell lymphoma mice and 60% tumor growth reduction compared to controls in transformed follicular lymphoma mice. In the case of chronic lymphocytic leukemia, it was shown that DARA not only increased survival by approximately three-fold (limited mainly by the end of the preclinical trial) but also that it inhibited the homing and migration of leukemia cells from peripheral blood to bone marrow and spleen.

Conclusion

Traditional treatments including alkylating agents such as melphalan as well as newer proteasome inhibitor and immunomodulatory therapies such as BORT and LEN have demonstrated significant survival benefits as frontline agents in MM. Despite this, MM still remains a chronic and aggressive neoplasm with inevitable relapse.

The use of monoclonal antibody therapy in MM remains relatively nascent. ELO and milatuzumab have been under close investigation and have shown significant antitumor activity with potential application as both mono- or combination therapy. DARA is a humanized antibody to CD38 that has shown great promise as an effective monoclonal antibody with ADCC, CDC, ADCP, and direct cytotoxicity as its mechanisms of action. DARA also targets several vital cell-signaling pathways (including calcium messaging, T/B cell cross-talk, and NK cell activation) via inhibition of cyclic adenosine diphosphate-ribose and nicotinic acid adenine dinucleotide phosphate metabolism. In its first Phase I/II clinical study as monotherapy, dose-escalated DARA resulted in significant serum M-protein as well as bone marrow plasma cell reduction in a heavily pre-treated RRMM population. Toxicity was mainly infusion-related and mitigated by the

use of pre-treatment steroids. Moreover, recent ex vivo studies have demonstrated that the addition of DARA to several existing regimens increases myeloma cell lysis. There is also preclinical evidence that DARA in combination with targeted radio-immunotherapy may have the potential to achieve high remission rates and that its monotherapeutic and/or combinatorial use in other hematologic malignancies may be vital.

Given the preliminary evidence for the use of DARA, there is great promise in its addition to the armamentarium for the treatment of RRMM.

Disclosure

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