REVIEW

Comparative anatomy and physiology of myrmecophytes: ecological and evolutionary perspectives

Marcia González-Teuber¹ Martin Heil²

¹Department of Biology, Universidad de La Serena, La Serena, Chile; ²Department of Genetic Engineering, CINVESTAV, Irapuato, Guanajuato, México Abstract: Ant-plant interactions are classic examples of defensive mutualisms and have served as model systems to study the ecology and evolution of mutualisms since the 19th century. Ant-plant mutualisms range in specificity from myrmecophilic (ant-loving) plants, which attract free-living ants to obtain defense against herbivores, to obligate myrmecophytes (antsplants), which provide specialized structures such as shelter and, in most cases, food rewards such as extrafloral nectar (EFN) and food bodies (FBs) to specialized ants. These ants usually cannot be found nesting outside of these plants. Myrmecophytic plants house and nourish ant colonies to establish obligate, long-term interactions. In return for food and shelter, the symbiotic ants mainly defend their host against herbivores and pathogens; in some cases, they supply nutrients. Here, we will review the anatomical and physiological features of the rewards that myrmecophytes provide to ants: EFN, FBs, and domatia (shelter). The anatomical and chemical features of these rewards match their physiological and ecological functions to attract, feed, and house ants. Recent studies in several systems demonstrated how the chemical composition of these rewards and spatiotemporal patterns in their production ensure their optimized exchange among specialized mutualistic partners and reduce the exploitation risk by nonreciprocating species. However, it remains to be studied how the production of rewards is regulated by the plant and whether it represents a specific plant response to the presence and identity, or rather the concrete actions, of the symbiotic ant partner. More research is needed, particularly with respect to the production and formation of domatia, which have been far less studied than EFNs and FBs. In obligate defensive mutualisms, a feedback between host plants and resident ants, in terms of the benefits they provide each other, it is likely to occur.

Keywords: ant-plant mutualisms, extrafloral nectar, food bodies, domatia, mutualistic ants

Introduction

Interactions between ants and plants are taxonomically and ecologically widespread and represent some of the most-studied examples of mutualisms: interactions among different species in which the fitness of each participant is enhanced by the presence or action of its partner.¹ The coevolution between ants and plants, which has led to the emergence of these multiple systems of defensive ant–plant mutualisms, involves a system of services and rewards, resulting in a high taxonomic and functional diversity of complex interactions.² Defensive ant–plant mutualisms can range from facultative, nonspecific relationships to obligate, highly specific symbiotic mutualisms without which neither of the involved partners can achieve positive fitness.² Given that many genera of ants and plants comprise species that engage in either obligate or facultative interactions, these interactions have frequently served as models to study

Correspondence: Marcia González-Teuber Department of Biology, Universidad de La Serena, Casilla 554, La Serena 1700000, Chile Tel +56 51 233 4637 Email mfgonzalez@userena.cl

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In general, plants provide housing and/or food rewards to ants (Table 1 and Figure 1), while ants act mainly as an indirect defense against herbivores. Facultative interactions are usually based on the attraction of generalist ants to food rewards such as extrafloral nectar (EFN) and food bodies (FBs). Obligate defensive ant-plant mutualisms are mainly restricted to the tropics, involve species in over 100 genera of angiosperms and 40 genera of ants,¹⁶ and always based on the provisioning of nesting space (domatia) by the plant, which can be accompanied by additional food rewards (EFN and/ or FBs). Domatia lead to more stable and specific associations, because they allow myrmecophytes to host an entire ant colony for a prolonged time span. In consequence, myrmecophytes are commonly assumed to be more dependent on ant protection than myrmecophiles;^{2,8,14} although several studies failed to find empirical support for the hypothesis that the foliage of obligate myrmecophytes lack secondary compounds required for their direct defense.9 Nevertheless, most obligate myrmecophytes suffer from dramatic leaf damage in the absence of a defending ant colony.²

The type and location of food rewards differ among genera. A number of myrmecophytes only produce FBs, such as *Cecropia*, *Piper*, and *Macaranga*. By contrast, Mesoamerican and African *Acacia* provide EFNs and FBs (Table 2) to their resident ants. Myrmecophyte-inhabiting ant colonies, in return, provide an intensive defensive service against herbivores,^{16–18} pathogens,^{19–21} and competing or parasitic plants^{16,18} or supply nutrients via debris accumulation or defecation.^{22,23}

Table I Rewards provided by myrmecophytic plants

Extrafloral nectaries: secretory tissues generally located on vegetative tissues and are not involved in pollination. Nectar secreted is a mixture of compounds usually dominated by sugars and amino acids. **Food bodies:** cellular structures that serve as rewards for ants, and are rich in lipids and proteins.

Domatia: plant structures that serve as nesting space for ants. All ant–myrmecophyte symbiotic associations have one thing in common, that is plants provide domatia, such as hollow thorns, petioles, stems, or modified leaves to their inhabitant ants.



Figure I Rewards produced by myrmecophytic plants to establish stable obligate symbiotic mutualisms with ants.

Notes: Extrafloral nectar of *Acacia hindsii* (**A**) and *Acacia cornigera* (**B**). Food bodies and a hollow thorn of *Acacia* sp. (**C**). A hollow stem of *Macaranga bancana* (**D**). Food bodies at the base of a leafstalk in *Cecropia mexicana* (**E**).

In this review, we focus on the anatomical features as well as on the physiological and ecological functions of the rewards that myrmecophytes offer to maintain stable symbiotic mutualisms with ants. We also show how these rewards exhibit adaptive traits such as anatomical features and specific chemical components that match the special requirements of the consumers and, thus, allow for an optimized trading of rewards versus services.

Extrafloral nectaries

Nectaries are structures located on the surface of terrestrial plants that secrete aqueous sugar-rich solutions for attracting mutualists. Depending on their localization and ecological role, nectaries are divided into floral (F) and extrafloral (EF) nectaries. F nectaries are localized in flowers and serving pollination, while EF nectaries are localized on the aerial vegetative organs and usually perform defensive functions.²⁴ EF nectaries are not involved in pollination and mainly attract ants and provide them with nutrition.²⁵ These nectaries have been reported in 108 families of flowering plants and in four families of ferns,²⁶ but they are particularly most abundant and diverse in the orders Malpighiales and Fabales.^{26,27} EF nectaries are widespread and evolutionary labile traits that have evolved independently in many unrelated plant taxa and at different times during their evolutionary history.^{26,28} They can occur not only on the petiole, rachis of compound leaves, leaf margins, and stipules, but also on the shoot or within inflorescences (Table 2). EF nectaries are also present in

	Mesoamerican <i>Acacia</i> sp. (Leguminosae)	African Acacia sp. (Leguminosae)	Macaranga sp. (Euphorbiaceae)	Cecropia sp. (Moraceae)	Piper sp. (Piperaceae)	Leonardoxa africana (Leguminosae)
Mutualistic ant partner	Pseudomyrmex	Crematogaster	Crematogaster	Azteca	Pheidole	Petalomyrmex
Position of extrafloral nectar	Leaf base	Leaf base	Absent	Absent	Absent	Leaf base
Food bodies	Multicellular; rich in proteins	Multicellular	Multicellular; rich in lipids	Multicellular; rich in glycogen and lipids	Single cells; rich in lipids	Absent
Domatia	Hollow thorn	Hollow thorn	Hollow stem	Hollow stem	Hollow stem	Hollow internodes
Ant service	Defense	Defense	Defense	Defense, nutrient supply	Defense, nutrient supply	Defense

Table 2 Plant-ant obligate interactions in six plant groups

Notes: The American and African Acacia spp. are now assigned to the genera Vachellia, Senegalia, Mariosousa, and Acaciella.^{133,134} Here, we will use the genus name Acacia to refer to American and African lineages to maintain consistency with previous studies.

Nepenthes plants, in which EFN attract arthropods that lose their foothold and fall into the digestive fluid of *Nepenthes* pitcher,^{29,30} thus serving as a trapping mechanism for these carnivorous plants.

Nectaries can widely vary in complexity and range from simple glandular trichomes without a well-defined internal structure to complex glands that are vascularized by both phloem and xylem.³¹ Nectaries can be categorized into seven groups according to their structure:^{32,33} 1) formless nectaries (with no structural specialization), 2) flattened nectaries (closely pressed against the fundamental tissue), 3) pit nectaries (glandular tissue sunken in tissues of other organs), 4) hollow nectaries (deep cavities in other plant organs with a narrow channel extending to the surface), 5) scale-like nectaries (glandular trichomes modified for nectar production and secretion), 6) elevated nectaries (well-defined glands that rise above the ground mesophyll tissue), and 7) embedded nectaries (secretory tissue totally inserted in tissues). The simplest nectaries, such as formless, pit, and scale-like nectaries, are usually nonvascularized and without a well-defined internal structure; these simple nectaries can be seen in a recently discovered example in the family Brassicaceae.³⁴ By contrast, flattened, hollow, and elevated nectaries are usually vascularized.32,33

Anatomically, three different tissues can be generally recognized in EFNs: the epidermis, nectary parenchyma, and subnectary parenchyma (including the vascular bundles branching off from the leaf vascular system) (Figure 2).³⁵ The epidermis is composed of polyhedric cells that are normally smaller than the parenchymal cells. A thick cuticle normally covers epidermal cells of EFNs, and the nectar secretion usually occurs through the rupture of the cuticle.^{35,36}

In other cases, the nectary epidermis can possess different secretory structures such as trichomes³⁷ or stomata, which remain constitutively open.38,39 The secretory cells are located below the epidermis and correspond to the nectary parenchyma, which is commonly composed of a few to several layers of small cells with thin walls, conspicuous nuclei, and dense cytoplasm.³⁵ The abundance of mitochondria and ribosomes increases at the moment of nectar secretion, indicating increased energy requirements for nectar production. The subnectary parenchyma is located below the nectar parenchyma and is composed of large cells containing big vacuoles. The subnectary parenchyma is generally rich in chloroplasts, and its cytoplasm is not as dense as that of secretory cells.35 Vascular bundles are adjacent to the subnectary parenchyma. EF nectaries often receive no direct vascular supply into the secretory cells;33 therefore, the nectar secretion usually does not comprise a simple transport from the phloem into the nectary cells. Instead, photosynthates seem to be uploaded from the phloem into the subnectary parenchyma and then symplastically transported into the secretory cells.40 The subnectary parenchyma (with big vacuoles) is likely to be



Figure 2 Anatomical tissues typically recognized in extrafloral nectaries. Abbreviations: E, epidermis; NP, nectary parenchyma; SNP, subnectary parenchyma. involved in the storage of carbohydrates, whereas the nectary parenchyma would be mostly involved in the processing and secretion of the pre-nectar. Among myrmecophytes, *Acacia* spp. and *Leonardoxa africana* possess EF nectaries, although they differ considerable in their structures. *Acacia cornigera* possesses elongated, vascularized EFNs that are elevated from the surrounding tissues,⁴¹ whereas *L. africana* presents embedded, nonvascularized EFNs.²⁸

Formation and secretion of nectar

Nectar has long been considered as "secreted phloem sap", which might be modified by nectary cells.^{42–44} Carbohydrates (mono-, di-, and trisaccharides) are the dominant component of nectar and are usually accompanied by much lower amounts of free amino acids (AAs), proteins, lipids, and secondary metabolites.^{45,46} The chemical components of nectar have two main functions: 1) attract mutualists and 2) generate indirect protection against non-mutualistic organisms, including nectar robbers and infecting microorganisms.^{45,46} Sugars, AAs, and volatile organic compounds mostly serve the attractive function,^{46,47} whereas other compound classes such as proteins, nonprotein AAs, and secondary metabolites are involved in the protection of EFN.⁴⁸

In general, we can distinguish three different phases of nectar formation and secretion: 1) carbohydrate uploading and storage, 2) processing of pre-nectar and synthesis of noncarbohydrate components, and 3) nectar secretion.^{31,40} Carbohydrates required for nectar formation appear to be either uploaded from the phloem to the parenchyma tissue where they are stored and/or processed-,49,50 synthesized in the nectary parenchyma itself,⁵¹ or derived from photosynthetic activity in the nectary itself.52 Recent studies confirmed earlier observations⁵³ and highlighted invertases as central players in the formation, secretion, and control of the chemical composition of nectar.^{51,54–56} Even post-secretory processes can change the composition of nectar. For example, in Acacia EFN, sucrose is eliminated from nectar by invertases that are secreted into the liquid nectar itself.53,55 Although it still remains to elucidate where and how other nectar components, such as secondary metabolites and AAs, are synthesized, important metabolic and synthesis processes required for the EFN secretion occur in the nectary itself.⁵¹ In fact, protein accumulation, invertase activities, and gene expression in the nectary tissue of Acacia cornigera temporally coincided with the concurrent secretory activity. Similar observations have been found for F nectaries of Nicotiana tabacum and Arabidopsis, in which all the genes required for the full nectar synthesis and secretion are expressed in the nectary tissue itself.^{50,57–60} Moreover, ultrastructural studies in EFNs of *Vigna unguiculata* demonstrated the presence of protein-rich inclusions in secretory cells.⁶¹

The exchange of rewards and services in ant-plant mutualisms can be optimized when rewards are only produced in the presence of - or allocated toward - the legitimate consumers. For example, most Acacia myrmecophytes reduce the amounts of EFN produced when they are not well defended by the resident ants.⁶² Moreover, a higher investment in EFN increases the number of worker ants patrolling on the leaves as well as ant aggressiveness.⁶³⁻⁶⁵ In myrmecophytic Acacia spp., higher EFN production enhanced the recruitment of Pseudomyrmex ferrugineus workers to the leaves and was positively related to ant-mediated protection against nectarrobbing bees,65 non-defending exploiting ant species,66 and also against mimics of herbivores.65 Thus, it seems that the amount of secreted EFN can be adjusted to ensure that the plant obtains the maximum mutualistic benefits minimizing costs, which are assumed to be involved with nectar production.⁶⁷ Nevertheless, it is still unknown which exogenous cues, besides herbivore-inflicted damage, the plant is able to sense in order to adjust EFN secretion to the current needs. Preliminary observations using Macaranga tanarius and poplar indicate that certain EF nectaries might be able to cease the secretion in the absence of consumers or, perhaps, reabsorb unconsumed nectar.^{36,68} Thus, another emergent question is whether EF nectaries can sense unconsumed nectar. Ultrastructural observations in F nectaries suggest that reabsorption requires energy; numerous mitochondria have been observed in the nectary parenchyma and epidermis.^{69,70} Experimental evidence for reabsorption by EF nectaries has been reported only for poplar so far,³⁶ although general considerations make it tempting to speculate that reabsorption might be a common phenomenon in EFN. In general terms, reabsorption requires that the nectar remains in contact with the nectary surface and that the nectaries remain alive and attached to the plant even after the active process of nectar secretion.⁷¹ These requirements are met by most EF nectaries, a reason for which it appears likely that the phenomenon of reabsorption occurs also for EFN. Further studies with EFN should consider using ¹⁴C-labeled sugars in order to gain information, parallel to FN, about the uptake and reallocation of EFN contents to other plant organs.^{69,72}

Food bodies

FBs are cellular structures that contain a variety of nutrients such as proteins, lipids, and carbohydrates, and can be produced by myrmecophytic and myrmecophilic plants. In most cases, FBs are ontogenetically derived from leaf tissues; nevertheless, they can also be derived from shoot epidermal cells, trichomes, and other structures at the plant surface.^{73,74} FBs have been described from a diverse range of unrelated myrmecophytes, and different terms have been coined for their denomination: "Müllerian bodies" are found in Cecropia,75 "Beltian bodies" in Acacia,73,74 "Beccarian bodies" in Macaranga,⁷⁶ and "Pearl bodies" in Piper.⁷⁷ However, similar ultrastructural characteristics in different types of FBs highlight that "Müllerian", "Beltian", "Beccarian", and "Pearl bodies" are likely to share the same ecological function as energy-rich structures that serve as a reward for defending ants. Since all of them appear to have the same ecological role, we will use the term "FBs" to refer to all of them. FBs have been reported in 90 plant genera from 34 families of angiosperms.⁷⁸ However, in contrast to EFN, FBs have received much less scientific consideration, and anatomical, physiological, and ecological information has been collected almost exclusively from obligate myrmecophyte plants. But Yamawo and Hada recently reported⁷⁹ reported the presence of FB-like structures on a myrmecophilic plant.

FBs are located in different zones on the plant surface, have multiple anatomical origins, and differ in their morphology and development, depending on the myrmecophyte plant species. They can range from single epidermal cells without any involvement of the underlying parenchyma, eg, in Piper⁸⁰ (Figure 3A), to cells with a specialized internal differentiation, connected to the vascular tissue, eg, in A. cornigera^{73,74} (Figure 3B). Ultrastructural studies have shown similar aspects in FB cells from different genera during their development. The cells contain a dense cytoplasm, numerous mitochondria, and a well-developed endoplasmic reticulum.74,80,81 The latter characteristics indicate that FBs are metabolically active cells that perform the functions of synthesis and storage of energy-rich nutrients: a source of nutrition for ants.^{82,83} In fact, in Acacia FBs, the cortical cells represent the dominant fraction and are rich in mitochondria, dictyosomes, rough endoplasmic reticulum, and plasmodesmata, which indicates their intensive metabolic activity.74 Furthermore, a recent proteomic study confirmed the presence of multiple metabolic enzymes in the FBs of Acacia cornigera,⁸⁴ which indicates that these FBs might be able to synthesize a large part of the required nutrients for ants in an autonomous manner.

FBs in myrmecophytes are rich in lipids^{85,86} and proteins,^{86,87} whereas the amount of carbohydrates is less^{87,88} (Table 2). Differences in FB composition among myrmecophytes appear to be related to the specific nutritional needs of their associated



Figure 3 Comparison of the anatomical structure of food bodies in *Piper* and *Acacia cornigera*.

Notes: In *Piper* (**A**), FBs are anatomically simple and involve the enlargement of single epidermal cells without any involvement of the underlying parenchyma. In *Acacia cornigera* (**B**), FBs are anatomically differentiated and show a specialized internal differentiation of cells. They are connected to the vascular tissue.

Abbreviations: EC, epidermal cell; E, epidermis; CC, cortex cell; FBs, food bodies; H, hypodermis, VS, vascular system.

ant species. Studies comparing the chemical content of FBs between myrmecophytic and myrmecophilic plants also support the hypothesis that the composition of FBs reflects the nutritional requirements of their respective ants. Although high levels of lipids and proteins are commonly present in FBs of myrmecophytes,^{85–87} FBs of myrmecophilic plants are characterized by high contents of low-molecular soluble compounds, such as sugars and AAs, which act as an attractant of generalist ants.85 Consistently, FBs of myrmecophytic Macaranga and Cecropia are not as attractive to generalist ants as to symbiotic ants.85,89 The latter fact highlights that FBs are not equally suitable for specialized and generalist ants, and raises the question whether the chemical composition of FBs prevents the consumption or exploitation by non-mutualists. But, how can the host plant sense the presence of the right mutualistic partner? General considerations predict that FBs should be only produced in the presence of the respective ant mutualists. Indeed, some evidences show that mutualistic ants can stimulate the production of FBs in several genera of host plants.^{3,90-92} For example, the unicellular FBs of Piper cenocladum are considerably more abundant in plants with the symbiotic ant Pheidole bicornis than in ant-free plants.³ Moreover, nonsymbiotic ants failed to trigger the production of FBs in Piper,^{3,90} which indicates that a chemical signal is likely to cause this specific allocation of the reward to reciprocating mutualists. Similarly, ant-inhabited Macaranga triloba (now bancana) plants produced more FBs than ant-free ones, even in the absence of herbivores.83 However, in ant-free Cecropia plants, manual collection stimulated the production of new FBs,92 which indicates that mechanical removal can

be enough to stimulate FB production, at least in this genus. Taken together, it seems that myrmecophytes are able to sense the presence and identity of ants and, perhaps, identify the defensive activity of the colonizing ants and allocate FBs mainly to the reciprocating mutualistic ants. However, the factors that control FB production quantitatively and qualitatively in order to allow their cost-efficient allocation still remain to be investigated.

Recent physiological studies have reported that specific components in the FBs of myrmecophytic *Acacia*, similar to the chemistry of the EFN, also serve as a filter that hinders consumption by non-mutualists. FBs of Mesoamerican *Acacia* myrmecophytes contain protease inhibitors that successfully inhibit the digestive protease activity in the guts of non-mutualistic organisms such as seed-feeding beetles and parasitic ants of the species *Pseudomyrmex gracilis*.⁸⁴ Considerably lower proteolytic activity was observed in the gut of the larvae of *P. gracilis*⁹³ after the consumption of *Acacia* FBs. By contrast, larvae of mutualistic ants of *P. ferrugineus* possess a protease (chymotrypsin 1) in their gut that is insensitive to the inhibitors and, thus, is able to metabolize the proteins of *Acacia* FBs.⁸⁴

Domatia

Domatia are plant structures that usually assume the form of depressions or cavities of various types, such as pouches of leaf tissue or domes with an opening on the top, hollow thorns, or hollow twigs.94 The term "ant domatia" is used for all physical plant structures that appear to be adaptations that facilitate ant nesting.⁹⁵ Benson⁹⁶ distinguished two types of domatia: primary and secondary. Primary domatia are derived from preformed cavities that can also be observed in plants with no mutualism with ants, including hollow stems, petioles, or thorns. By contrast, secondary domatia are modified structures and considered as distinct organs, eg, leaf pouches resulting from the modification of the leaf lamina. Among the plantprovided rewards to ants, domatia are the least studied, but not the least important; in fact, domatia represent the key factor for the evolution of obligate plant-ant mutualisms.⁹⁷ Primary domatia have been described as stem domatia in Cecropia² and Macaranga,⁹⁷ hollow leafstalks in Piper,⁹⁸ hollow thorns in Acacia,82 and hollow internodes in Leonardoxa.99 Myrmecophytic plants produce domatia independently of the presence of ants; nevertheless ants can enlarge the nesting space and, in most cases, must actively open an entrance hole to get access. Myrmecophytic plants can facilitate hole boring by providing special thin zones in the domatium wall, called prostomata,⁴ which lack vascular or lignified tissue.⁴ It has been described for Cecropia,⁸⁹ Leonardoxa,⁴ and Macaranga.¹⁰⁰ Plant anatomy, in addition to the behavior of ants, highly contributes to the formation of suitable domatia and facilitates specific interactions between myrmecophytes and their reciprocating ant species. Comparative studies have shown striking anatomical differences in homologous structures between species that harbor ants and those that do not. For example, myrmecophytes of the genus Piper present soft heterogeneous pith, in which a large central area has relatively large cells that lack intracellular crystals - important factors that facilitate the excavation of these cauline domatia by Pheidole ants.98 In Piper, excavated stems present a suberized layer of wound response tissue (differentiated cells that are fixed in morphology and development) on the cavity walls¹⁰¹ (Figure 4A). By contrast, myrmecophilic plants of the same genus are characterized by homogeneous piths with the presence of crystals in the central zone, which appear to function as mechanical support (Figure 4B). Thus, it seems that the specificity of the ant-plant interaction is determined by the structure and arrangement of the tissues in domatia cavities.102

Secondary domatia have been less studied than primary; nevertheless, morpho-anatomical differences between leaf pouches and the respective lamina in neotropical myrmecophytes have been described.^{103,104} A study comparing leaf domatia of three neotropical myrmecophytes (*Hirtella physo-phora, Maieta guianensis*, and *Tococa guianensis*) revealed similar morpho-anatomical characteristics for the domatia of all the species – a compact structure characterized by numerous layers of parenchymatous tissue, a lack of differentiation between the palisade and spongy parenchyma, and a low density of chloroplasts among parenchyma cells.¹⁰⁴ Moreover, the leaf domatia is thicker and more resistant (Figure 5A) than the lamina (Figure 5B) due to the thicker layer of



Figure 4 Comparison of the anatomical structure between a hallow and an unhollowed stem.

Notes: The figure depicts differences in the anatomical structure between a hollow stem of a myrmecophytic plant (**A**) and an unhollowed stem of a myrmecophilic plant (**B**). Copyright © 2007 The Botanical Society of America. Adapted from Tepe EJ, Vincent MA, Watson LE. Stem diversity, cauline domatia, and the evolution of ant-plant associations in Piper sect. Macrostachys (Piperaceae). *Am J Bot.* 2007;94:1–11.⁹⁸ Abbreviations: C, crystal; VB, vascular bundle; WT, wound tissue.



Figure 5 Comparison of the anatomical structure of an ant domatia with that of a leaf lamina. Notes: The figure depicts differences in the anatomical structure between an ant domatia (A) and a leaf lamina (B). Abbreviations: PP, palisade parenchyma; E, epidermis; PT, parenchymatous tissue; PP, palisade parenchyma; SP, spongy parenchyma; VB, vascular bundle.

parenchymatous tissue, larger epidermal cells, and lignified sclerenchyma fibers. Thus, these leaf pouches have evolved to become more specialized to house ants than in having a photosynthetic function. In addition, stomata were always present in the domatia cavity, which suggests a potential exchange of gases between the ant and the plant.²²

Myrmecophytes invest a large amount of tissue to domatia formation, which could be potentially useful for the storage of water and assimilates, or even for photosynthesis. Nevertheless, a flow of resources does not only occur from plants to ants, but also from ants to plants.^{22,23,105,106} Nutrient fluxes from ants to plants have been demonstrated in epiphytic myrmecophytes,^{22,105} geophytic myrmecophytes,¹⁰⁷ and obligate "defensive" myrmecophytes such as *Cecropia*¹⁰⁸ and *Piper*.²³ In fact, domatia are characterized as particular microenvironments with higher CO₂ and nitrogen content and, thus, can potentially act as places in which gas exchange and nutrient flux occur between resident ants and the host plant. Using stable isotope analysis, it has been demonstrated that ant respiration is an additional source of CO₂ in leaves of Dischidia major. Approximately 40% of the carbon in occupied plant leaves of D. major was derived from ant-related respiration, and almost 30% of the nitrogen in the host plant was derived from debris that the ants had deposited in the leaf cavities.²² Similar results were reported for Piper myrmecophytes, in which 25% of the nitrogen ingested by the ants was incorporated into the plants.²³ In the obligate myrmecophyte Cecropia, even 93% of the nitrogen in antoccupied host plants appeared to be derived from ant debris, according to measurements of the natural abundances of stable isotopes.¹⁰⁸ Myrmecophytes can produce domatia regardless of the activity or presence of their ant mutualists. Nevertheless, ants were able to induce domatia production in Vochysia vismiaefolia.¹⁰⁹ Moreover, ant-free Mesoamerican Acacia myrmecophytes that are colonized by exploiting ants tend to exhibit a much lower density of domatia than plants

that are inhabited by a defending *Pseudomyrmex* species (Martin Heil, CINVESTAV, personal observations, November, 2008). Thus, it seems that, similar to the induction of EFN and FB production, plants are also able to sense the presence of ants in order to stimulate the production of the adequate nesting space.

Costs of symbiotic plant-ant interactions and evolutionary perspectives

Mutualisms are defined as interactions that are beneficial for both partners. Nevertheless, they cause costs to both partners, which, in the long run, need to be counterbalanced by the respective benefits. The benefits to plants and ants of engaging in an obligate mutualism have been previously discussed. Plants obtain defense and nutrient uptake from ants, while ants obtain food and shelter from plants. Nevertheless, the maintenance of the ant colony can impose costs on myrmecophytes when the allocation of limited resources of food rewards or housing for ants entails negative effects on host plant fitness.¹¹⁰ Likewise, defending and aggressive behavior of symbiotic ants can also imply ecological costs to the host plant through an effect on the interaction of the host plant with other beneficial organisms. For example, ants can deter pollinators⁶³ or destroy reproductive tissues,^{111–113} which finally can significantly affect host plant fitness.

Costs associated with the production of FBs have been quantified in some studies. FB production by the myrmecophytic Ochroma pyramidale represented approximately 1% of leaf biomass,114 whereas FB production by the myrmecophyte Macaranga bancana represented approximately 5% of the total aboveground biomass production. In terms of lipids, FB production even represented 30% of aboveground plant biomass production by the same species.83 Fitness costs of EFN secretion in the absence of herbivores could never be experimentally detected, 114-116 but nectar production has also been assumed to consume large parts of the daily-assimilated carbon, at least during the flowering phase.⁶⁷ Although the allocation costs of EFN secretion in myrmecophytes have been not investigated so far, the secretion of EFN on young leaves of Ricinus communis and Phaseolus lunatus required the transport of assimilates from mature to younger leaves,117 and shading of the leaves decreased concurrent EFN secretion rates in R. communis.¹¹⁸ These observations clearly indicate that EFN competes for assimilates with other parts of the plant.

Indirect defense via ant–plant mutualisms that depend on FBs or domatia frequently trades off against direct chemical defense,¹¹⁹ which is another indicator of high costs of this particular defensive strategy. Indeed, recent studies have reported

that maintaining ant colonies is cost-effective for the myrmecophytes *Acacia drepanolobium* and *Cordia nodosa*.^{110,120} For example, in the presence of herbivores, symbiotic *Allomerus octoarticulatus* ants increased the plant growth of *C. nodosa*, whereas in the absence of herbivores, plants of *C. nodosa* with ants were 18% shorter and had 40% fewer domatia and 36% fewer leaves than plants without ants.¹¹⁰ Furthermore, African *Acacia* trees, from which *Acacia ant* spp. were removed, suffered greater attack from herbivores, but grew faster over the course of the experiment than trees in which ants were present.¹²⁰ Therefore, although several meta-analyses unambiguously demonstrated a generally positive outcome of defensive ant–plant interactions,^{119,121–123} the costs of maintaining the mutualism under certain environmental circumstances can exceed the benefits that host plants can gain from symbiotic ants.

If maintaining an ant colony implies a cost for the host plant, we can expect that the investment in food rewards and housing should be subject to stabilizing selection, ie, there must be an optimal investment that balances between the benefits of having ants and the cost of feeding and housing them. Thus, plants can minimize the allocation of resources to ant rewards, investing more in growth and reproduction, at the expense of the mutualism. The multiple strategies described earlier concerning: 1) the optimized chemical contents of EFN and FBs; 2) the specific production of FBs, EFN, and domatia in the presence of reciprocating mutualists; and 3) the production of EFN and even domatia in response to herbivory (ie, when defense is actually required) indicate that ant–plant mutualisms have adapted to meet these needs and optimize the investments that are associated with an obligate indirect defense by ants.

The evolutionary stability of mutualisms requires the action of different mechanisms,124 which reduce the selection for cheating and favor the maintenance and stability of the mutualism. As ant-plant mutualisms are likely to be stabilized via partner fidelity mechanisms,⁶ it is assumed that myrmecophytes are unlikely to cheat on the allocation of resources to ant rewards over evolutionary time.⁷⁸ The concept of partner fidelity assumes that cooperation will be favored when species stay together in stable associations that align their fitness interests.¹²⁴ Indeed, a positive feedback loop formed by fitnessrelevant traits of both ants and plants has been described for the Acacia-Pseudomyrmex mutualism.62 Thus, from the plant's point of view, feeding and housing ants are probably costly, but nevertheless, these costs are counterbalanced, because the benefits provided by the host plant will feedback to benefits provided by symbiotic ants. Consequently, several meta-analyses have shown that defending ants very rarely have negative net effects on their host plants,122,123,125 suggesting that the benefits received by host plants usually exceed the costs of

maintaining ants. Experimentally, it has been shown that an increase in the secretion and concentration of EFN in Mesoamerican *Acacia* myrmecophytes positively correlates with ant recruitment, ant aggressiveness, and a better protection provided by the mutualistic ants,⁶⁵ and that larger investment in EFN shifts the competitive balance among mutualists and exploiters toward a dominance of the defending mutualists.⁶⁶ Therefore, it is highly probable that natural selection will favor mutualists more than cheaters, because a healthy host automatically feedbacks benefits to its symbionts.^{124,126}

Even when the stability of mutualisms depends on general mechanisms that counteract the selective incentive to cheat, each plant–ant symbiosis evolved, and has to be maintained in a particular ecological setting. Therefore, the costs and benefits for both partners can be affected by several factors, which can drive the cooperation of the mutualism. For example, the cost–benefit ratio might depend on factors such as the ontogeny of the host plant or the ant colony,^{127,128} the availability of nutrients or light,^{128–130} or herbivore pressure.¹³¹ Therefore, understanding the particular ecological context within which individual ant–plant systems are functioning and evolving is central to predict the costs and benefits of the mutualism and to determine whether potential selective pressures for cheating can overcome selection for cooperation.

Future steps and conclusion

In summary, many phenotypic studies of multiple genera of ants and plants have demonstrated that ant-plant mutualisms show multiple signs of adaptations in the chemistry of food rewards, the structure of domatia, and the spatiotemporal patterns in the production of all these rewards. Together, these adaptations and specializations allow an optimized exchange of rewards and services among the participating partners and the stabilization of the mutualisms against invasion or de novo evolution by exploiters. Unfortunately, the underlying physiological and molecular mechanisms remain to be investigated, and we have not yet identified a single signal, or cue, that host plants use to identify their resident ants or to measure their defensive efficiency, or that plant-ants use to identify their hosts and judge on their (present and future) quality. Studies on myrmecophytic plants should turn attention to the physiology of plant rewards, particularly FBs and domatia, which have been less studied than EFN. We know that the anatomical and chemical features of these rewards match their physiological and ecological functions. Nevertheless, there is still a large gap in our understanding of how the plants at the mechanistic level regulate the production and composition of EFN, FBs, and domatia. Is reward production a specific response to the identity, or rather the action

Table 3 Outstanding questions

- How do myrmecophytic plants mechanistically regulate the production of extrafloral nectar, food bodies, and domatia?
- Do the rewards offered by myrmecophytic plants represent a specific response to the mutualistic ant partner?
- Which signal, chemical or molecular, is used by myrmecophytes to identify the appropriate partner?
- How are myrmecophytic plants able to sense the presence of nonmutualistic ants that enable them to cease the production of rewards?
- How do plants and ants judge the quantity and/or quality of the resources provided by the partner, in order to express phenotypic plasticity in the provisioning of rewards and services that regulate an efficient reciprocal rewarding system?

of the ant partner? Who has the control: the ant or the plant? Are partner manipulation effects at the phenotypic level common? Does the investment in attracting ants correlate with the benefits gained from the presence of protective ants? Which internal and external cues are sensed by plants to induce the production of rewards (see Table 3 for other outstanding questions.)

Defensive ant–plant mutualisms provide us with a taxonomic and functional diversity that represents the outcome of multiple (taxonomically and geographically independent) attempts to solve the same problem – maintain a stable and cost-effective indirect defense via mutualistic ants. The use of contemporary molecular methods, such as proteomics and transcriptomics, is no longer restricted to a handful of model plants. Several recent examples^{51,132} illustrate how these techniques can be applied to study phenomena of ecological relevance for ant–plant mutualisms at the molecular level and under realistic field conditions. Future studies should employ these techniques to identify the traits that ants and plants use to recognize each other and to control each other's phenotype for the sake of a stable, mutually beneficial interaction.

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Disclosure

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