

# The reversal of MRP1 expression induced by low-frequency and low-intensity ultrasound and curcumin mediated by VEGF in brain glioma

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**Purpose:** To explore the effect of curcumin and low-frequency and low-intensity ultrasound (LFLIU) on C6 and U87 cell, and whether LFLIU could inhibit multidrug resistance protein 1 (MRP1) by increasing the sensitivity of curcumin via vascular epithelial growth factor (VEGF)/PI3K/Akt signaling pathway targeting.

**Methods:** C6 and U87 cells were treated with various doses of curcumin and/or different intensities of LFLIU for 60 s. After 24 hrs, the effects of curcumin and/or LFLIU on the proliferation of C6 and U87 cells were examined. Real-time PCR and western blot analysis were used to detect the expression of VEGF and MRP1 at both mRNA and protein levels. The expression of MRP1 in C6 and U87 cells was also determined following stimulation with recombinant human VEGF and/or LY294002.

**Results:** Curcumin and LFLIU inhibited the proliferation of glioma cells in an intensity- or dose-dependent manner. Furthermore, survivin was significant after combined treatment compares with that of curcumin or LFLIU treatment alone. VEGF and MRP1 were highly expressed in C6 and U87 cells, curcumin and LFLIU alone or in combination could decrease the expression of both VEGF and MRP1. MRP1 expression was down-regulated following LY294002 treatment, which blocked after exposure to VEGF.

**Conclusion:** The synergistic effects, such as a higher inhibition rate, and lower expressions of MRP1 and VEGF, of combined curcumin and LFLIU against glioma was much better than that of a single treatment. The down-regulation of MRP1 may be related with the VEGF/PI3K/Akt pathway in glioma.

**Keywords:** LFLIU, curcumin, glioma cells, MRP1, VEGF

## Introduction

Glioma is the most common and aggressive types of primary brain tumor. Although major improvements have been made in the standardized treatment of glioma, the outcome is still very poor, with a median survival of ~1 year only after diagnosis.<sup>1</sup> The glioma, one of the most lethal and asclular tumors, cannot be treated with extensive resection, because specific areas confined to the brain are unable to be compensated by brain tissue from other regions. Several studies have shown that angiogenesis is essential for glioma growth and metastases.<sup>2-5</sup> Vascular epithelial growth factor (VEGF) is the most important stimulant factor in regulating angiogenesis,<sup>3</sup> and plays an important role in the formation, development and recurrence of glioma.<sup>4</sup> In particular, VEGF is highly expressed in cells with high malignancy and in the serum of glioma patients correlating with poor prognosis of the disease.<sup>2,5</sup> Therefore,

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antiangiogenic treatment targeting the VEGF signaling pathway has recently become an integral part of modern cancer therapy. Many angiogenesis inhibitors have been approved by the US FDA for various cancers including brain glioma.<sup>6</sup>

However, drug resistance develops following long-term application of chemotherapeutic drugs, with multidrug resistance (MDR) as the main form of drug resistance in glioma.<sup>7,8</sup> MDR is closely related to the over-expression of drug efflux pumps such as multidrug resistance protein 1 (MRP1), an MDR protein whose transmembrane domain forms the pore of the drug transport system. VEGF has been related to the over-expression of MRP1 and MDR in glioblastomas,<sup>9–11</sup> providing a possible explanation for the failure of the routine use of the anti-VEGF antibody in glioma treatment. Investigating the MDR-related genes regulated by VEGF may identify a new therapeutic target to reduce or prevent MDR in gliomas.

Curcumin, a natural polyphenolic compound, isolated from the rhizome of the plant *Curcuma longa*,<sup>12,13</sup> can effectively inhibit VEGF in a dose-dependent manner in VEGF-overexpressing tumors.<sup>14</sup> More importantly, curcumin can penetrate through the blood-brain barrier and selectively target on tumor cells, leaving normal neural cells intact.<sup>15,16</sup> However, the clinical application of curcumin is limited due to its poor aqueous solubility in aqueous solution, low biological availability and being rapidly metabolized once inside the body.

Ultrasound has been used as a safe diagnostic tool since the 1960s. In recent years, studies have shown that low-frequency low-intensity ultrasound (LFLIU) can enhance the efficacy of curcumin, induce apoptosis in human breast cancer cells, and reduce the expression of MRP1.<sup>10,17</sup> The tumor cells are more sensitive to LFLIU than normal cells. LFLIU increases the permeability of the cell membrane,<sup>17</sup> which plays an important role in tumor treatment. The purpose of this study is to investigate the efficacy of curcumin and/or LFLIU or the two in combination in the treatment of glioma. We examined the expression of VEGF and MRP1 in glioma cells after treatment with curcumin and/or LFLIU and demonstrated that the VEGF/PI3K/Akt signaling pathway may be involved in the effects of MRP1.

## Materials and reagents

Curcumin (95% purity) [(E, E) -1, 7-bis (4-hydroxy-3-methoxyphenyl) -1, 6-heptadiene-3, 5-dione] was purchased from Sigma-Aldrich (St. Louis, MO, USA), and was stored as a 100 mM stock solution in dimethyl sulfoxide (DMSO) at -20°C until use.

Dulbecco's modification of Eagle's Medium (DMEM) and fetal bovine serum (FBS) used for cell culture and treatments were purchased from Gibco (Grand Island, NK, USA).

Cell cytotoxicity was determined using cell counting kit-8 (CCK-8, Dojindo Molecular Technologies, Japan), whereas the BCA kit from Shanghai Biyuntian Biotechnology Company (Binyuntian, Shanghai, China). Recombinant human vascular epithelial growth factor (rhVEGF) was purchased from PeproTech (Rocky Hill, USA). The PI3K/Akt pathway inhibitor, LY294002, was purchased from Sigma (St Louis, MO, USA).

## Cell lines and cell culture

Rat C6 glioma cells and human U87 glioma cells kindly provided by the Department of Neurosurgery, the First Hospital, China Medical University were purchased from a typical cell culture collection Committee of the Chinese Academy of Sciences Library. Cells were cultured in DMEM and 10% FBS at 37°C in a humidified atmosphere containing 5% CO<sub>2</sub>. The cells were cultured and then harvested for in vitro experiments.

## Treatment of cells

To investigate the efficacy of curcumin and LFLIU in the treatment of glioma, the glioma cells were randomly divided into the control groups and treatment groups.

Control groups contain negative control (cells cultured in DMEM and 10% FBS) and 0.3% DMSO group. Solutions of curcumin were prepared in DMSO, and final concentrations of DMSO used in the experiments were below 0.03%.

Treatment groups contain the curcumin group and LFLIU groups. Curcumin groups contain: 5 µmol/L (C<sub>5</sub>), 10 µmol/L (C<sub>10</sub>), 15 µmol/L (C<sub>15</sub>), and 20 µmol/L (C<sub>20</sub>), and the LFLIU groups contain: 3 mW/cm<sup>2</sup> (U<sub>3</sub>), 50.4 mW/cm<sup>2</sup> (U<sub>50.4</sub>), 83.4 mW/cm<sup>2</sup> (U<sub>83.4</sub>), 142 mW/cm<sup>2</sup> (U<sub>142</sub>), 290 mW/cm<sup>2</sup> (U<sub>290</sub>) and 474 mW/cm<sup>2</sup> (U<sub>474</sub>).

To investigate the effects of a combination of curcumin and LFLIU on glioma cells, and on the expression of VEGF and MRP1, the glioma cells were divided into negative control group, DMSO control group, U<sub>142</sub>, C<sub>10</sub>, C<sub>10</sub>+U<sub>142</sub>, C<sub>15</sub> and C<sub>15</sub>+U<sub>142</sub> groups.

To further explore the relationship between VEGF and MRP1, we used rhVEGF (20 ng/mL) and/or LY294002 (50 mmol/L) incubated for 24 hrs, with groups divided to rhVEGF group, LY294002 group and rhVEGF + LY294002 group.

## Sensitivity of glioma cells treated by curcumin and LFLIU alone or in combination

C6 and U87 cells were seeded in 96-well plate at a concentration of  $5 \times 10^3$  cells/well, respectively, and were incubated for 24 hrs, before treated by curcumin in different concentrations for 1 day. Ten ml CCK-8 was then added into the wells and incubated for an additional 2 hrs. Finally, optical density (OD) for each well was obtained at 450 nm using a microplate reader (BioTek, Winooski, VT, USA). Relative inhibitory rate of C6 and U87 cells was calculated according to the following equation: Relative inhibitory rate (%RI) =  $(Ac - As) / (Ac - Ab) \times 100\%$ , whereas denotes the absorption rate in experimental wells (including negative control, CCK-8 post-sonication and post-curcumin), Ac denotes the absorption rate in control wells (including C6 cells, U87 cell, DMEM, CCK-8 without sonication) and Ab denotes the absorption rate in blank wells (CCK-8 and DMEM only without C6 or U87 cells).

## Concomitant treatment of glioma cells with curcumin and LFLIU

C6 and U87 cells were seeded in a 96-well plate at a concentration of  $5 \times 10^3$  cells/well, respectively, and were cultured for 24 hrs before treatment. Groups were divided according to the concentrations of curcumin ( $C_{10}$  and  $C_{15}$ ) and LFLIU at the intensity of  $142 \text{ mW/cm}^2$  for 60 s alone or in combination with the following experiments. As described above, 10-mL CCK-8 was then added into the wells and the culture plate was incubated for 2 hrs before measurement. RI of C6 and U87 cells was calculated according to the formula listed above. C6 and U87 cells were treated with curcumin and/or LFLIU for 24 hrs, the expression of survivin was measured by western blot. Light microscopy was used to determine the effect of curcumin and/or LFLIU on glioma cell morphology.

## RNA extraction and quantitative real-time PCR

Cells were lysed on the ice, and total RNA was extracted from cells using TRizol reagent (Invitrogen, Grand Island, NY, USA) following the protocol recommended by the manufacturer. The concentration of RNA was determined by measuring the absorbance at 260 nm using nano-drop (BioSpec-nano). PrimeScriptRT Regent Kit with gDNA Eraser (Takara, Shiga, Japan) was used to obtain cDNA

according to the manufacturer's protocols. The sequence of MRP1 and VEGF primers (Shanghai, China) were as follows:

hMRP1-forward-5'-GTACATTAACATGATCTGGTC-3', reverse-5'-GGTTCATCAGCTTGATCCGAT-3', hVEGF-forward-5'-CTTGCCTTGCTGCTCTACC-3', reverse-5'-CACAGGATGGCTTGAAG-3'. Real-time PCR was carried out in a 20  $\mu\text{L}$  reaction mix, containing 0.5  $\mu\text{mol/L}$  forward primer, 0.5  $\mu\text{mol/L}$  reverse primer, 0.2  $\mu\text{g}$  cDNA template and 10  $\mu\text{L}$  of 2 $\times$  SYBR Premix Ex TaqTM (Takara, Shiga, Japan), using a protocol of 30 s at 95°C, followed by 45 cycles at 95°C for 5 s, at 60°C for 30 s, and a final 1 min at 60°C. Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was used as an internal reference. A standard curve and a melting curve were created automatically when the reactions completed, and comparative CT method ( $2^{-\Delta\Delta\text{CT}}$ ) was adopted for quantification.

## Western blot analysis

Cells were lysed in the ice-cold RIPA lysis buffer (Beyotime, P0013B). The protein concentration of the lysate was determined by BCA kits (Beyotime, P0010S). The protein samples (20  $\mu\text{g}$  per lane) from the C6 and U87 cells were separated on 10% polyacrylamide gels using Mini Protean III electrophoresis tanks (Bio-Rad, Hercules, CA). After electrophoresis, the proteins were transferred to PVDF membranes according to standard procedures. The polyvinylidene fluoride (PVDF) membranes were blocked for 1 h with 5% nonfat dry milk in TBST buffer (20 mM Tris-HCl, pH 7.4; 150 mM NaCl; 0.1% Tween-20), followed by incubating with primary antibodies an overnight at 4°C. After washing the membranes three times with TBST, the blots were incubated with corresponding secondary antibodies (Proteintech, US) for 2 hrs at room temperature. Finally, specific proteins were visualized using enhanced chemiluminescence (BIO-RAD, USA) and detected using ImageJ software. We utilized the following primary antibodies: anti-VEGF (ab1316;1:200), anti-MRP1 (ab3368;1:1,000), anti-p-Akt (ab38449;1:1,000) and anti-survivin (ab182132;1:1,000), all purchased from Abcam (Cambridge, UK), anti-GAPDH antibody and all of secondary antibody, all purchased from Proteintech Group (Inc., Rosemont, IL, USA).

## Statistics

Data were expressed as the mean  $\pm$  standard deviation (SD), and all analyses were performed using SPSS21.0 software (IBM SPSS, Armonk, NY, USA). Data analysis was carried out using one-way ANOVA followed by

Tukey's posthoc test for multiple comparisons and an independent student *t*-test for simple comparisons.  $P < 0.05$  was considered being statistically significant. All experiments were repeated at least three times.

## Results

### Curcumin inhibited C6 and U87 cells proliferation in a dose-dependent manner

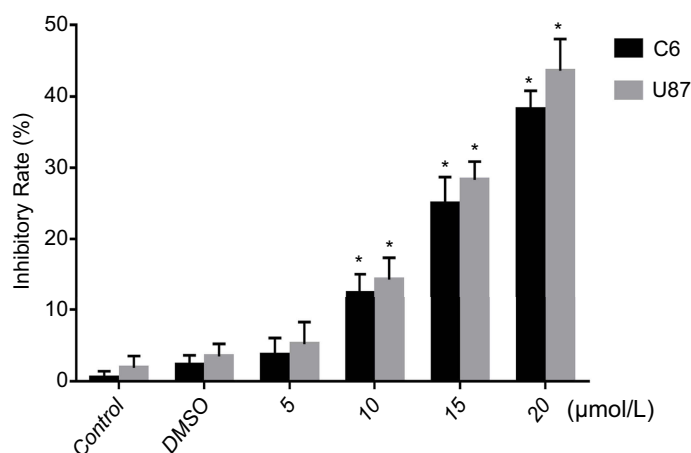
C6 cells and U87 cells were treated by curcumin in different concentrations, followed by CCK-8 to determine the inhibitory effect of curcumin on malignant glioma. No statistical difference was observed between the two control group, negative control and 0.3% DMSO control (C6 cells were  $2.3 \pm 1.3$ , U87 cells were  $3.4 \pm 1.7$ ,  $P > 0.05$ ) indicating DMSO itself does not affect the viability of the cells. When exposed to  $C_5$ ,  $C_{10}$ ,  $C_{15}$ ,  $C_{20}$ , the relative inhibitory rate of glioma increased significantly with the increasing curcumin concentrations. The relative inhibitory rate of C6 cells were  $3.7 \pm 2.3$ ,  $12.4 \pm 2.6$ ,  $25.0 \pm 3.7$ ,  $38.2 \pm 2.6$ , respectively ( $\geq 10 \mu\text{mol/L}$ ,  $P < 0.05$ , Figure 1); the relative inhibitory rate of U87 cells were  $5.2 \pm 3.4$ ,  $14.3 \pm 3.1$ ,  $28.3 \pm 2.6$ ,  $43.6 \pm 4.4$ , respectively ( $\geq 10 \mu\text{mol/L}$ ,  $P < 0.05$ , Figure 1). This result indicates that curcumin inhibits the growth of C6 and U87 cells in a dose-dependent manner. Curcumin at concentrations of 10 and  $15 \mu\text{mol/L}$  have significant inhibitory effects on glioma cells proliferation. ( $P < 0.05$ ). Therefore, we chose these two concentrations to further investigate in the following experiments.

### LFLIU inhibited C6 and U87 cells proliferation in an intensity-dependent manner

To determine whether LFLIU had an inhibitory effect on malignant glioma, C6 and U87 cells were exposed to different intensities of LFLIU for 60 s, followed by CCK-8 assays was performed. When exposed to  $U_3$ ,  $U_{50.4}$ ,  $U_{83.4}$ ,  $U_{142}$ ,  $U_{290}$  and  $U_{474}$ , the relative inhibitory rate of glioma increased significantly with the increasing LFLIU intensity. The relative inhibitory rate of C6 cells were  $2.2 \pm 1.3$ ,  $3.5 \pm 1.7$ ,  $4.6 \pm 2.4$ ,  $10.7 \pm 3.0$ ,  $15.6 \pm 2.3$ ,  $29.7 \pm 2.2$ , respectively ( $\geq U_{142}$ ,  $P < 0.05$ , Figure 2); the relative inhibitory rate of U87 cells were  $4.1 \pm 3.7$ ,  $5.4 \pm 4.5$ ,  $10.5 \pm 3.6$ ,  $12.3 \pm 3.8$ ,  $18.5 \pm 4.0$ ,  $33.3 \pm 3.9$ , respectively ( $\geq U_{83.4}$ ,  $P < 0.05$ , Figure 2). In order to achieve a significant inhibitory effect and avoid unnecessary damage to normal cells, the first significant intensity of  $142.0 \text{ mW/cm}^2$  was used in the following experiments.

### LFLIU and curcumin in combination inhibited C6 and U87 cells proliferation in a synergistic manner

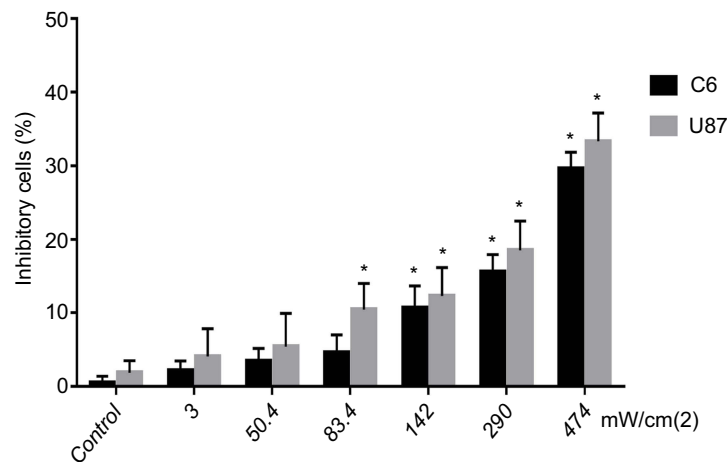
As described above, glioma cells (C6 and U87 cells) were treated with  $10 \mu\text{mol/L}$  or  $15 \mu\text{mol/L}$  of curcumin in the presence or absence of LFLIU (intensity of  $142.0 \text{ mW/cm}^2$ , duration of 60 s) for 24 hrs. The relative inhibitory rate of C6 cells after the combination treatment of LFLIU ( $U_{142}$ ) and curcumin ( $C_{10}$  and  $C_{15}$ ) were  $22.8 \pm 1.2$ ,  $34.8 \pm 1.8$ , respectively. The relative inhibitory rate of U87 cells following combination treatment of LFLIU ( $U_{142}$ ) and



**Figure 1** Curcumin inhibited C6 and U87 cells proliferation in a dose-dependent manner. The growth-inhibitory effect in C6 and U87 cells that are treated with curcumin was evaluated by cck-8. There was no significant difference between DMSO group and control group ( $*P > 0.05$ ), and there was a significant difference when curcumin  $\geq 10 \mu\text{mol/L}$  compared with control group ( $n=3$ ,  $*P < 0.05$ ).

**Notes:** 5, 10, 15 and 20: the concentration of curcumin at 5, 10, 15 and 20  $\mu\text{mol/L}$ , respectively.

**Abbreviation:** DMSO, dulbecco's modification of Eagle's Medium.



**Figure 2** LFLIU inhibited C6 and U87 cells proliferation in an intensity-dependent manner. The growth-inhibitory effect in C6 and U87 cells that are treated with LFLIU was evaluated by cck-8. For C6 cells, there was a significant difference when LFLIU  $\geq 142$  mW/cm<sup>2</sup> compare with control group; for U87 cells, there was a significant difference when LFLIU  $\geq 83.4$  mW/cm<sup>2</sup> compare with control group (n=3, \* $P < 0.05$ ).

**Notes:** 3, 50.4, 83.4, 142, 290 and 474, the intensity of low-frequency and low-intensity ultrasound (LFLIU) at 3, 50.4, 83.4, 142, 290 and 474 mW/cm<sup>2</sup>, respectively.

curcumin (C<sub>10</sub> or C<sub>15</sub>) were  $26.9 \pm 2.0$ ,  $38.1 \pm 1.6$ , respectively. This suggested that curcumin and LFLIU in combination may decrease the proliferation of glioma cells in a synergistic manner (Figure 3).

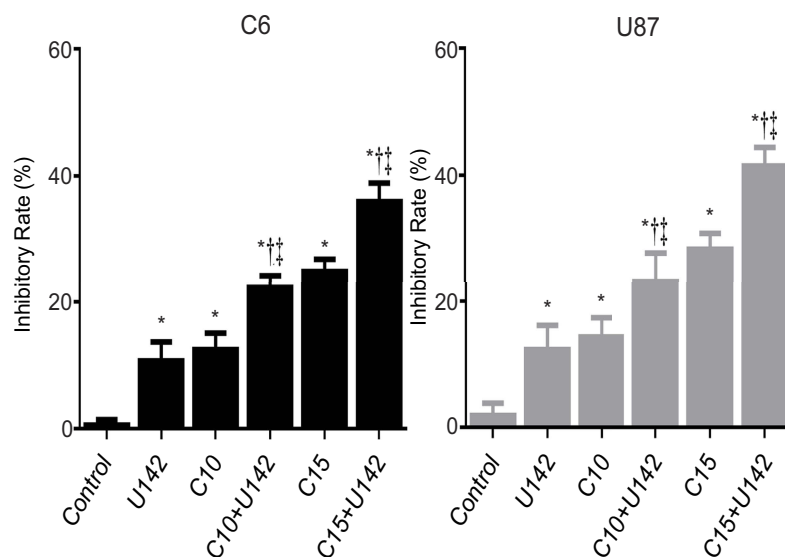
### Curcumin and/or LFLIU down-regulated expressions of surviving

The effect of curcumin and LFLIU alone or in combination on glioma cell apoptosis was evaluated by anti-apoptotic protein survivin. Curcumin (C<sub>10</sub> and C<sub>15</sub>)

and/or LFLIU (U<sub>142</sub>) alone down-regulated survivin expression. The combination of curcumin and LFLIU, further decreased the expressions of survivin in glioma cells compared with curcumin (C<sub>10</sub> and C<sub>15</sub>) and alone LFLIU (U<sub>142</sub>) ( $P < 0.05$ , Figure 4).

### Treated by curcumin and LFLIU alone or in combination led to morphological changes in C6 and U87 cells

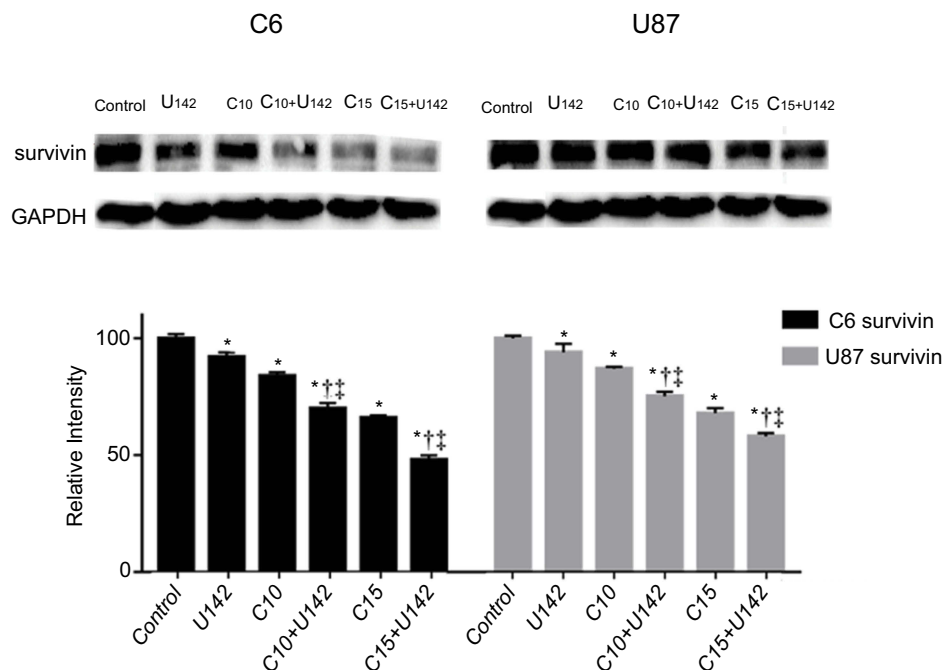
Morphological change is one of the most direct indicators for cell health. In bright field images, normal glioma cells in control



**Figure 3** LFLIU and curcumin in combination inhibited C6 and U87 cells proliferation in a synergistic manner. The growth-inhibitory effect in C6 and U87 cells that are treated with the combination of LFLIU and curcumin was evaluated by cck-8. Curcumin alone or in combination with LFLIU induced glioma cell death that is synergistic in effect. \* $P < 0.05$  vs control group, † $P < 0.05$  vs corresponding LFLIU group, and ‡ $P < 0.05$  vs corresponding curcumin group.

**Notes:** U142, the intensity of low-frequency and low-intensity ultrasound (LFLIU) at 142 mW/cm<sup>2</sup>; C10 and C15, the concentration of curcumin at 10 and 15  $\mu$ mol/L, respectively.





**Figure 4** LFLIU and/or curcumin down-regulates the expressions of survivin by western blot analysis. C6 and U87 cells were treated with LFLIU and curcumin alone or in combination. GAPDH was used as an internal reference. \* $P < 0.05$  vs control group, † $P < 0.05$  vs corresponding LFLIU group, and ‡ $P < 0.05$  vs corresponding curcumin group. **Notes:** U142, the intensity of low-frequency and low-intensity ultrasound (LFLIU) at 142 mW/cm<sup>2</sup>; C10 and C15, the concentration of curcumin at 10 and 15  $\mu$ mol/L, respectively.

**Abbreviation:** GAPDH, glyceraldehyde-3-phosphate dehydrogenase.

groups showed a long fusiform shape, spindle or polygonal, clear cell boundaries. And have a reticular connection with surrounding cells. Compared with the corresponding time points in control groups, curcumin (C<sub>10</sub> and C<sub>15</sub>) and/or LFLIU (U<sub>142</sub>) inhibited glioma cell proliferation. The cells exhibited more rounded shape, with decreased cell synapses, decreased cell size and the widened intercellular space (Figure 5).

### Curcumin and/or LFLIU down-regulates the expressions of VEGF and MRP1 at mRNA and protein level

Both VEGF and MRP1 were highly expressed in C6 and U87 cells in the control group (Figure 6). mRNA expressions of VEGF and MRP1 reduced significantly following with the treatment of curcumin and LFLIU alone or in combination ( $P < 0.05$ ). Combined treatment with curcumin (C<sub>10</sub>, C<sub>15</sub>) and LFLIU (U<sub>142</sub>), further decreased the expressions of VEGF and MRP1 compared with control, curcumin and LFLIU alone groups ( $P < 0.05$ ).

Consistent with the transcript analysis VEGF and MRP1 proteins were significantly down-regulated significantly in experimental groups 24 hrs post curcumin or LFLIU incubation ( $P < 0.05$ ). The combination of curcumin and LFLIU further decreased the expressions of VEGF

and MRP1 in glioma cells compared with a single treatment ( $P < 0.05$  Figure 7).

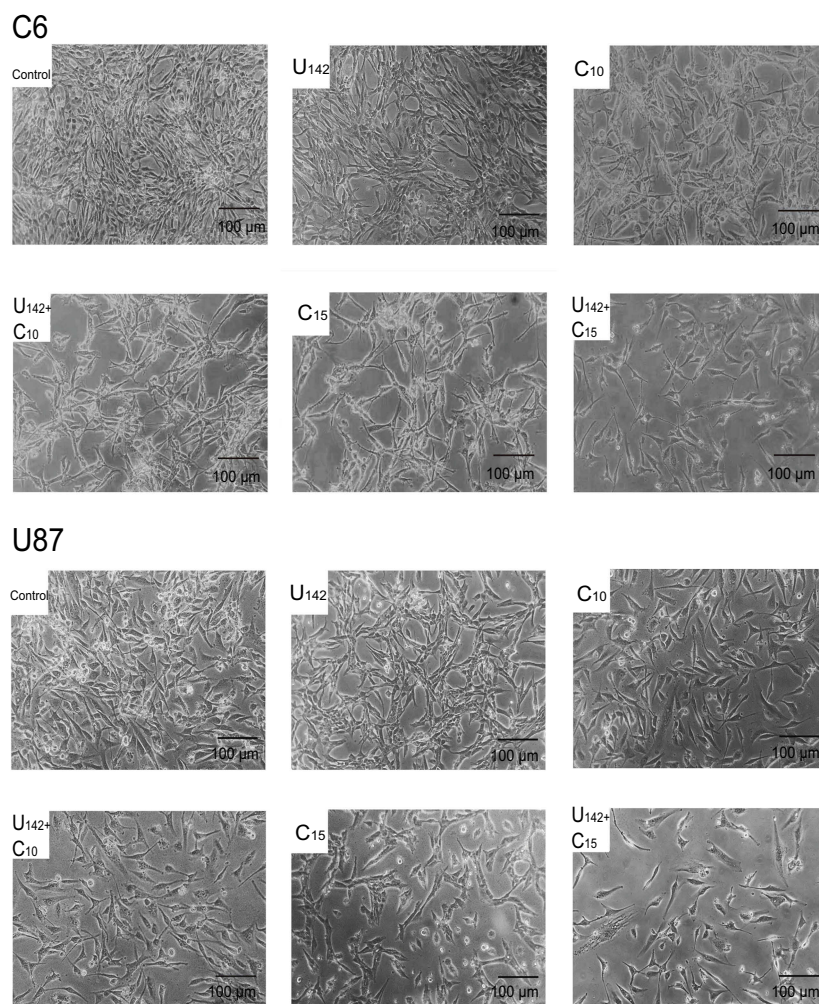
These results indicate a synergistic effect of curcumin and LFLIU in regulating VEGF and MRP1 expressions.

### The VEGF/PI3K/Akt pathway is involved in the regulation of MRP1 expression

The protein expressions of MRP1 and p-Akt were significantly up-regulated following treatment with exogenous VEGF in both cell lines compared with the control group ( $P < 0.05$ , Figure 8). In contrast, the expression of MRP1 and p-Akt was markedly decreased in the presence of an inhibitor of VEGF/PI3K/Akt signaling pathway, LY294002. Combine treatment with exogenous VEGF and LY294002 reversed the expression of MRP1 and p-Akt to the control level. These findings suggested a potential mechanism by which VEGF regulates MRP1 expression in glioma cells and that suppression of the VEGF/PI3K/Akt signaling pathway may contribute to the reduction of MRP1 expression and subsequently reduce MDR in glioma cells.

### Discussion

We report that curcumin and LFLIU reduced the proliferation of C6 and U87 glioma cells in a synergistic manner. Curcumin



**Figure 5** Cell morphological changes of C6 and U87 cells induced by curcumin or/and LFLIU detected by the microscope. Cells morphology was examined under a light microscope (Bar=100 µm). Morphological changes and decreases in cell density were associated with treatment with curcumin and LFLIU. Decreasing of the cell intensity (C6 and U87) was observed after treatment of curcumin (10, 15 µmol/L) and LFLIU (142 mW/cm<sup>2</sup>). And the combination of curcumin and LFLIU decreased the cell intensity significantly in a synergistic manner.

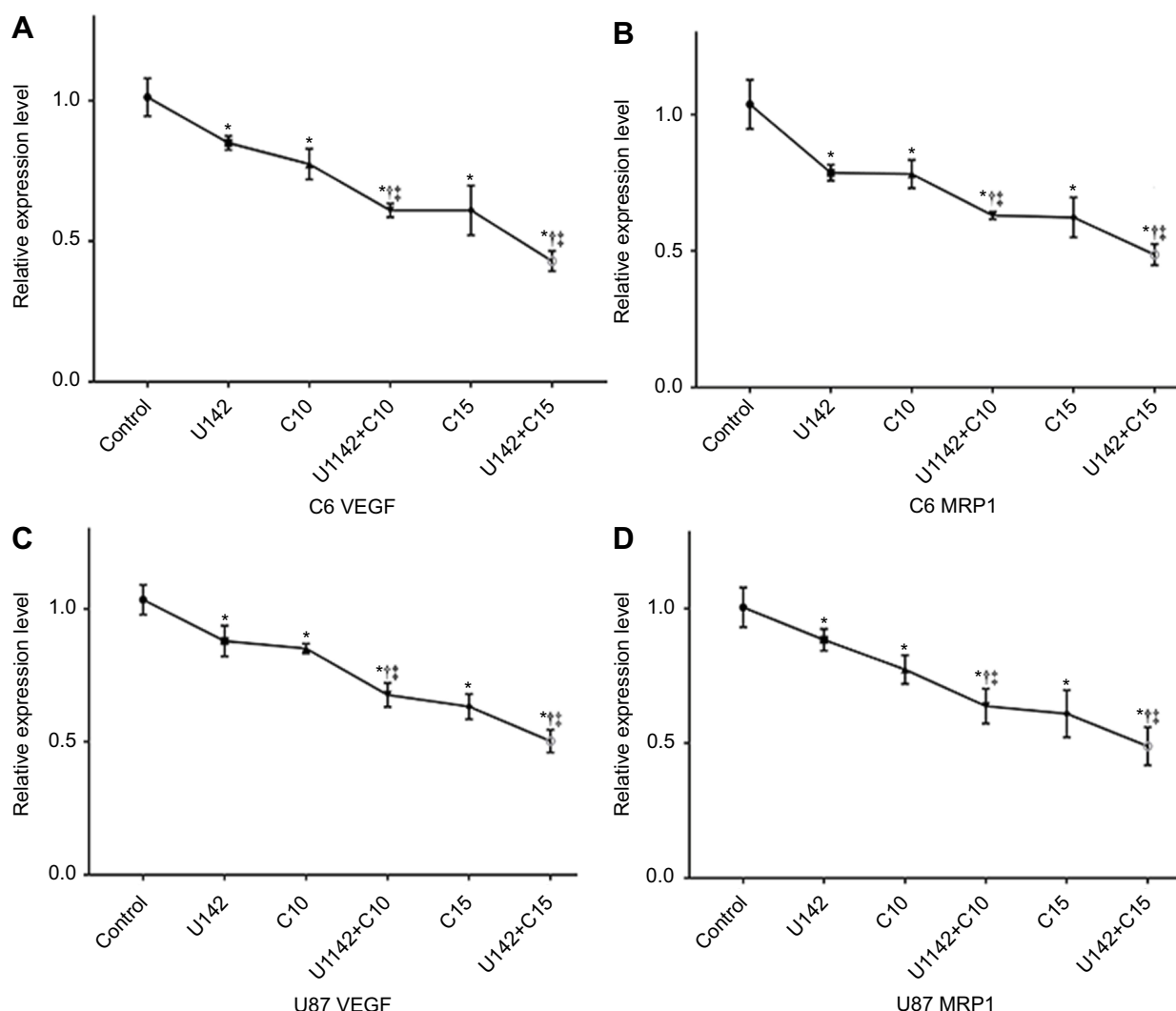
**Notes:** U142, the intensity of low-frequency and low-intensity ultrasound (LFLIU) at 142 mW/cm<sup>2</sup>; C10 and C15, the concentration of curcumin at 10 and 15 µmol/L, respectively.

and LFLIU reduced the expression of VEGF and MRP1. VEGF up-regulated MRP1 expression, which is reversed by an inhibitor of VEGF/PI3K/Akt Pathway, LY294002.

It is well known that one of the advantages of ultrasound is that it is safer than other drug analogs that are more toxic to healthy cells. Ultrasound can be selectively targeted on tumor cells using focused ultrasound beams and ultrasound may potentially be more toxic to tumor cells due to the higher metabolic rate in glioma cells.<sup>10,18</sup> Previous studies showed that ultrasound inhibits cell proliferation in osteosarcoma cells through inhibiting cell viability, mitochondrial membrane potential, reducing phosphorylated mitogen-activated protein kinase 7 and so on.<sup>19</sup> In this study, LFLIU inhibited the proliferation of C6 and U87 cells in an intensity-dependent manner, indicates

it seems to be an effective and safe procedure in the treatment of glioma.

Curcumin is a synergistic drug used in chemotherapies in cancer and has exhibited promising results for cancer treatment in various tissues.<sup>20–24</sup> Curcumin has multiple therapeutic targets in cancer therapy, such as inhibiting cancer cell proliferation, migration and invasion, promoting cancer cell cycle arrest (at the G2/M phase) and inducing apoptosis in cancer cells.<sup>25–27</sup> In this study, curcumin markedly inhibited the proliferation of C6 cells and U87 cells in a dose-dependent manner. The selections of the concentrations with curcumin in our study were based on the previous report from the literature,<sup>25</sup> which showed that the curcumin (15 and 20 µmol/L) inhibited glioma lines of A1207 and SNB19 cells growth. We chose a lower



**Figure 6** LFLIU and/or curcumin down-regulates the expressions of VEGF and MRP1 at mRNA. The relative expressions of VEGF and MRP1 at mRNA level of glioma cell are reduced significantly after LFLIU and/or curcumin. \* $P < 0.05$  vs control group, † $P < 0.05$  vs corresponding LFLIU group and ‡ $P < 0.05$  vs corresponding curcumin group.

**Notes:** U142, the intensity of low-frequency and low-intensity ultrasound (LFLIU) at 142 mW/cm<sup>2</sup>; C10 and C15, the concentration of curcumin at 10 and 15  $\mu$ mol/L, respectively.

concentration of curcumin when combined with LFLIU against glioma cells to minimize the off-target effect.

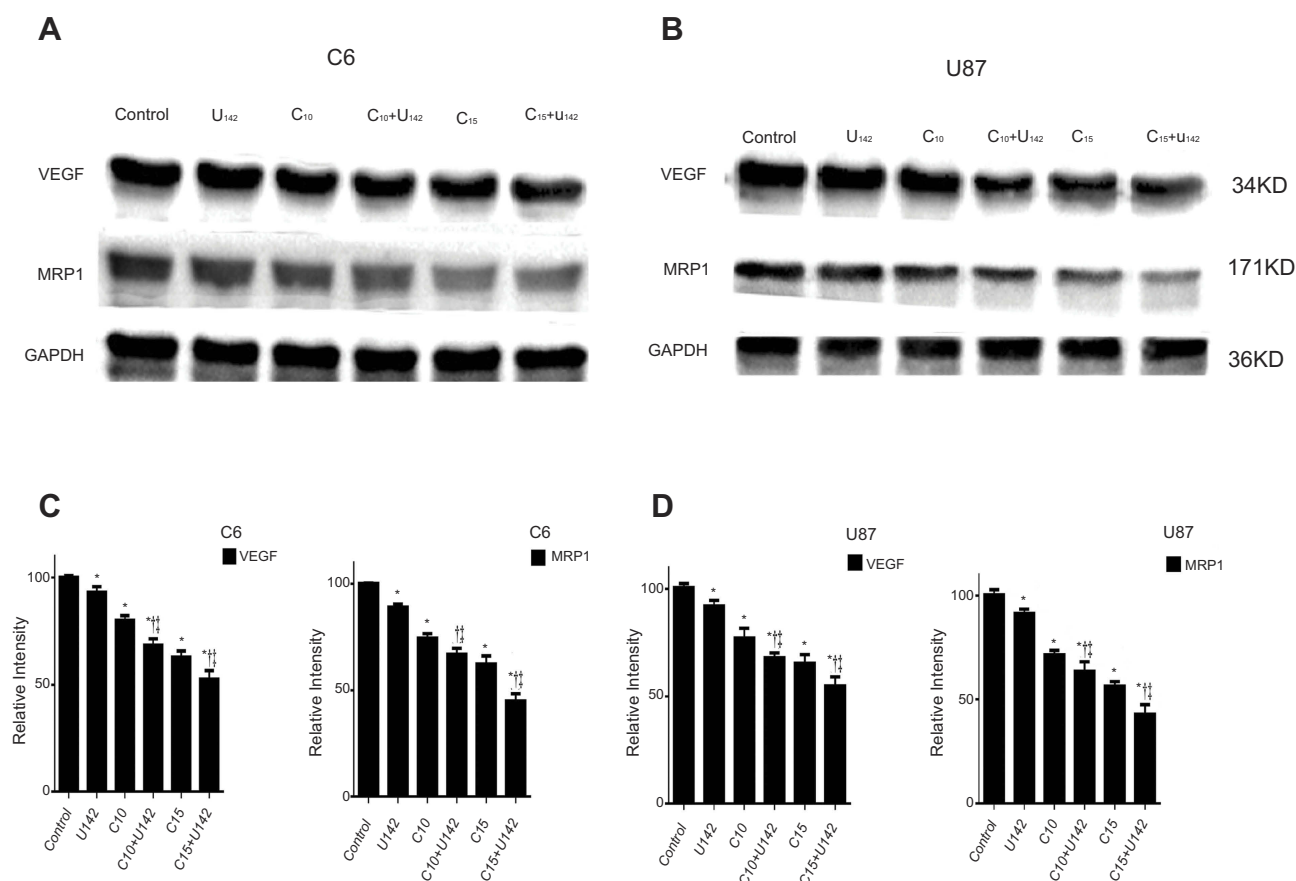
Furthermore, we found that using curcumin and LFLIU in combination significantly inhibited glioma cells proliferation in a synergistic manner. On one hand, curcumin can potentiate the antitumor activity of ionizing radiation, and may be used as a radiosensitizer for the clinical cancer treatment.<sup>28</sup> Curcumin also targets various inflammatory mediators could attenuate the release of proinflammatory and profibrotic cytokines, and suppressing chronic production of free radicals, which culminates in the amelioration of normal tissue toxicity.<sup>29</sup>

On the other hand, ultrasound selectively enhance the antitumor efficacy by enhancing permeation retention effect.<sup>30</sup> In addition, different intensities of ultrasound

may increase the permeability of tight junctions, which allows agents and/or antibodies to pass the blood-tumor barrier.<sup>31,32</sup> This altogether indicates that ultrasound can be used as an accessory tool to deliver curcumin in brain glioma therapy.

Survivin, an inhibitor of apoptosis protein, prevents cancer cell apoptosis by counteracting the G2/M phase,<sup>33</sup> and is associated with the degree of differentiation and the advancement of clinical stage of tumors.<sup>34</sup> In this study, the proteins of survivin were over-expressed in glioma cells, which is inhibited by treatments with LFLIU and/or curcumin. Morphologically, more tumor cells were observed with a disorganized pattern in the control group. Curcumin and LFLIU treatment decreased the amount of tumor cell and improved cell morphology.





**Figure 7** LFLIU and/or curcumin down-regulates the expressions of VEGF and MRP1 at the protein level. After treated with LFLIU and/or curcumin, the expressions of VEGF and MRP1 of **(A)** C6 and **(B)** U87 cells at protein levels are shown by western blot. The analysis of bands of gray intensity **(C and D)** shows a significant down-regulation after treatment, and GAPDH is detected as the loading control. \* $P < 0.05$  vs control group, † $P < 0.05$  vs corresponding LFLIU group and ‡ $P < 0.05$  vs corresponding curcumin group.

**Notes:** U<sub>142</sub>, the intensity of low-frequency and low-intensity ultrasound (LFLIU) at 142 mW/cm<sup>2</sup>; C<sub>10</sub> and C<sub>15</sub>, the concentration of curcumin at 10 and 15 μmol/L, respectively.

**Abbreviations:** VEGF, vascular epithelial growth factor; MRP1, multidrug resistance protein 1; GAPDH, glyceraldehyde-3-phosphate dehydrogenase.

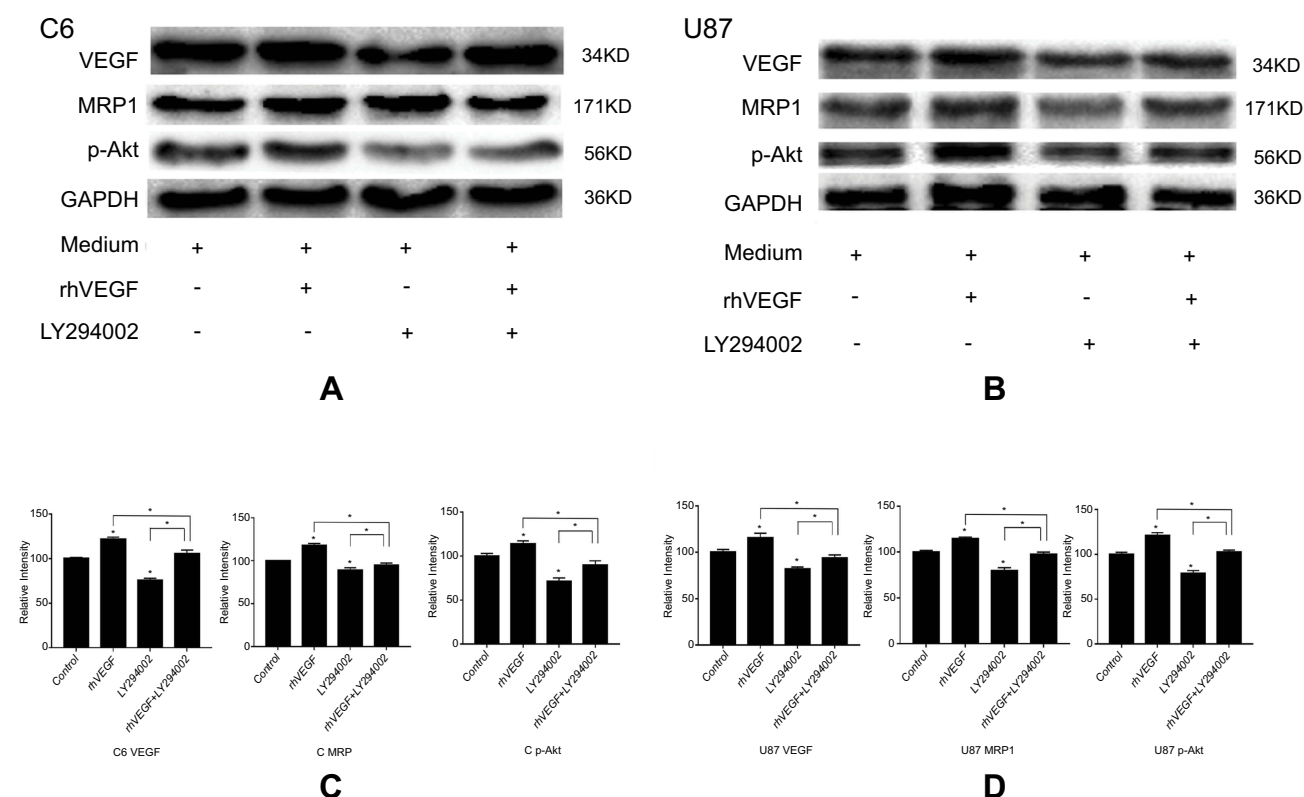
These results indicate that curcumin and LFLIU could accelerate the apoptosis of glioma cells.

Low-frequency ultrasound induces anti-tumor immunity by decreasing the expression of VEGF.<sup>35</sup> LFLIU in certain radiation parameters, also affect the VEGF expression levels.<sup>36</sup> In this study, we combined a lower concentration of curcumin, and a lower intensity of LFLIU compared with previous studies and observed a synergistic down-regulation of VEGF expression (Figure 6). The combined use of low level of tumor regulators may potentially reduce off-target effect and serve as a safer tumor treatment clinically.

Curcumin and LFLIU have been proven to be beneficial for MDR tumors. However, the underlying mechanisms remain unclear. The VEGF/PI3K/Akt pathway is one of the most important signal pathways in cancers, which is vital to angiogenesis, proliferation, invasion, enhancing cell repair motility and migration ability, and inhibition of apoptosis in cancer

cells.<sup>37–40</sup> VEGFR2, VEGF receptor, its downstream targets the PI3K/Akt pathway.

To explore the effect of VEGF on the expression of MRP1 in glioma, we used recombinant human VEGF and LY294002 to stimulate C6 and U87 cells. Western blot analysis showed that VEGF increased the expression of MRP1 at a protein level consistent with previous reports.<sup>11,41</sup> This increase in MRP1 is reversed by application of LY294002, an inhibitor of VEGF/PI3K/Akt pathway. And the combination of curcumin and LFLIU could significantly decrease the expressions of MRP1 and VEGF in a synergistic manner. Notably, our findings showed that VEGF up-regulated the protein expression of MRP1, but LY294002 could partially block this up-regulation as indicated in Figure 8. Furthermore, NF-κB, a contributor to chemoresistance, is the downstream target of the PI3K/Akt pathway.<sup>42</sup> For refractory acute myeloid leukemia cells,



**Figure 8** VEGF increased the expressions of MRP1 in glioma cells, but LY294002 reduced this effect. C6 and U87 cells were treated with medium (control group), rhVEGF (rhVEGF group), LY294002 (LY294002 group) or both rhVEGF and LY294002 (rhVEGF + LY294002 group) for 24 hrs. Western blot analysis detected the expression of VEGF, p-Akt and MRP1 in (A) C6 and (B) U87 cells. Protein expressions of the displayed in A and B were quantified and the results are shown in C and D, respectively. VEGF can increase MRP1 expression, and LY294002 could diminish this effect of VEGF on MRP1. GAPDH was detected as the loading control. \* $p < 0.05$  vs control group.

**Abbreviations:** VEGF, vascular epithelial growth factor; MRP1, multidrug resistance protein 1; p-Akt, phospho-protein kinase B; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; rhVEGF, recombinant human vascular epithelial growth factor.

PI3K/AKT/NF- $\kappa$ B pathway mediates resistance to radiation.<sup>43</sup> Curcumin down-regulates NF- $\kappa$ B and NF- $\kappa$ B-regulated gene products involved in apoptosis, matrix degradation, and inflammation, whose effects are mediated through down-regulation of PI3K/Akt signaling.<sup>44</sup>

And Muthusamy G, et al, found some drug contributes to the reversal of the MDR via the inhibition of the signaling pathway.<sup>45</sup>

Therefore, the down-regulation of MRP1 following treatment with curcumin and LFLIU is potentially mediated by the VEGF/PI3K/Akt/NF- $\kappa$ B signal pathway (Figure 9).

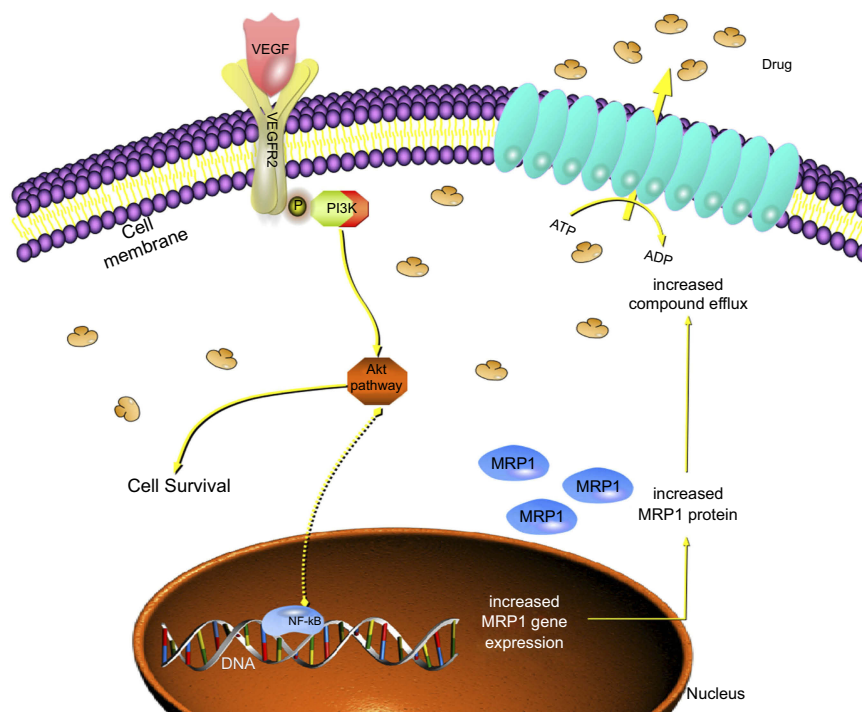
## Conclusion

In summary, the results in this study indicate that curcumin and LFLIU alone or in combination may attenuate the proliferation of glioma. Further, curcumin and LFLIU can act synergistically in their antitumor effects by down-

regulating the expressions of MRP1 and the VEGF/PI3K/Akt signaling pathway may play a role in this regulation. These findings provide evidence that low dose curcumin combined with low-level LFLIU has the potential to be an effective treatment method for glioma and may potentially be used for treatment in human glioma.

## Abbreviations list

VEGF, vascular epithelial growth factor; MRP1, multidrug resistance protein 1; LFLIU, low-frequency and low-intensity ultrasound; MDR, multidrug resistance; PBS, phosphate-buffered saline; DMSO, dimethyl sulfoxide; DMEM, dulbecco's modification of Eagle's Medium; CCK-8, cell counting kit-8; PI3K, phosphatidylinositol-3-kinase; Akt, protein kinase B; p-Akt, phospho-protein kinase B; NF- $\kappa$ B, nuclear factor  $\kappa$ B; rhVEGF, recombinant human vascular epithelial growth factor; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; PVDF, polyvinylidene fluoride.



**Figure 9** Effects of VEGF in MRP1 expression. LFLIU and curcumin acted synergistically in their antitumor effects by down-regulating the expressions of MRP1, in which the VEGF/PI3K/Akt/NF- $\kappa$ B signaling pathway may be involved in this regulation.

**Abbreviations:** VEGFR2, Vascular Endothelial Growth Factor Receptor 2; ATP, Adenosine triphosphate; ADP, Adenosine diphosphate; DNA, Deoxyribonucleic acid;

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## Disclosure

The authors report no conflicts of interest in this work.

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