#### REVIEW

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# The Immune Modulation Effect of Locoregional Therapies and Its Potential Synergy with Immunotherapy in Hepatocellular Carcinoma

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**Abstract:** Locoregional therapies (LRTs) including radiofrequency ablation, surgical resection, and TACE, play a pivotal role in the treatment of early stage/locally advanced hepatocellular carcinoma (HCC). Besides their direct effect on tumor cells, LRTs also play an essential role in the immunomodulation of the tumor microenvironment which is of interest in the current era of cancer immunotherapy. In this review, we describe the HCC immune microenvironment and how it is affected by LRTs as described in multiple pre-clinical and clinical studies and provide the rationale for combining LRTs with immunotherapy.

Keywords: hepatocellular carcinoma, immunotherapy, locoregional therapies

#### Introduction

Hepatocellular carcinoma (HCC) is the most common primary malignancy of the liver and the third leading cause of cancer related mortality in the world.<sup>1,2</sup> The treatment options vary depending on the extent of the disease ranging from locoregional treatments (LRTs) for localized disease to systemic therapy for multifocal or metastatic HCC.<sup>3</sup> LRTs including radiofrequency ablation (RFA), trans-arterial chemoembolization (TACE) and cryoablation are recommended for patients who are not eligible for surgical resection or liver transplant, yet most patients eventually develop refractory disease that requires systemic therapy.<sup>4</sup> Sorafenib has been the only FDA approved systemic therapy until recently. Many targeted therapies have shown activities in HCC in both the first and second-line settings and received the FDA approval including regorafenib,<sup>5</sup> ramucirumab,<sup>6</sup> cabozantinib<sup>7</sup> and Lenvatinib<sup>8</sup> while PD-1 inhibitors (programmed cell death protein-1) including pembrolizumab and nivolumab FDA approval has been limited to the second-line setting.9,10 The obvious question is whether there is a rationale to support the combination of immunotherapy and LRTs given the established effect of each approach in HCC and whether the modest effect of immunotherapy in the advanced setting can be moved to the adjuvant setting post LRTs. Here, we review the pre-clinical data supporting such combination and summarize the recently published and ongoing clinical studies testing the combination of LRTs and immunotherapy in HCC.

### The Immune Microenvironment in HCC

There have been many attempts to classify HCC based on molecular profiling in order to determine prognosis and guide future drug discovery. Goossens el al

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described two major molecular HCC subclasses using transcriptome. The aggressive subclass contained more genetic instability, activation of known survival pathways such as MET pathway and mutation of tumor suppressor genes such as TP53. It would be interesting to study this classification relevant to immune profiling in the current era of immunotherapy.<sup>11</sup>

The liver immune microenvironment is highly complex due to its heterogeneous cellular makeup of diverse myeloid cells and lymphocytes.<sup>12</sup> The intrinsic-immunosuppressive nature of the liver microenvironment plays a major part of barrier for anti-tumor activity.<sup>13</sup> HCC is considered an immunogenic tumor that develops in an immune-suppressed microenvironment.<sup>14</sup> This is in part due to the inherent immune tolerability of the liver given its exposure to various antigens.<sup>15</sup> Kupffer cells are liver macrophages that are responsible to maintain immune tolerance. They play an essential role in enhancing the immune suppressive milieu of HCC by secreting Indoleamine 2,3-dioxygenase (IDO) and IL-10 (Interleukin 10) and inhibiting the cytotoxic effect of T-cells through the PD-1 pathway.<sup>12,16,17</sup> The HCC suppressive tumor immune microenvironment is also driven by the combination of active T-regulatory cells (T-regs) and the abundance of myeloidderived suppressor cells (MDSC).<sup>18-20</sup> MDSCs are immature myeloid cells that exhibit their suppressive effect by inhibiting NK-cell cytotoxicity, secreting pro-inflammatory cytokines and inducing T-reg cells, all leading to further immune suppression.<sup>19,21</sup> A recent study by Zhang et al, identified two clusters of relevant immune cells in the HCC microenvironment using RNA single-cell transcriptome analysis. A lysosome-associated membrane glycoprotein 3 positive (LAMP+) dendritic cells (DC) were defined as a mature form of dendritic cells that were the most active immune regulators of T-cells and NK cells. A strong correlation between LAMP+ DCs and T-reg cells or exhausted CD8 T cells signature was noted; implicating LAMP+ DC cells relation to T-cell dysfunction leading to immune surveillance evasion. A second subset was the tumor-associated macrophages (TAMs) that was associated with poor prognosis. These observations reflect the complex immune suppressive microenvironment in HCC and makes the case to target those immune subsets in future drug development.22

# Immunotherapy in HCC (Immune Checkpoint Inhibitors)

The indications of the PD-1 inhibitors, pembrolizumab and nivolumab, have been expanded recently to include advanced

and metastatic HCC in the second-line setting post-sorafenib. The FDA approval of nivolumab and pembrolizumab was based on two clinical trials, the Checkmate -040 and Keynote-224, respectively.<sup>23,24</sup> Both studies were singlearm Phase II open label trials enrolling 262 and 105 patients, respectively with advanced or metastatic HCC who progressed or were intolerant to sorafenib. Both studies included patients with Child Pugh A and only Checkmate 040 included patients with B7, with or without hepatitis B or C. The overall objective response rate was 17% for pembrolizumab and 20% for nivolumab, with most responding patients achieving durable responses. The treatment was well tolerated across all treated cohorts whether they had or did not have viral hepatitis. Interestingly, PD-L1 (Program Cell Death Ligand 1) status did not correlate with response to nivolumab. Although a placebo controlled Phase III trial (Keynote-240) in the second-line setting showed a 20% reduction of risk of death by using pembrolizumab it failed to meet its prespecified statistical plan.<sup>25</sup>

In the front-line setting, results from recently reported randomized, phase III trial (Checkmate 459) comparing sorafenib and nivolumab did not reach pre-specified statistical significance for overall survival (OS) (HR 0.84, P = 0.0419); although clinically meaningful improvement of OS (16.4mo vs 14.7mo), ORR (15% vs 7%) and CR (4 vs 1) was noted with nivolumab vs sorafenib. Responses were noted in both PD-L1 positive and negative tumors. Grade three-fourths treatment related side effects were reported in 22% in nivolumab vs 49% in sorafenib arm.<sup>26</sup>

Other immune checkpoint inhibitors have been tested in advanced HCC with limited activity. Durvalumab is a PD-L1 antibody that demonstrated an overall response rate of 10% in pre-treated HCC.<sup>27</sup> Tremelimumab, a CTLA-4 (Cytotoxic T lymphocyte-associated antigen 4) antibody, demonstrated similar response rate to PD-1 or PD-L1 inhibitors of 17%, however, this was in a small sample of 20 patients with advanced HCC and chronic hepatitis C infection that were not candidates for surgery or LRTs.<sup>28</sup>

PD-1 or PD-L1 antibodies have been tested in combination with CTLA-4 antibodies in advanced HCC. Checkmate-040 included a cohort of HCC patients with a combination of nivolumab and ipilimumab (anti-CTLA-4) in the postsorafenib setting. The response rate doubled with the combination (33%) compared to single-agent nivolumab (although the study was not designed for such comparison) with the cost of increased rate of adverse events, mainly transaminitis and diarrhea especially in the cohort with 3 mg/kg dose of ipilimab.<sup>23,29</sup> The HIMALAYA Phase 3 study is currently assessing similar combinations of durvalumab and tremelimumab in the first-line setting compared to sorafenib.<sup>30,31</sup>

Multiple ongoing trials are evaluating combination therapy of anti-PD-1/PD-L1 or Anti-CTLA-4 antibodies with other modalities such as anti-angiogenesis. Most recently the IMbrave150 study demonstrated the combination of atezolizumab (anti-PD-L1) and bevacizumab which targets vascular endothelial growth factor A (VEGF-A) to be the first combination to increase OS and progression free survival (PFS), the co-primary endpoints of the study, compared to sorafenib in the first-line setting. After a median follow-up of 8.6 months, median OS for the atezolizumab/bevacizumab combination was not reached compared to 13.2 months for sorafenib (hazard ratio [HR] 0.58; 95% CI, 0.42-0.79;p = 0.0006) while the median PFS of the combination was 6.8 months compared to 4.5 for sorafenib (HR 0.59 (95% CI, 0.47–0.76; p < 0.0001). The adverse events were consistent with the safety profile of each agents on the combination arm.<sup>32,33</sup>

In summary, immune checkpoint inhibitors demonstrated a modest activity in HCC as single agents in the second-line setting post-sorafenib while the combination with anti-angiogenesis is moving to the front-line setting based on promising efficacy data.

# The Immunological Effects of Loco-Regional Therapies

Besides local tumor control, locoregional therapies also affect tumor immunity through several interrelated but complex mechanisms.<sup>34</sup> LRTs cause immunogenic cell death (ICD) leading to the release of various tumor antigens.<sup>35</sup> In addition, ablation has been shown to increase dendritic cells in the HCC tumor microenvironment which leads to enhanced antigen presentation and triggers an immune response due to the activation of T-cells.<sup>36</sup> In a preclinical study; Kaneko et al treated a xenograft mouse model implanted with an HCC cell line with RFA with or without an active variant of chemokine ligand-3 injection (CCL-3). Interestingly, a single RFA treatment inhibited the growth of contralateral non-RFA-treated tumors, by increasing T cell infiltration and enhancing interferon-y production, leading to anti-tumor response.<sup>37</sup> Besides activating T-cells, ablative therapies can also modulate the anti-tumor immunity through the inhibition of immune suppressive cells, most prominently the myeloid derived suppressor cells (MDSC). The RFA effect on immune response in humans has been studied using tumor samples and peripheral blood

mononuclear cells (PBMCs) collected before and after RFA.<sup>38</sup> There was a positive correlation between increased antigen-specific CD8<sup>+</sup> T cells and decreased MDSCs after RFA and recurrence-free survival.

Similar to RFA, TACE has also been shown to play a significant role in immunomodulation through the same mechanism of ICD.<sup>39</sup> Doxorubicin, the most commonly used chemotherapy in TACE can induce apoptosis leading to ICD and immune activation.<sup>40,41</sup> The effect of TACE on the immune repertoire in the periphery was studied in HCC patients. While the CD4/CD8 ratio and th17 cells increased post-TACE, T-regs markedly decreased supporting a favorable immune profile post-TACE.<sup>42,43</sup> In addition, TACE has been shown to be associated with a change in the proinflammatory cytokines with an increase of IL-6 and IL-22 in the first week after TACE which correlates with the development of hepatitis post-TACE. Interestingly, large tumors had an increase of Th-2 associated cytokines reflecting an immune-suppressive environment 2 months post-TACE.<sup>44</sup>

Cryoablation is another modality that can induce cell death and necrosis, however intracellular contents of the damaged tumor cells are preserved and can be recognized by the immune system initiating a tumor-specific immune response.<sup>45,46</sup> Multiple studies demonstrated that, compared to RFA, cryoablation can induce more potent immune response as evidenced by elevated IL1, IL6, NF- $\kappa\beta$ , and tumor necrosis factor- $\alpha$  (TNF- $\alpha$ ).<sup>45</sup> On the other hand cryoablation is shown to upregulate circulating PD-L1/PD-1 which was associated with poor prognosis in HBV-related HCC.<sup>47</sup> The induction of immune response along with the upregulation of PD-L1 represent an attractive strategy for combining cryoablation with PD-1 or PD-L1 inhibitors.

In summary, RFA, TACE and cryoablation have been shown to favorably modulate the HCC immune microenvironment which makes the case for further investigation of these modalities in combination with immune checkpoint inhibitors (Figure 1)

## Potential Biomarkers for Immune Response of LRTs

Few markers have been investigated as potential biomarkers for response to LRTs. Given the mechanism of action of TACE in inducing ICD, cell death biomarkers were studied as potential predictive biomarkers including HMGB1, sRAGE, and DNase. Only elevated sRAGE pre-TACE and 24 hrs after was associated with response to TACE.<sup>39</sup>



Figure I Immunological effects of Loco-regional therapies in management of HCC.

AFP (Alpha-fetoprotein) is an oncofetal antigen that serves as a biological marker for HCC diagnosis and has been shown to correlate with response to RFA.<sup>48,49</sup> Apart from being a diagnostic marker, AFP exhibits immune modulatory effects. AFP inhibits maturation and induce apoptosis of DC cells in addition to reduce IL-12 secretion leading to natural killer cells (NK) inhibition.<sup>50,51</sup> Accordingly, elevated AFP may be associated with impaired immune-stimulatory effect of DC on T-cells and further studies are needed to understand the immunemodulatory effect of AFP during LRTs and immunotherapy and whether AFP could serve as a potential biomarker.

Cellular immune response to specific HCC associated antigens was investigated as a potential immune biomarker for RFA response. Interestingly, AFP-specific CD4 T-cells expanded after TACE and its expansion correlated with better outcomes.<sup>52</sup> Cellular immune response against Glypican-3 (GPC3), a cell surface protein that is overexpressed in HCC,<sup>53</sup> has been also studied in both TACE and RFA.<sup>54</sup> Patients who underwent either RFA or TACE had a significant increase in circulating GPC3-specific cytotoxic T-lymphocytes compared to patients who underwent surgical resection which correlated with improved survival in GPC3expressing tumors. Increased Ficolin-3 expression, a recognition molecule in the lectin pathway of the complement system, in the serum post-RFA was also associated with a significant improvement in disease free survival rates.<sup>55</sup>

In summary, while many studies have proposed certain protein expression or cellular immune response against

such proteins, none of these studies have been validated on a large scale and further studies are needed to identify a reliable biomarker for response to LRTs.

## Combing Immunotherapy and Locoregional Therapies (LRTs)

The rationale for combining ICIs with LRTs among patients with HCC is based on the favorable immune modulation effects of LRTs described above that could be further enhanced by immunotherapy. In addition, RFA has been shown to increase PD-L1 expression on tumor and immune cells in patients with colorectal cancer who received RFA to their liver metastases which was possibly driven by immune activation.<sup>56</sup> Accordingly, few studies have combined LRTs with ICIs and shown promising results. The group at NCI studied 32 HCC patients treated with a combination of LRTs with Tremelimumab (anti-CTLA4).<sup>57</sup> The patients received a total of six doses of tremelimumab at 4-week interval followed by an intentionally incomplete RFA or DEB-TACE to induce anti-tumor response at the ablation-tumor junction. Interestingly, few patients had tumor responses in untreated lesions and patients with clinical response had an increase in CD8+ T cells in tumor biopsies obtained 6 weeks post-LRTs.

In another study, Cui et al studied the combination of RFA and cellular therapy in HCC. Mononuclear cells from 30-HCC patients were harvested and induced into natural killer (NK) cells,  $\gamma\delta T$  cells and cytokine-induced killer (CIK) cells, which were subsequently infused back into the

Clinicaltrials.gov ID	Locoregional Therapy	ICI Drug	Line of IO
NCT03817736	TACE and SBRT	Immune checkpoint inhibitor	Sequential use
NCT03638141	DEB (drug eluting Bead)-TACE	CTAL-4/PD-LI (Durvalumab and Tremelimumab)	Sequential use
NCT03143270	TACE	Nivolumab	Combination
NCT03572582	TACE	Nivolumab	Combination
NCT03397654	TACE	Pembrolizumab	Sequential
NCT03383458	Ablation	Nivolumab	Adjuvant
NCT02821754	TACE, RFA, Cryo	Durvalumab, Tremelimumab	Combination
NCT02837029	Yttrium Y 90 Glass Microspheres	Nivolumab	Combination
NCT03380130	Yttrium90-loaded microspheres	Nivolumab	Sequential
NCT03033446	Y90-Radioembolization	Nivolumab	Combination
NCT03099564	Y90-Radioembolization	Pembrolizumab	Combination
NCT03259867	TATE	Nivolumab or pembrolizumab	Combination
NCT01853618	Chemoembolization (TACE)or Ablation (RFA)	Tremelimumab	Combination
NCT03937830	TACE	Durvalumab also Bevacizumab	Combination
NCT03592706	TACE	Immune Killer cells (IKC)	Sequential
NCT03575806	TACE	Autologous Tcm Immunotherapy	Sequential
NCT03124498	TACE/RFA/PEIT	Cytokine-Induced Killer (CIK)	Adjuvant
NCT02568748	TACE	Cytokine-Induced Killer (CIK	Adjuvant
NCT02487017	TACE	DC-CIK	Combination
NCT02856815	TACE	Immuncell-LC	Adjuvant

Table I Selected Ongoing Studies Using the Combination of LRTs and Immune Checkpoint Inhibitors

Note: Study status as reviewed on clinicaltrials.gov as of August 22, 2019.

Abbreviations: CIKs, cytokine-induced killer cells; DCs, dendritic cells; DEB-TACE, drug-eluting bead-TACE; PEIT, percutaneous ethanol injection therapy; RFA, radiofrequency ablation; SBRT, Stereotactic body radiation therapy; Immuncell-LC adoptive immune therapy using a CIK cell agent; TACE, trans arterial chemoembolization; TATE, trans arterial tirapazamine embolization.

RFA-treated patients for three or six courses. The combination of RFA and multiple immune cells (NK cells,  $\gamma\delta$  cells and CIK cells) improved progression free survival and reduced HCC recurrence compared to RFA alone.<sup>58</sup>

While it's difficult to dissect the contribution of LRTs to immunologic response, further studies are warranted to study the benefit of adding LRTs to immunotherapy at various time intervals. A Phase I trial is underway to evaluate the safety of nivolumab with TACE using drug eluting beads (DEB-TACE) (NCT03143270). Another ongoing phase II trial would evaluate the response rate of combination of TACE with nivolumab given at 1 day after vs 2–3 days after TACE which would be repeated every 8-weeks (NCT03572582). The safety and efficacy of another PD1 inhibitor pembrolizumab is being studied in a phase I/II trial in which treatment with pembrolizumab is started 30–45 days post-TACE (using Doxorubicin and gelatin sponge)(NCT03397654). Similarly, many studies are ongoing (Table 1) to test the hypothesis of combing immune check point blockade with LRTs.

### **Conclusion and Future Directions**

In summary, there is a strong evidence to suggest an enhanced immune modulation effect of LRTs in HCC which certainly makes the case to investigate the efficacy and potential synergy of the combination approach with immune checkpoint inhibitors. However, there are many questions that remain unanswered. What is the optimal timing of immunotherapy with regards to LRTs; is it before, during or after LRTs? What is the best biomarkers to predict response to this combination? Does PD-L1 status have any impact on response? Can immunotherapy alone cause significant immune stimulation to provide similar results in early/locally advanced HCC? The ongoing studies together with multidisciplinary collaboration may help answer some of these questions.

### Disclosure

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