Pengfei Yuan

Liangliang Lei

Shuaijun Dong

Dechun Liu

Republic of China

Department of Gastrointestinal Surgery

Hospital, and College of Clinical Medicine of Henan University of Science and

(Breast Surgery), The First Affiliated

Technology, Luoyang 471003, People's

ORIGINAL RESEARCH

# Circular RNA hsa\_circ\_0068033 Acts as a Diagnostic Biomarker and Suppresses the Progression of Breast Cancer Through Sponging miR-659

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**Purpose:** Recently, dysregulated circular RNAs (circRNAs) have been associated with the progression of numerous malignant tumors. However, the mechanism through which circRNAs participate in breast cancer (BC) remains unclear. This study was designed to illustrate the role of hsa\_circ\_0068033 in BC.

**Methods:** We detected the expression levels of hsa\_circ\_0068033 in BC tissues using quantitative real-time PCR (qRT-PCR) and in situ hybridization (ISH). A series of functional experiments were conducted to assess the function of hsa\_circ\_0068033 in BC development and the underlying mechanisms.

**Results:** The results suggested that the expression of hsa\_circ\_0068033 was downregulated in BC tissues, and its expression was markedly correlated with tumor size (P=0.021), and the Tumor, Node, and Metastasis stage (P=0.023). Receiver operating characteristic analysis showed that hsa\_circ\_0068033 testing yielded an area under the curve value of 0.8480 in discriminating BC from non-tumor controls. Functionally, in-vitro experiments demonstrated that overexpression of hsa\_circ\_0068033 could inhibit the growths, clone formation, invasion and migration of MCF-7 and MDA-MB-231 cells while activating the intrinsic apoptotic pathway to induce apoptosis. The xenograft experiment revealed that exogenous hsa\_circ\_0068033 is able to evidently reduce the tumorigenic ability of MDA-MB-231 cells in nude mice. Rescue assays further proved that hsa\_circ\_0068033 exerts biological functions by sponging miR-659.

**Conclusion:** Collectively, this study revealed for the first time that hsa\_circ\_0068033 acts as a tumor suppressor gene in BC, and the hsa\_circ\_0068033/miR-659 axis participates in the progression of BC.

Keywords: circular RNA, hsa\_circ\_0068033, breast cancer, miR-659, sponge

#### Introduction

Breast cancer (BC) is one of the most common malignant tumors in females worldwide, and its incidence is increasing on an annual basis.<sup>1</sup> According to the latest cancer statistics, BC has the highest incidence and the secondary highest mortality among all tumors in female patients.<sup>2</sup> The occurrence and development, invasion and metastasis of BC involve in a complicated process in which multiple genes work in synergy, and this process is associated with the abnormal expression of many genes, including the activation of oncogenic genes, deactivation of tumor

Correspondence: Dechun Liu The First Affiliated Hospital, and College of Clinical Medicine of Henan University of Science and Technology, No. 24 Jinghua Road, Jianxi District, Luoyang 471003, People's Republic of China Tel/Fax +86 379 69947132 Email liudechun33@163.com



OncoTargets and Therapy 2020:13 1921–1929 1921 © 2020 Yuan et al. This work is published and licensed by Dove Medical Press Limited. The full terms of this license are available at https://www.dovepress.com/terms.php work are permitted for commercial uses of the work are permitted without any further permission foro Dove Medical Press Limited, Pre suppressor genes, etc.<sup>3</sup> Therefore, discovering the mechanism of BC development from the perspective of gene abnormality may help understand the evolutionary process of BC and have great implications for its diagnosis, treatment and prediction of prognosis.

Circular RNA (circRNA), a class of endogenous noncoding RNAs different from linear RNA molecules, does not include a 5' end cap structure and 3' end poly (A) tail.<sup>4,5</sup> It is a closed circular structure formed by covalent bond and widely present in eukaryocytes.<sup>5</sup> CircRNA was initially thought to be a splicing intermediate or byproduct or an accidental splicing error after transcription. Along with the rapid development of high-throughput sequencing and bioinformatics, an increasingly number of cirRNAs have been found in organisms, and their biological functions have also been further understood.<sup>5</sup> Currently, it has been confirmed that cirRNA can regulate the expression of its target gene via a micro RNA (miRNA) sponge, and that it can also adjust pre-mRNA splicing so as to influence protein production.<sup>6,7</sup> In addition, circRNA can directly bind to proteins, or establish an indirect RNA-mediated association with proteins to influence their functions.<sup>8</sup> Studies have reported that circRNA is closely correlated with the occurrence and development of various malignant tumors, including liver cancer,<sup>9,10</sup> lung cancer,<sup>11,12</sup> cervical cancer<sup>13</sup> gastric cancer,<sup>14,15</sup> colorectal cancer,<sup>16,17</sup> etc. In recent years, the potential applications of circRNA in the regulation of biological functions and the clinical diagnosis and prognosis of BC have received considerable attention. Our previous studies have shown that the expression of hsa circ 0068033 was decreased in certain patients with BC. It is speculated that hsa circ 0068033 may act as a tumor suppressor gene. Based on previous evidence, this study was designed to investigate the expression of hsa circ 0068033 in tissues obtained from patients with BC, and its potential value in the clinical diagnosis of BC. Furthermore, we sought to explore the biological functions of hsa circ 0068033 in BC both in vivo and in vitro, and trace the underlying molecular mechanisms.

### **Materials and Methods**

#### Patient Specimens

Tumor tissues (n = 36) and paired adjacent normal tissues were collected from BC patients who were treated at the First Affiliated Hospital, and College of Clinical Medicine of Henan University of Science and Technology were collected. All the tissue specimens of BC patients were obtained through surgery or biopsy for the first time prior to treatment and confirmed by histopathological examination. Immediately after collection, the tissue specimens were snap frozen in liquid nitrogen and stored at -80 °C until further required. The collection of all the specimens was approved by the Ethics Committee of the Hospital, and human samples were obtained with written informed consent from all patients. This study was conducted in accordance with the Declaration of Helsinki.

### Cell Culture and Transfection

All the BC cell lines were puchased from Chinese Academy of Sciences (Shanghai, China). MCF10A, MCF-7, T47D and MDA-MB-468 cells were cultured in Dulbecco's Modified Eagle's Medium high glucose medium or RPMI-1640 medium containing 10% FBS respectively. Both media contained 10% fetal bovine serum (FBS). MDA-MB-231 cells were cultured in L-15 culture solution containing 10% FBS. The sequence of hsa circ 0068033 was obtained from the UCSC database (http://genome.ucsc.edu/ index.html), cloned into a PLCDH-cir vector (PLCDHcirR0068033), and subsequently packaged in a lenti-virus. Mimics of miR-659 (including negative controls) were synthesized (GenePharma) and transfected to the target cells using Lipofectamine<sup>™</sup> 2000 (Invitrogen). The experiment included three groups, namely the overexpression group (Oe-circRNA), mock-vehicle group (Oe-vector), and Oe-circRNA + mimic group were set in the experiment.

# Quantitative Real-Time Polymerase Chain Reaction (qRT-PCR)

Total RNA was extracted with the RNAprep pure Tissue Kit (TIANGEN, China) and reversely transcribed into cDNA with 0.5–1 µg RNA as the template. Extraction of nuclear RNA was performed by using the PARIS<sup>TM</sup> Kit (Life technologies). The PCR system (20 µL in total) contained 2 × SYBR Green Mix (Roche) 10 µL, cDNA 1µL, upstream and downstream primer 5 pmol respectively; ddH<sub>2</sub>O was added until the total volume reached 20 µL. Three replicates were performed for each specimen, and *U6* and *GAPDH* served as internal references. The primers sequences were: *hsa\_circ\_0068033* R: 5'-CT CTAGAGAGCTACACGCT-3'; *U6* F: 5'- AAAGCAAATC ATCGGAAGCTACACGCT-3'; *U6* F: 5'- GGAGCGAGATCCCTCCA AAAT-3', *GAPDH* R: 5'- GGAGCGAGATCCCTCCA

TGG-3'. The amplify conditions were: denaturation at 95°C for 10 min, and at 95°C for another 15 s, for a total of 40 cycles, and in the end, at 60°C for 1 min. The  $2^{-\Delta\Delta Ct}$  was calculated based on the cycle threshold (Ct) value of product amplification for relative quantification.

### In situ Hybridization (ISH)

ISH was performed mainly using the Double-DIG labeled circRNA ZKSCAN1 probe Kit (Exiqon). The major steps were as follows: tissue slice de-waxing, de-proteinization, pre-hybridization, hybridization, flushing, sealing, color development with BCIP/NBT, nuclear staining with nuclear fast red solution, dehydration, and mounting.

## Cell Viability Assay

Cells in the logarithmic phase were inoculated into 96-well plates  $(1 \times 10^3 \text{ cells/well})$ . There were four repeats in each group. The Cell Counting Kit-8 (CCK-8; Dojindo, Japan) reagent was added (1/10 of the total volume) at days 0, 1, 2, 3, and 4 after culture, and the cells were further cultured for 3 h. The optical density (OD) value in each well (492nm/450nm) was measured using a microplate reader.

## **Colony Formation Assay**

Cells were inoculated into six-well plates at a density of 800 cells per well. These plates were placed in an environment with saturated humidity at 37°C/5% carbon dioxide prior to stilling culture for 2–3 weeks. Culture was continued until cell clones in the culture dish were visible to the naked eyes. Acetic acid/methanol (1:3) (5 mL) was introduced for fixation for 15 min. After staining with a proper amount of Giemsa stain for 10–30 min, clones with more than 50 cells were counted under a low-power microscope.

## Wound Healing Migration Assay

Approximately  $5 \times 10^5$  cells were added to each well of the sixwell plate, for the overnight fusion rate to reach >90%. The following day, a vertical scratch was made using a 200-µL pipette tip against a straight ruler. After rinsing thrice with phosphate-buffered saline, the scratched cells were removed. Images were captured to calculate the number of migrated cells at 0, 24, and 48 h.

## Transwell Assay

Matrigel was diluted with FBS-free basal medium. Briefly,  $1 \times 10^5$  cells/well were inoculated into the upper Transwell chamber, and 800  $\mu$ L culture solution containing 10% FBS was added into the lower Transwell chamber for chemotaxis.

Subsequently, the 24-well plate was placed in an incubator for 24 h at  $37^{\circ}C/5\%$  carbon dioxide. The cells and Matrigel in the Transwell chamber were scraped using a filter paper, fixed in 4% paraformaldehyde for 10 min, and stained with 0.1% crystal violet for 30 min. Photos were captured under an optical microscope. The number of cells was counted in at least five fields to calculate the mean value.

## Terminal Deoxynucleotidyl Transferase UTP Nick End Labeling (TUNEL) and DNA Ladder Assay

The apoptosis experiment was conducted using the Colorimetric TUNEL Apoptosis Assay Kit and Apoptosis (Beyotime, China), and DNA Ladder Extraction Kit (Beyotime, China) with a Spin Column according to the instructions provided by the manufacturer.

## Immunoblotting

Total protein was extracted using radioimmunoprecipitation assay buffer (RIPA Lysis Buffer; Beyotime, China), and the protein concentration was determined through the bicinchoninic acid method (Beyotime, China). After electrophoretic separation with 12% separation gel at a constant voltage of 80 V, the proteins were transferred to a polyvinylidene difluoride membrane at a constant current of 250 mA. Subsequently, tris-buffered saline and Tween 20 containing 5% skim milk powder was added to the membrane for blocking overnight. Rabbit anti-human monoclonal primary antibody B-cell lymphoma-2 (Bcl-2) (Abcam, 1:1000) and mouse anti-human GAPDH monoclonal primary antibody (Abcam, 1:1000) were added for incubation at normal temperature for 4 h. Subsequently, horseradish peroxidaselabeled goat anti-mouse/rabbit (1:10,000) secondary antibody solution was added for 2 h at normal temperature. Enhanced chemiluminescence reagent (Beyotime, China) was added for film development and photography.

## Xenograft Experiment

The concentration of BC cells in each group was  $2 \times 107$  cells/mL. Female BALB/C nude mice were subcutaneously inoculated with the cells on the back (0.2 mL/mouse). Approximately 10 days later, palpable rice-sized nodules developed at the site of inoculation, and the formal experiment was initiated at this point. Tumor volume and weight were measured once weekly and 28 days after the experiment, respectively. We carried this study strictly following the protocols of Guide for the Care and Use of Laboratory

Animals of the NIH (Bethesda, MD). This study was conducted with approval from the Ethics of The First Affiliated Hospital, and College of Clinical Medicine of Henan University of Science and Technology.

#### Dual Luciferase Reporter Assay

MiRNA molecules interacting with hsa\_circ\_0068033 and binding sites were predicted by the Circular RNA Interactome (https://circinteractome.nia.nih.gov/). The sequence of wild-type hsa\_circ\_0068033 containing potential miR-659-binding sites was cloned into a pmirGLO vector downstream of luciferase separately (cirRNA-wt group). In addition, a mutant hsa\_circ\_0068033 sequence was designed to connect with the pmirGLO vector (cirRNA-mut group). The recombinant vector and miR-659 mimic were jointly transfected into MDA-MB-231 cells using Lipofectamine<sup>™</sup>2000 (Invitrogen). These cells were lysed after 24 h of culture and the activity of luciferase was determined.

### Statistical Analysis

SPSS 16.0 software (IBM Corporation, Armonk, NY, USA) was used for stastical analysis. Mesurement data of the experiement results were expressed as Mean±SD. All the data of this study were obtained after repeating experiment at least 3 times. If normality and homogeneity of variance were met, the differences between two groups were compared by Student's *t*-test. The  $\chi^2$  test or corrected  $\chi^2$  test was used to analyze the association between hsa\_circ\_0068033 expression and the clinical features. P<0.05 was considered to suggest statistical significance.

## Results

# Hsa\_circ\_0068033 Was Downregulated in BC Tissues

The expression levels of hsa\_circ\_0068033 in 36 pairs of BC tissues and normal adjacent tissues were detected using qRT-PCR. The results showed that the expression of hsa\_circ\_006803 in BC tissues was obviously lower than that measured in normal adjacent tissues (P<0.001) (Figure 1A–C). Moreover, ISH revealed that positive expression of hsa\_circ\_0068033 could be detected in normal adjacent tissues, whereas it was negative in BC tissues (n=3) (Figure 1D). When grouped according to clinical staging, the results suggested that the expression of hsa\_circ\_0068033 in stage I–II BC patients was increased versus that reported in stage III–IV BC patients (P<0.05) (Figure 1E). Furthermore, clinicopathological

association analysis showed that the expression of hsa circ 0068033 was correlated with tumor size (P=0.021) and the Tumor, Node, and Metastasis stage (P=0.023) (Table 1), indicating that hsa circ 0068033 may participate in the progression of BC. Additionally, we examined five cell lines, and the findings showed that the expression levels of hsa circ 0068033 in four cell lines were downregulated compared with those reported in MCF10A normal human mammary epithelial cells. Notably, the relative expression was the lowest in MCF-7 and MDA-MB-231 cells (P < 0.05) (Figure 1F); thus, these cell lines were used for the subsequent experiments. Receiver operating characteristic (ROC) analysis revealed that the area under the curve (AUC) of hsa circ 0068033 in distinguishing tumor from non-tumor reached 0.8480 (P<0.0001), suggesting a relatively high diagnostic value (Figure 1G).

## Overexpression of hsa\_circ\_0068033 Inhibited Proliferation and Invasion in BC Cells

After transfection with a recombinant lentiviral vector (PLCDH-cirR0068033), the expression levels of hsa circ 0068033 in MCF-7 and MDA-MB-231 cells were significantly increased (Figure 2A). The result of CCK-8 assay suggested that overexpressed hsa\_circ\_0068033 could inhibit the growth of MCF-7 and MDA-MB-231 cells (Figure 2B). The clone formation experiment showed that the numbers of cloned MCF-7 and MDA-MB-231 cells in the Oe-circRNA group were 79.75±11.38 and 86.50±11.68, respectively. These numbers were markedly lower than those observed in the Oevector group (119.00±13.32 and 108.75±6.90 respectively; P<0.05 for all) (Figure 2C). In addition, the numbers of migrated and invasive cells in the Oe-circRNA group were lower than those reported in the Oe-vector group (Figures 2D and E), indicating that overexpressed hsa circ 0068033 may reduce the invasion and migration of MCF-7 and MDA-MB -231 cells. The results of the aforementioned experiment showed that exogenous hsa circ 0068033 may suppress the growth, proliferation, invasion, and migration of MCF-7 and MDA-MB-231 cells in vitro. Furthermore, we further verified these findings in vivo. As shown in the experiment of tumor formation in nude mice, the Oe-circRNA group had a much lower tumor volume and weight and a significantly reduced tumorigenic ability than the Oe-vector group in MDA-MB -231 cells (Figure 2F). Intriguingly, there was no tumor formation in the nude mice of the Oe-circRNA and Oe-vector groups after injection with MCF-7 cells (Figure 2F).



Figure I Expression of hsa\_circ\_0068033 in BC tissues and cell lines. (A) The back-spliced junction of hsa\_circ\_0068033 confirmed by Sanger sequencing. (B, C) The qRT-PCR results showed that hsa\_circ\_0068033 was downregulated in BC tissues (n=36) compared with adjacent noncancerous tissues (n=36), and U6 was utilized as an internal gene. (D) ISH showed positive expression of hsa\_circ\_0068033 in adjacent noncancerous tissues, and negative expression in BC tissues (n=3). (E) The levels of hsa\_circ\_0068033 were lower in stage III and IV BC patients versus stage I and II patients. (F) The qRT-PCR analysis showed that hsa\_circ\_0068033 was downregulated in BC cell lines. (G) The plotted ROC curve of hsa\_circ\_0068033 in confirming BC (AUC=0.8480, P<0.0001).

# Overexpression of hsa\_circ\_0068033 Promoted Apoptosis in BC Cells

We further validated the potential apoptosis-inducing effect of exogenous hsa circ 0068033 in MCF-7 and MDA-MB-231 cells. The TUNEL analysis revealed that the numbers of apoptotic MCF-7 and MDA-MB-231 cells in the Oe-circRNA group were significantly higher than those recorded in the Oevector group (Figure 3A). Following transfection, an obvious DNA ladder appeared in the Oe-circRNA group at 72 h (Figure 3B), suggesting that overexpression of hsa circ 0068033 could induce apoptosis in MCF-7 and MDA-MB-231 cells. The immunoblotting test revealed that the expression of Bcl-2 protein was decreased and procaspase-3 splicing was activated (the expression of the spliceosome was increased accordingly) in the Oe-circRNA groups of the two cell lines (Figures 3C and D). These findings indicated that hsa circ 0068033 may induce apoptosis in MCF-7 and MDA-MB-231 cells by activating the endogenous apoptotic pathway.

## Hsa\_circ\_0068033 Regulated the Progression of BC by Acting as the Sponge of miR-659

Hsa\_circ\_0068033 was mainly distributed in the cytoplasm of MCF-7 and MDA-MB-231 cells (Figure 4A). Thus, we speculated that hsa\_circ\_0068033 may play a regulatory role as a miRNA sponge. Based on the bioinformatics analysis, we predicted that 37 miRNA molecules may interact with hsa\_circ\_0068033, and miR-659 and miR-758 had the highest predicted scores (data not shown). The qRT-PCR analysis suggested that the expression of miR-659 in BC tissues was apparently higher than that reported in normal adjacent tissues (Figure 4B). This indicates a potential interaction between miR-659 and hsa\_circ\_0068033. Based on this evidence, we further designed a miR-mimic experiment. After transfection of the two cell lines with the miR-659 mimic, the expression of miR-659 was obviously increased (Figure 4C). Additionally, the dual luciferase reporter assay indicated that the luciferase

Clinicopathological Features	Low (n=20)	High (n=16)	$\chi^2$ value	P value
Age (years)			0.942	0.332
≤50	12	7		
>50	8	9		
Tumor size (cm)			5.335	0.021
≤2	14	5		
>2	6	11		
TNM stage			5.143	0.023
I–II	5	10		
III–IV	15	6		
Lymphatic metastasis			0.006	0.94
Yes	9	7		
No	11	9		

 Table I Clinical Characteristics of circRNA hsa\_circ\_0068033

 Expression in BC

activity in the cirRNA-wt group co-transfected with the miR-659 mimic in MDA-MB-231 cells was markedly decreased than that observed in the negative control group. In contrast, the luciferase activity in the cirRNA-mut group did not exhibit evident fluctuations (Figure 4D). The CCK-8, Transwell, and TUNEL experiments further revealed that the growth of MCF-7 and MDA-MB-231 cells was markedly faster (Figure 4E), their invasion and migration abilities were increased (Figure 4F and G), and the apoptosis-inducing effect was weaker (Figure 4H) in the Oe-circRNA+mimic group compared with the Oe-circRNA group.

#### Discussion

CircRNA, a class of enclosed non-coding RNA molecules generated by RNA splicing, function as an miRNA sponge and regulate gene transcription and alternative splicing.<sup>4,5,8,13,18,19</sup> Recent studies have confirmed that circRNA is involved in the regulation of gene expression by various means, thereby indirectly participating in the occurrence and development of various solid cancers.<sup>6,9–11,13,14,16,17</sup> However, the biological functions of circRNA in BC are scarcely reported. In this study, we investigated the expression of hsa\_circ\_0068033 expression in BC tissues and cell lines and explored the influence of overexpressed hsa\_circ\_0068033 on the biological characteristics of MCF-7 and MDA-MB-231. In addition, we examined the potential molecular mechanism



Figure 2 Exogenous hsa\_circ\_0068033 suppresses the growths, proliferation, invasion and migration of MCF-7 and MDA-MB-231 cells. (A) The levels of hsa\_circ\_0068033 levels were markedly increased following cell infection with PLCDH-cirR0068033. (B) Cell viability assay using CCK-8. (C) Colony formation assay. (D) Wound healing migration assay. Migrated cells were counted at 48 h after transfection. (E) Transwell invasion assay. Cells were at counted 48 h following transfection with PLCDH-cirR0068033. (F) Xenograft experiment. MDA-MB-231 and MCF-7 cells transfected with PLCDH-cirR0068033 were injected into the back of BALB/C nude mice. Tumor volume was monitored once weekly for 4 weeks. Tumor weights were measured at the endpoint of the xenograft experiment. Red arrows indicate the tumors. \*P<0.05, \*\*P<0.01.



Figure 3 Overexpression of hsa\_circ\_0068033 induced apoptosis in MCF-7 and MDA-MB-231 cells. (A) The TUNEL assay showed increasing apoptosis in MCF-7 and MDA-MB-231 cells following the overexpression of hsa\_circ\_0068033. Apoptotic cells were counted 72 h following transfection. (B) DNA ladder assay. Images were captured 72 h following transfection with PLCDH-cirR0068033. (C, D) Immunoblotting showed activation of the intrinsic apoptotic proteins Bcl-2 and procaspase-3 in the two cell lines in response to overexpression of hsa\_circ\_0068033. \*P<0.05, \*\*P<0.01.



Figure 4 Hsa\_circ\_0068033 acts as a sponge of miR-659 to regulate the progression of BC. (A) Distribution of hsa\_circ\_0068033 in the nuclear and cytoplasmic fractions of MCF-7 and MDA-MB-231 cells analyzed through qRT-PCR. (B) The expression of hsa\_circ\_0068033 was upregulated in BC tissues compared with non-cancerous tissues. (C) MiR-659 levels in the two cell lines transfected with PLCDH-cirR0068033 and the miR-659 mimic. (D) Luciferase assay of MDA-MB-231 cells co-transfected with the miR-659 mimic and luciferase reporter containing hsa\_circ\_0068033-wild sequences (cirRNA-wt) or -mutant sequences (cirRNA-mut). (E) CCK-8 analysis. (F) Wound healing migration assay. (G) Transwell assay. (H) TUNEL apoptosis assay to verify the effects of hsa\_circ\_0068033 as a sponge of miR-659. \*P<0.01.

involved in this process through in-vitro and in-vivo experiments. We found that the expression of hsa\_circ\_0068033 was down-regulated in BC tissues and cell lines, while overexpression of hsa\_circ\_0068033 could inhibit the growths, proliferation, invasion, migration and tumor formation of MCF-7 and MDA-MB-231 cells, and induce apoptosis.

Studies based on circRNA microarray analysis have shown that multiple circRNAs are abnormally expressed in BC.<sup>20,21</sup> For example, a study performed by Tang et al has shown that 1155 abnormally expressed circRNAs (715 down-regulated and 440 up-regulated) are present in BC tissues.<sup>20</sup> A chip analysis conducted by Zhang et al has identified 1314 abnormally expressed circRNAs, the majority of which are derived from coding gene Rev3l, IGSF11, MAML2 and LPP.<sup>21</sup> In this study, qRT-PCR and/or ISH confirmed that the expression of hsa circ 0068033 was decreased in BC tissues and four BC cell lines, and its expression was associated with the clinical staging of patients. This suggests that hsa\_circ\_0068033 may participate in the progression of BC. Moreover, ROC analysis suggested a high diagnostic value of hsa circ 0068033 (AUC=0.8480), implying that it may become a new marker for the diagnosis of BC.

CircRNAs probably have different biological functions in BC. A study by Tang et al has discovered that highly expressed hsa circ 0001982 can inhibit the growths, proliferation, invasion and migration of tumor cells and induce their apoptosis.<sup>20</sup> Another study reported that the expression of circVRK1 is evidently down-regulated, and circVRK1 functions as a cancer suppressor gene.<sup>22</sup> Similarly, the present study found that exogenous hsa circ 0068033 could significantly inhibit the growth, clone formation, invasion and migration of MCF-7 and MDA-MB-231 cells, and induce apoptosis in BC cells by activating endogenous mitochondrial pathways. This indicates that hsa circ 0068033 acts as a cancer suppressor gene in BC, which is consistent with our clinical results. This study further verified our hypothesis through in-vivo experiments. Overexpression of hsa circ 0068033 significantly inhibited tumor formation in MDA-MB-231 cells. Intriguingly, there was no tumor formation in the Oe-circRNA and Oe-vector groups after injection of MCF-7 cells. This is possibly associated with the characteristics of MCF-7 cells we cultured.

Studies have shown that certain types of circRNAs as hsa\_circ\_0001982,<sup>20</sup> circGFRA1,<sup>23</sup> circ-ABCB10,<sup>24</sup> circ-Foxo3,<sup>25</sup> and circRNA\_1093,<sup>21</sup> may function as a miRNA sponge in BC cells. Our qRT-PCR analysis found that hsa\_circ\_0068033 was mainly distributed in the cytoplasm of MDA-MB-231 and MCF-7 cells, suggesting that it may play the role of a miRNA sponge. With the assistance of the bioinformatics analysis, we predicted that 37 miRNA molecules may interact with hsa\_circ\_0068033. Notably, miR-659 and miR-758 had the highest prediction scores. Through the qRT-PCR analysis, we verified that miR-659 exhibits a higher

expression kurtosis than miR-758 in BC tissues. Our subsequent investigation further revealed that the miR-659 mimic was able to reverse the tumor-suppressing and apoptosisinducing effect of hsa\_circ\_0068033 in MCF-7 and MDA-MB-231 cells. Moreover, we further confirmed the interaction between hsa\_circ\_0068033 and miR-659.

Nevertheless, this study has some shortcomings. Firstly, only 36 clinical cases with BC were included; hence, the sample size was small. Secondly, we only performed TUNEL and DNA ladder experiments, and merely examined a few intrinsic apoptotic proteins in the study of the molecular mechanism of apoptosis. Thirdly, we failed to prove that hsa\_circ\_0068033 can serve as a miR-659 sponge to trigger interaction at the animal level. Furthermore, whether hsa\_circ\_0068033 interacts with other miRNAs warrants further investigation.

#### Conclusion

In conclusion, this study found that the expression of hsa\_circ\_0068033 is decreased in BC and may be associated with the progression of disease. Moreover, it was shown that hsa\_circ\_0068033 may be highly valuable in the diagnosis of BC. Moreover, the overexpression of hsa\_circ\_0068033 may inhibit the growth, proliferation, invasion, migration, and tumor formation of BC cells, and induce apoptosis by activating endogenous apoptotic pathways. Lastly, hsa\_circ\_0068033 may participate in the progression of BC as a miR-659 sponge.

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#### **Disclosure**

The authors report no conflicts of interest in this work.

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