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ORIGINAL RESEARCH

Identification of Clinically Significant Prostate Cancer by Combined PCA3 and AMACR mRNA **Detection in Urine Samples**

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Purpose: Preclinical evaluation of PCA3 and AMACR transcript simultaneous detection in urine to diagnose clinical significant prostate cancer (prostate cancer with Gleason score \geq 7) in a Russian cohort.

Patients and Methods: We analyzed urine samples of patients with a total serum PSA ≥ 2 ng/mL: 31 men with prostate cancer scheduled for radical prostatectomy, 128 men scheduled for first diagnostic biopsy (prebiopsy cohort). PCA3, AMACR, PSA and GPI transcripts were detected by multiplex reverse transcription quantitative polymerase chain reaction, and the results were used for scores for calculation and statistical analysis.

Results: There was no significant difference between clinically significant and nonsignificant prostate cancer PCA3 scores. However, there was a significant difference in the AMACR score (patients scheduled for radical prostatectomy p=0.0088, prebiopsy cohort p=0.029). We estimated AUCs, optimal cutoffs, sensitivities and specificities for PCa and csPCa detection in the prebiopsy cohort by tPSA, PCA3 score, PCPT Risk Calculator and classification models based on tPSA, PCA3 score and AMACR score. In the clinically significant prostate cancer ROC analysis, the PCA3 score AUC was 0.632 (95%CI: 0.511--0.752), the AMACR score AUC was 0.711 (95%CI: 0.617–0.806) and AUC of classification model based on the PCA3 score, the AMACR score and total PSA was 0.72 (95%CI: 0.58-0.83). In addition, the correlation of the AMACR score with the ratio of total RNA and RNA of prostate cells in urine was shown (tau=0.347, p=6.542e-09). Significant amounts of nonprostate RNA in urine may be a limitation for the AMACR score use.

Conclusion: The AMACR score is a good predictor of clinically significant prostate cancer. Significant amounts of nonprostate RNA in urine may be a limitation for the AMACR score use. Evaluation of the AMACR score and classification models based on it for clinically significant prostate cancer detection with larger samples and a follow-up analysis is promising.

Keywords: prostatic neoplasms, early diagnosis, neoplasm grading, alpha-methylacyl-CoA racemase, RNA

Introduction

An early-stage prostate cancer (PCa) diagnosis has become common due to mass PSA (prostate specific antigen) screening.^{1,2} However, 75% of men with PSA \geq 4 ng/mL (traditionally used cutoff)^{3,4} are not diagnosed with PCa on biopsy.⁵ The PSA "gray zone" level of 4-10 ng/mL (sometimes 2-10 ng/mL)^{3,6} needs more accurate noninvasive diagnostic biomarkers to avoid the false-positive results because of benign prostate hyperplasia (BPH), recent digital rectal examination,

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Elena S Kotova 🕞 Yulia A Savochkina 102 Yuriy V Doludin 103 Alexander O Vasilyev Elena A Prilepskay Natalia V Potoldykova³ Konstantin A Babalyan¹ Alexandra V Kanygina¹ Andrey O Morozov Alexander V Govorov⁴ Dmitry V Enikeev Elena S Kostryukova^I Elena N Ilina Vadim M Govorun^{D^I} Dmitry Y Pushkar⁴ Elena I Sharova D

¹Department of Molecular Biology and Genetics, Federal Research and Clinical Center of Physical-Chemical Medicine of Federal Medical Biological Agency, Moscow, Russia; ²Lytech Ltd, Moscow, Russia; ³Sechenov First Moscow State Medical University, Moscow, Russia; ⁴Department of Urology, A.I. Yevdokimov Moscow State University of Medicine and Dentistry, Moscow, Russia

Correspondence: Elena S Kotova Department of Molecular Biology and Genetics, Federal Research and Clinical Center of Physical-Chemical Medicine of Federal Medical Biological Agency, Malaya Pirogovskaya Ia, Moscow 119992, Russia Tel +7 910 464 56 55 Fax +7 499 246 44 09 Email potamanthus@gmail.com



catheterization and recent ejaculation.4,7 Another PSA test limitation is the indolent, non-csPCa (clinically nonsignificant prostate cancer) with Gleason score (GS) <7 overdiagnosis. For patients with these PCa forms, the harm caused by the diagnosis and treatment can exceed that of the disease itself.^{8,9} There are some approaches to dividing csPCa and non-csPCa in different studies.¹⁰⁻¹⁴ The main feature of non-csPCa in these studies is Gleason grade 6 or less. These forms of PCa have the negligible rate of lymph node metastases; the very low risk of progression after primary treatment; the general safety of active surveillance and the very low rates of progression of men with GS6 disease in active surveillance.¹⁵ Usually additional non-csPCa criteria based on PSA density, number of cancer positive cores (for biopsy samples), percent of PCa involvement in any of the cores, etc are used.^{10,11,16}

The 2018 NCCN Guidelines recommend that clinicians consider the use of biomarkers to improve the specificity of PSA testing before performing a biopsy.¹⁷ *PCA3* non-coding RNA has been extensively evaluated as a urine diagnostic biomarker.¹⁸ In contrast to BPH, an elevated level of *PCA3* expression is specific for PCa.¹⁹ It allows one to distinguish PCa from BPH with acceptable sensitivity and specificity.^{19,20} However, the ability of *PCA3* to distinguish clinically significant prostate cancer (csPCa) from non-csPCa is controversial.^{17,21,22}

The diagnostic value of some biomarkers is currently being studied. One of them is *AMACR*. AMACR protein is a peroxisomal and mitochondrial enzyme. The *AMACR* gene is significantly expressed in PCa relative to benign prostate epithelium.²³ There were several studies devoted to the PCa early diagnosis by *AMACR* biomarker in urine and blood.^{24–26} Neither *AMACR* nor *PSA* mRNA levels alone but relative *AMACR* value score were predictive in RNA obtained from postmassage urine specimen.²⁵ But only 21 patients were in this study.

Recently, several promising low-invasive approaches have been proposed, including the detection of several biomarkers, such as MiPS and Stockholm-3.¹⁸ Simultaneous detection of *PCA3* and *AMACR* transcripts was also studied.²⁷ An increase in the PCa diagnosis sensitivity and specificity was demonstrated when using *PCA3* and *AMACR* combination rather than each of them separately. However, this study did not analyze the applicability of these markers for PCa with GS \geq 7 detection.

We evaluated the diagnostic potential of simultaneous *PCA3* and *AMACR* transcript detection in total urine RNA

of Russian patients with a serum PSA ≥ 2 ng/mL. We collected and analyzed urine samples of 31 men with PCa scheduled for radical prostatectomy (RPE) and 128 men scheduled for first diagnostic biopsy (prebiopsy cohort). *PCA3, AMACR, PSA* and *GPI* (a housekeeping gene) transcripts were detected by multiplex reverse transcription quantitative polymerase chain reaction (RT-qPCR), and the results were used for scores calculation and statistical analysis.

Patients and Methods Patient Cohorts

All patients were recruited at the Clinic of Urology (Sechenov University, Moscow, Russia) and Moscow City Hospital No. 50 (Department of Urology, AI Yevdokimov Moscow State University of Medicine and Dentistry, Moscow, Russia). Urine RNA testing was performed at the Federal Research and Clinical Center of Physical-Chemical Medicine by a trained employee who was not aware of the biopsy results at the time of testing. Harmonized protocol approved on September 14, 2017 by the local ethics committee of The First Moscow State Medical University named after I.M. Sechenov (Sechenov University, Moscow, Russia) was followed by all centers. Informed consent was obtained from all participants included in the study. Patient information was anonymized and remained confidential. Samples were collected between September 15, 2017, and February 27, 2018.

The inclusion criteria were: total serum PSA (tPSA) \geq 2.0 ng/mL, and aged from 40 to 90 years. The exclusion criteria were: previous anti-androgen therapy or bladder catheterization/cystostomy.

Thirty-nine patients scheduled for RPE with primary diagnosis PCa were recruited. Two men were excluded based on the exclusion criteria. Eligible patients who had a sufficient *PSA* RNA signal in urine (31 men) were divided into two groups based on histopathological examination results: RPE/non-csPCa (13 patients with non-csPCa), and RPE/csPCa (18 patients with csPCa). The prebiopsy cohort comprised 128 patients (94%) provided urine samples with sufficient *PSA* RNA signal of 136 men scheduled for the first diagnostic biopsy.

Prostate biopsy and postoperative specimens were evaluated by experienced pathologists. Our purpose was primary evaluation of *PCA3* and *AMACR* transcript simultaneous detection in urine to diagnose csPCa in a Russian

cohort. We needed first to understand if the *AMACR* alone or in combination with *PCA3* and tPSA was suitable for predicting high Gleason grade (\geq 7) that is the main feature used for dividing PCa into non-csPCa and csPCa. In this study we used a rough dividing of cancers into csPCa and non-csPCa based only on the Gleason grade as some other authors.^{12–14}

Clinical data as results of DRE, age, tPSA and family history of PCa were obtained and used for PCa and csPCa risk evaluation by PCPTRC (Prostate Cancer Prevention Trial Risk Calculator Version 2.0, <u>https://riskcalc.org/</u><u>PCPTRC/</u>).^{28,29} One hundred and eighteen patients from the prebiopsy cohort were eligible for this analysis, 10 were excluded because of age (younger than 55) or tPSA level (higher than 50 ng/mL).

Sample Collection and Processing

The total urine samples were obtained from patients after DRE. Isolation of RNA from urine (~8.5 mL) was carried out with "DNA/RNA Sorbent" kit, (Lytech Co. Ltd, Russia) in accordance with the manufacturer's protocol. We treated 30 μ L (one third) of obtained RNA by DNase use "rDNase Set" (Macherey-Nagel, Germany) in accordance with the manufacturer's recommendations.

Reverse transcription was performed using a mixture of four reverse primers (one for each transcript, at 0.5 μ M) with the MMLV RT kit (Evrogen, Russia).

Multiplex qPCR was carried out using TaqMan probes with ROX, Cy5, FAM and HEX fluorophores for PSA, GPI, PCA3 and AMACR cDNAs, respectively. The primer sequences were located in the second and third exons of the PSA (NM 001648.2), in the eighth and sixth to junction of GPI seventh exon-exon the (NM 001184722.1), in the second and third exons of the AMACR (NM 014324.5) and in the third and fourth exons of the PCA3 (NR 132312.1). The qPCR mixture contained 0.3 µM of each primer and 0.25 µM of each probe, and 5× qPCRmix-HS (Evrogen, Russia) was used. Plasmid standards were used for evaluation of the number of cDNA molecules. All qPCR reactions were performed in duplicate using the reaction profile: 95°C for 8 min, followed by 40 cycles of 95°C for 20 seconds, 62°C for 25 seconds, 72°C for 45 seconds with fluorescence acquisition at 72°C.

We used two aliquots (~8.5 mL) of the same urine sample for repeatability testing.

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Data Analysis

We calculated the PCA3 score as the *PCA3* RNA content normalized by *PSA* RNA content and multiplied by 1000: (*PCA3* cDNA copies/PSA cDNA copies)×1000. The AMACR and GPI scores were calculated likewise: (*AMACR* cDNA copies/PSA cDNA copies)×1000, (*GPI* cDNA copies/*PSA* cDNA copies)×1000, respectively. The samples with less than 400 copies of *PSA* cDNA per qPCR reaction were considered uninterpretable.

Also we used PCPT Risk Calculator^{28,29} for PCa and csPCa risk evaluations.

For the one-tailed Mann–Whitney criteria *p*-value calculation, a web-based tool, Wilcoxon–Mann–Whitney Test Calculator, <u>https://ccb-compute2.cs.uni-saarland.de/wtest/³⁰</u> was used. Logistic regression model (sklearn 0.20.0) was trained on 60% of the data to predict PCa and csPCa based on three features: tPSA (protein concentration ng/mL), PCA3 score and AMACR score. Classification metrics are reported by applying trained model to the remaining 40% of the data (the optimal cutoff points were defined using the Youden method). The web-based tool EasyROC was used for the ROC curve plotting and analysis³¹ (the optimal cutoff points were defined using the Youden method). For the Kendall, Spearman and Pearson correlation calculations, and for the linear regression analysis followed by plotting, RStudio version 1.1.453 was used.

Results

Recruitment of Patients and Analysis of Samples

The diagnostic accuracy of the prostate biopsy is not absolute. The histopathological analysis of surgical material provides more accurate GS determination.^{32,33} Therefore, we first recruited patients scheduled for surgery (tPSA ≥ 2 ng/mL). We collected and analyzed urine samples of 39 patients scheduled for RPE. Thirty-one of them were eligible and provided urine samples with sufficient *PSA* RNA signal.

Subsequently, the prebiopsy cohort was recruited. The final cohort comprised 128 patients (94%) who provided urine samples with sufficient *PSA* RNA signal out of 136 men scheduled for the first diagnostic biopsy (tPSA \geq 2).

In the multiplex qPCR-based urine sample analysis we used *PSA* mRNA as reference transcript. *PSA* is a gene with the prostate-specific expression. There is only a slight difference in *PSA* expression level between normal and tumor prostate cells.³⁴ We calculated the PCA3 score as

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the normalized *PCA3* RNA content multiplied by 1000. The AMACR score was calculated likewise.

The content ratio of *GPI* (a housekeeping gene³⁵) RNA to *PSA* RNA is proportional to the ratio of total RNA and RNA of prostate cells in urine. We calculated the GPI score as the PCA3 and AMACR scores to test the assumption that the fraction of prostate cell RNA in total urinary RNA can affect the analysis results (see below).

We tested two aliquots of urine samples obtained from 13 patients for evaluation of our approach repeatability. There was a high correlation between test and retest results. Pearson's coefficients of correlation were 0.991 (p=5.005e–11), 0.991 (p=5.201e–11) and 0.963 (p=1.404e–07) for the PCA3, AMACR and GPI scores respectively.

We obtained histopathological examination results for prebiopsy cohort after urine analysis completion. The clinical characteristics of the prebiopsy cohort and groups of patients scheduled for surgery are given in Table 1.

Evaluation of the Diagnostic Potential of PCA3 and AMACR Scores

The eligible patients scheduled for surgery who provided urine samples with sufficient *PSA* RNA signal were divided into two groups following the results of pathomorphological examination of their surgical material: RPE/non-csPCa group comprised 13 patients with non-csPCa scheduled for RPE, RPE/csPCa group comprised 18 patients with csPCa scheduled for RPE. Prebiopsy cohort was divided into three groups: BPH group (67 men), non-csPCa group (28 men) and csPCa group (33 men).

We found a significant difference in the PCA3 score between BPH and non-csPCa group in prebiopsy cohort analysis (*p*=0.0074, Mann–Whitney test, Figure 1A). There was also a significant difference in tPSA between these groups of patients in prebiopsy cohort (p=0.016). We did not find significant difference in the AMACR score between patients with BPH and non-csPCa (p=0.12, Figure 1B).

There was no significant difference in the PCA3 score or tPSA between patients with non-csPCa and csPCa (prebiopsy cohort: PCA3 score p=0.29, Figure 1A, tPSA p=0.17, patients scheduled for RPE: PCA3 score p=0.35, Figure 1C, tPSA p=0.35). However, we found a significant difference in the AMACR score between patients with csPCa and non-csPCa scheduled for RPE (p=0.0088, Figure 1D) and biopsy (p=0.029, Figure 1C).

Logistic regression (sklearn v. 0.20.0) model was trained on three features (the PCA3 score, the AMACR score and tPSA) for PCa and csPCa detection in the prebiopsy cohort. Also we analyzed clinical data of 118 patients by PCPTRC (10 patients were excluded by age or tPSA level, see "Material and Methods" section). The ROC curve analysis was applied to evaluate the accuracy of tPSA, the PCA3 and AMACR scores, PCPTRC prognoses and classification models for PCa or csPCa prediction in the prebiopsy cohort. ROC curves for PCa and csPCa detection by PCA3 and AMACR score, PCPTRC and classification models are shown in Figure 2. Classification metrics for PCa and csPCa detection using all these features and classification models are given in Table 2. In the PCa ROC analysis, the classification model area under the curve (AUC) was the highest: 0.77 (95%CI: 0.63-0.86), the tPSA AUC was the lowest: 0.643 (95%CI: 0.547-0.739). In the csPCa ROC analysis the classification model AUC was the highest: 0.72 (95%CI: 0.58-0.83), the tPSA AUC was the lowest: 0.612 (95%CI: 0.495-0.729), AUC of the AMACR score was 0.711 (95%CI: 0.617-0.806). AUCs of the classification model, the AMACR and PCA3 scores were

 Table I Clinical Characteristics of Patients

	Prebiopsy C	ohort				Patients	Scheduled for RPE	
Groups	Total	ВРН	PCa	non-csPCa	csPCa	Total	non-csPCa (RPE/non-csPCa)	csPCa (RPE/ csPCa)
Patient number	128	67	61	28	33	31	13	18
tPSA median, ng/mL	8	7	9.1	8.95	9.46	8	5.6	9.38
tPSA range, ng/mL	2.06–76.80	2.06-19.7	2.09–76.8	4.09–76.80	2.09–62.79	2.1–90	2.1–17	3.85–90
Age median, years	66	64	68	68	68	63	63	64
Age range, years	40–88	40–79	47–88	54-82	47–88	56–75	56–70	58–75



Figure I PCA3 and AMACR scores in groups of patients with BPH, non-csPCa and csPCa. Box whiskers correspond to 5th and 95th percentile outliers are not shown. (A) PCA3 score, prebiopsy cohort, (B) AMACR score, prebiopsy cohort, (C) PCA3 score, patients scheduled for RPE, (D) AMACR score, patients scheduled for RPE.

significantly greater than 0.5. AUC of the AMACR score for csPCa detection was higher than AUC of PCPTRC risk estimation. However, this difference was insignificant.

The AMACR and GPI Score Association

We examined a correlation between each oncomarker (*PCA3* and *AMACR*) content and GPI score in the total prebiopsy cohort to test the assumption that the fraction of prostate cell RNA in total urinary RNA can affect the analysis results. For the AMACR-GPI and PCA3-GPI scores, the Kendall's correlation coefficient (tau) was 0.347 (p=6.542e-09) and 0.069 (p=0.2479, statistically insignificant), respectively.

Then tau was calculated only for patients with BPH in the prebiopsy cohort to exclude the PCa influence on the PCA3 and AMACR scores. We obtained a significant tau value for the AMACR score (0.475, p=1.33e-08), whereas tau was insignificant for the PCA3 score (-0.131, p=0.1165). The relationships between log₂(AMACR score+1) and log₂(GPI score+1) in patients with BPH and in total prebiopsy cohort are depicted in Figure 3.

Discussion

In this study, we evaluated the diagnostic potential of the simultaneous quantitative detection of *PCA3*, *AMACR*, *PSA* and *GPI* transcripts in urine of men with tPSA ≥ 2 ng/mL by multiplex qPCR. Patients scheduled for RPE

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Figure 2 PCa and csPCa detection in the prebiopsy cohort. The number of patients is indicated by n. (A) ROC curves for PCa detection by AMACR score and PCA3 score (whole prebiopsy cohort), (B) ROC curves for csPCa detection by AMACR score and PCA3 score (whole prebiopsy cohort), (C) ROC curves for PCa detection by AMACR score, PCA3 score and PCPTRC, (D) ROC curves for csPCa detection by AMACR score, PCA3 score and PCPTRC, (E) ROC curve for PCa detection by classification model.

and the first diagnostic biopsy was recruited. We compared the urine RNA qPCR results with the histopathological examination results for these patients.

Our PCA3 score AUC for PCa detection in the prebiopsy cohort (0.664) is consistent with the Cui et al meta-analysis values in the 0.57–0.85 range.³⁶ The *PCA3* sensitivity (0.475) and specificity (0.806) of PCa detection conforms to the previously reported sensitivity (0.469–0.95) and specificity (0.216–1.00) for PCa detection by *PCA3*.³⁶ The PCA3 score AUC (0.66) and the AMACR score AUC (0.67) for PCa detection in the prebiopsy cohort was very close to the *PCA3* AUC (0.67) and AMACR score AUC (0.66) reported by Ouyang et al.²⁷

	PCa Detection				csPCa Detection			
	tPSA	PCA3 Score	AMACR Score	Model for PCa Detection	tPSA	PCA3 Score	AMACR Score	Model for csPCa Detection
Sensitivity 0.738	0.738	0.475	0.590	0.62	0.758	0.576	0.818	0.62
Specificity 0.552	0.552	0.806	0.701	0.79	0.474	0.768	0.547	0.81
AUC, 95% CI	0.643 (0.547–0.739)	AUC, 95% 0.643 (0.547–0.739) 0.664 (0.570–0.758) CI	0.666 (0	.571–0.760) 0.77 (0.63–0.86)	0.612 (0.495–0.729)	0.612 (0.495–0.729) 0.632 (0.511–0.752) 0.711 (0.617–0.806) 0.72 (0.58–0.83)	0.711 (0.617–0.806)	0.72 (0.58–0.83)
Optimal cutoff	7.41	76.64	61.57	0.52	7.41	78.61	52.19	0.52

No significant difference was found in the PCA3 score between non-csPCa and csPCa groups. The previous data on the differences in the PCA3 scores between non-csPCa and csPCa are controversial.^{37–39} In our opinion, these contradictions are at least in part due to the sample size variability as well as the ratio of subgroups with different GS in the GS \geq 7 group in different human populations, etc.

There were several studies evaluated AMACR RNA in urine for early detection of PCa.^{25–27} But the main purpose of this study was to evaluate AMACR RNA as a marker of csPCa. We first show a significant difference in the AMACR score between csPCa (Gleason grade \geq 7) and non-csPCa groups (Gleason grade <7), both for patients scheduled for RPE and for biopsy. Also the AMACR score had relatively high AUC (0.711), that was significantly greater than 0.5 (95%CI: 0.617-0.806), in csPCa detection. In our view, the AMACR is a prospective urine marker for csPCa detection. Also there is first data about urine AMACR transcript detection (and PTPRC using) for PCa and csPCa diagnosis in the Russian cohort. Additionally, we first showed the association between the AMACR and GPI scores. PCA3 expression is highly specific for the PCa cells, whereas AMACR expression is relatively high in such tissues as: kidney, bladder tissue, hematopoietic tissue, etc https://www.proteinatlas.org/ ENSG00000242110-AMACR/tissue.⁴⁰ Thus, we expected an increase in the AMACR score not only for patients with PCa, but also for patients with significant amounts of nonprostate RNA in urine (patients with high GPI score). Therefore, diagnostic systems based on the AMACR transcript should be used with GPI or similar housekeeping gene for estimation of prostate RNA content in the total urine RNA.

We found a significant difference in tPSA between BPH and non-csPCa groups of patients in the prebiopsy cohort, but not between the same groups of the patients scheduled for surgery. No significant difference was found in the tPSA between patients with non-csPCa and csPCa scheduled for surgery or for biopsy. This result is consistent with the data about the non-csPCa overdiagnosis by PSA test.²¹

We obtained classification models based on three features: the PCA3 score, the AMACR score and tPSA for PCa and csPCa detection in prebiopsy cohort. The AUC of the PCa prediction was 0.77 and the AUC of the csPCa prediction was 0.72. In our opinion, further evaluation of the multiplex qPCR for early PCa and csPCa detection

Table 2 Classification Metrics of tPSA, The PCA3 Score, The AMACR Score and Classification Models



Figure 3 The AMACR and GPI score relationship. The Pearson correlation coefficient (cor), Kendall correlation coefficient (tau), p-values for them and linear regression equation are shown in the left corner of each plot. (A) The prebiopsy cohort, (B) only BPH group.

with larger sample size and a follow-up analysis will allow a more accurate refinement of the cutoff and higher specificity and/or sensitivity for models based on combination of AMACR score, PCA3 score and tPSA. The AMACR score and classification models based on it may further help to make an appropriate decision about biopsy performing and treatment options.

Our purpose was primary evaluation of *PCA3* and *AMACR* transcript simultaneous detection in urine to diagnose csPCa in a Russian cohort. The main limitation of our study was sample size insufficient for comparison of the different classificators. We obtained AUCs with relative broad confidence intervals and we could not show statistically significant differences between AUCs of different classifiers. There may be other limitations of our study

associated with the characteristics of the Russian cohort. This cohort included only Caucasian men. Also there was no PSA screening in the Russian Federation unlike some other countries as the USA.⁴¹ There may be difference between estimations obtained for the Russian cohort and data obtained in countries with mass PSA screening as the USA.

Conclusion

The AMACR score is a good predictor of csPCa in the Russian cohort. However, significant amounts of nonprostate RNA in urine samples of some patients may be a limitation for AMACR score use. Further evaluation of the AMACR score and classification models based on the tPSA, the *PCA3* and AMACR score for PCa and csPCa detection with larger samples and a follow-up analysis is promising.

Abbreviations

PSA, prostate specific antigen; RT-qPCR, reverse transcription quantitative polymerase chain reaction; csPCa, clinically significant prostate cancer; GS, Gleason score; AUC, area under the ROC curve; non-csPCa, clinically nonsignificant prostate cancer; PCa, prostate cancer; BPH, benign prostate hyperplasia; RPE, radical prostatectomy; qPCR, quantitative polymerase chain reaction; tPSA, total PSA; PCPTRC, Prostate Cancer Prevention Trial Risk Calculator; ROC curve, Receiver operating characteristic curve.

Ethics Approval and Informed Consent

All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional research committee and with the 1964 Declaration of Helsinki and its later amendments. Harmonized protocol was approved September 14, 2017 by the local ethics committee of The First Moscow State Medical University named after I.M. Sechenov (Sechenov University, Moscow, Russia) followed by all centers. Informed consent was obtained from all participants included in the study. Patient information was anonymized and remained confidential. Samples were collected between September 15, 2017 and February 27, 2018.

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