

# LncRNA CASC15 is Upregulated in Osteosarcoma Plasma Exosomes and CASC15 Knockdown Inhibits Osteosarcoma Progression by Regulating miR-338-3p/RAB14 Axis

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**Background:** Currently, plenty of studies have demonstrated that lncRNAs can act as crucial roles during the progression of various tumors, including osteosarcoma (OS), and emerging evidences indicated that lncRNAs are abundant and stable in exosomes. The objective of this study is to reveal the dysregulated lncRNAs in OS plasma exosomes and explore their functions in OS.

**Materials and Methods:** Microarray was performed to analyze dysregulated exosomal lncRNAs. Western blot, qRT-PCR assays, and Dual-luciferase reporter assay were used to verify the interaction among cancer susceptibility 15 (CASC15), miR-338-3p, and RAB14. Cck-8, colony formation assay, and transwell assay were performed to explore and characterize the effects of CASC15 on OS cells. Animal experiments were used to verify the effects of CASC15 in vivo.

**Results:** Upregulated CASC15 was observed in OS plasma exosomes compared with control, and the same expression was observed in the OS tissues and cell lines. Further assays indicated that CASC15 knockdown could restrain the proliferation, migration, and invasion of OS cells, and inhibit the growth of OS in xenograft models. Furthermore, our results demonstrated CASC15 regulated OS progression via acting as miR-338-3p sponge, and RAB14 was a direct downstream target of miR-338-3p. Rescue experiments verified CASC15 promotes OS cell growth and metastasis by upregulating RAB14 expression.

**Conclusion:** Overall, our findings indicate that CASC15 plays a key role in OS progression by targeting the miR-338-3p/RAB14 axis and can serve as a possible therapeutic target for OS patients.

**Keywords:** bone tumor, exosome, lncRNA, CASC15, miR-338-3p

## Introduction

Osteosarcoma (OS) is a common type of malignant bone tumor that often occurs in people under the age of 20.<sup>1</sup> And in the past 30 years, the 5-year survival rate of OS patients has increased to 60–70% attributed to the improvement of the traditional treatments and the emergence of novel therapeutic strategies, including neoadjuvant chemotherapy, targeted therapies, and immunotherapy.<sup>2</sup> However, the prognosis is still dissatisfactory because of the high rates of drug resistance, relapse, and metastasis.<sup>3</sup> Thus, more researches are urgently needed to clarify the molecular mechanisms and highlight the potential therapeutic targets of OS.

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Exosome, a type of extracellular vehicle ranging from 30 to 150 nm in diameter, has been reported that could be a key mediator between cellular communication.<sup>4</sup> And emerging evidences indicated that lncRNAs are abundant and stable in exosomes.<sup>5</sup> However, there are limited studies for the expression profile of plasma exosomal lncRNAs and their roles in OS.

lncRNA is a kind of non-coding RNA, and plenty of lncRNAs have been demonstrated to participate in the development of various tumors.<sup>6</sup> Also, increasing evidences have shown the participation of lncRNAs in various biological processes of OS.<sup>7</sup> CASC15 is a novel tumor-related lncRNA, and its aberrant expression has been reported in several tumors, like liver cancer, ovarian cancer, and melanoma.<sup>8–10</sup> But in OS, the expression and function of CASC15 is still vague and needs to be explored.

Therefore, our objective is to reveal the expression of CASC15 both in plasma exosomes and tissues of OS patients and elucidate the function and mechanisms of CASC15 in tumor progression.

## Materials and Methods

### Clinical Specimens

Thirty osteosarcoma specimens, thirty normal bone tissues, and five OS plasma were collected at the Musculoskeletal Tumor Center, Peking University People's Hospital (Beijing, China). The health plasma was donated by five health donators (HD). Written informed consent was acquired from all patients, and the study was approved by the Ethics Committee of Peking University People's Hospital.

### Cell Culture and Transfection

OS cell lines were obtained from the American Type Culture Collection (ATCC, Manassas, VA, USA). All cells were cultured in DMEM medium (Hyclone, Logan, UT, USA), and maintained in a moist incubator with 5% CO<sub>2</sub> at 37°C. Agents like sh-CASC15/sh-NC, siRAB14 #1, siRAB14 #2, miR-338-3p inhibitor/mimic, and NC inhibitor/mimic were synthesized by GenePharma (Shanghai, China), and transfected through Lipofectamine 3000 (Invitrogen, Waltham, MA, USA).

#### 2.3.qRT-PCR

TRIzol (Invitrogen) was used to isolate total RNAs, and the PrimeScriptRT reagent Kit (Takara, Kusatsu, Japan) was used to synthesize cDNAs. Then, the qRT-PCR was performed on a CFX96 Real-Time System (Bio-Rad, Hercules, CA, USA) using iTaq Universal One-Step

RT-qPCR Kits (Bio-Rad). U6/GAPDH was used as endogenous control.

### Western Blot

The assay was performed as previously described.<sup>11</sup> And anti-CD9 (1:1000, sc-13,118, Santa Cruz, USA), anti-CD63 (1:1000, sc-5275), anti-N-cadherin (1:1000, Cell Signaling Technology (CST), 13,116), anti-E-cadherin (1:1000, CST, 3195), anti-RAB14 (1:1000, sc-271,401) and anti-Actin (1:1000, sc-8432) were used in this study.

### Colony Formation and EdU Assay

Eight hundred cells were added in 6-well plates and cultured for 120 hours. Then, the residual medium was discarded, and cells were washed two times. Finally, methanol was used to fix cells, and the 0.1% crystalline violet solution was used to stain cells. The cell colonies were observed and photographed for further analysis. EdU assay was performed as previously described.<sup>12</sup>

### Transwell and Wound-Healing Assays

For transwell assay, Matrigel-coated or noncoated Transwell plate chambers (BD Biosciences, USA) was used. In short, bottom chambers were added with complete medium, and top chambers were added with a serum-free medium. Thirty thousand cells were planted in top chambers, and cultured for 24 hours. Then, the residual medium was discarded, and the chambers were washed three times. Methanol was used to fix cells, and the 0.1% crystalline violet solution was used to stain cells. Finally, five fields were observed and photographed using an inverted microscope. For the wound-healing assay, cells in complete medium were added in 6-well plates, and when cell confluence reached 80–90%, a wound was scratched by a pipette tip. Then, the residual medium was discarded, and replaced with a medium with 0.2% FBS. The status of the wound was observed and photographed at 0h and 24h separately using an inverted microscope.

### Exosome Extraction and Microarray Analysis

Exosupur Kit (Echo Biotech, Beijing, China) was used to extract the exosomes from OS or HD plasma based on the principle of Size Exclusion Chromatography (SEC). Then, 10μL of exosome solution was pipetted onto the copper mesh, and stained with 2% uranyl acetate. Finally, the exosomes were observed and photographed under a transmission electron microscope (TEM) at 80 kV. Besides, after exosomes

were diluted, its size distribution was analyzed by nanoparticle tracking analysis (NTA). For Microarray analysis, the plasma was collected from five OS patients and five health donors, and the exosome was isolated by the method described above. Then, TRIzol was used to isolate total RNAs, and analysis was performed by the commercial corporation Echo Biotech (Beijing, China). Besides,  $p$ -value  $<0.05$  and  $|\log_2 \text{Fold change}| \geq 1$  were used as the threshold for dysregulated lncRNAs.

## Dual-Luciferase Reporter Assay

The assay was performed as previously described.<sup>13</sup>

## Immunohistochemistry (IHC)

IHC staining was performed as previously described [13]. And anti-RAB14 (1:80, sc-271,401, Santa Cruz), anti-N-cadherin (1:100, CST, 13,116), anti-E-cadherin (1:100, CST, 3195) and anti-Ki-67 (1:100, sc-23,900, Santa Cruz) were used in this study.

## Tumor Xenografts

In this study, 8 BALB/c nude mice were used in this research, and  $5 \times 10^6$  transfected 143B cells were subcutaneously injected in the right flanks of mice. All mice were fed in the SPF environment, and tumor volume ( $\text{width}^2 \times \text{length}/2$ ) was measured every four days for sixteen days. Then, mice were sacrificed and samples were processed for further research. All animal experiments were performed with written confirmation authorized by the Animal Care and Use Committee of Peking University People's Hospital. Animal experiments complied with the ARRIVE guidelines and followed the National Institutes of Health Guide for the Care and Use of Laboratory Animals.

## Statistical Analysis

The data of this study were analyzed by GraphPad Prism 8 and expressed as mean  $\pm$  SD. The significant differences between groups were analyzed using Student's  $t$ -test or Fisher's exact test, and indicated by  $*p < 0.05$  and  $**p < 0.01$ .

## Results

### Expression Profiles of Plasma Exosomal lncRNAs in OS

Plasma exosomes were extracted by SEC, and TEM results showed that exosomes have a bowl-shaped structure with a diameter of 100–150 nm (Figure 1A). Exosome

marker proteins CD9 and CD63 were detected by Western blot (Figure 1B). And the result of NTA revealed that the diameter of plasma exosomes ranged around 100 nm (Figure 1C). Furthermore, Microarray was performed to analyze dysregulated exosomal lncRNAs, and the results demonstrated that 3 lncRNAs were downregulated and 8 lncRNAs were upregulated in plasma exosomes of OS patients compared with that of health donors (Figure 1D). Among which, we noticed that CASC15 was significantly upregulated in OS plasma exosomes, whereas there have no reports about its expression and function in OS.

### CASC15 is Upregulated in OS Tissues and Associated with Tumor Metastasis

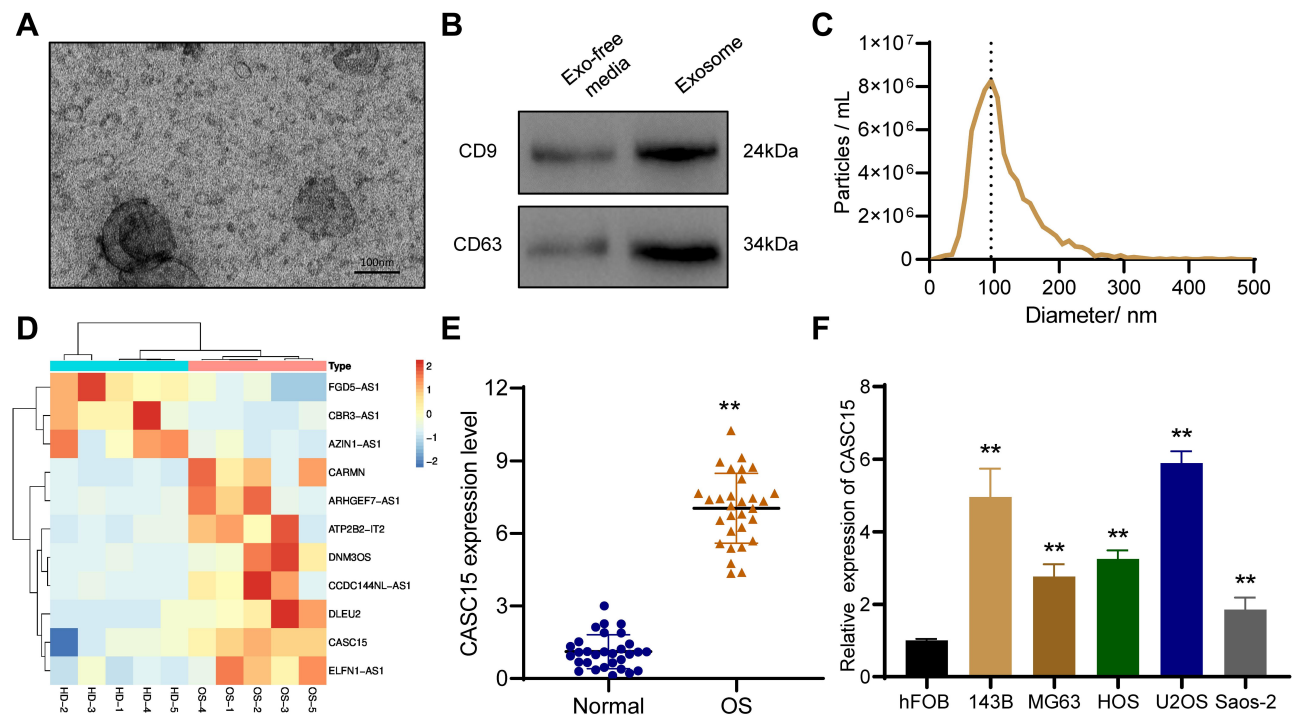
We performed qRT-PCR in thirty OS specimens and thirty normal bone tissues to further explore the expression of CASC15, and the results revealed that CASC15 was upregulated in OS tissues (Figure 1E). Consistently, the expression of CASC15 was higher in OS cell lines than that in normal osteoblast hFOB (Figure 1F). Furthermore, the result of the correlation analysis indicated that CASC15 upregulation was associated with tumor metastasis ( $p=0.004$ , cutoff value=mean) (Table 1).

### CASC15 Knockdown Restrains the Proliferation, Migration, and Invasion of OS Cells

After the OS cells were transfected with sh-CASC15, qRT-PCR was performed to verify the knockdown of CASC15 (Figure 2A). CCK8 assay revealed that CASC15 knockdown could restrain the proliferation of 143B and U2OS cells (Figure 2B and C). Consistently, further assays demonstrated that CASC15 knockdown could restrain the colony formation ability of 143B and U2OS cells (Figure 2D). Furthermore, wound-healing assays revealed that CASC15 knockdown could suppress the migration ability of 143B and U2OS cells (Figure 2E). And transwell assays revealed that CASC15 knockdown could restrain the ability of migration (Figure 2F) and invasion of OS cells (Figure 2G). Western blot results showed that CASC15 knockdown could significantly upregulate the expression of E-cadherin and downregulated the expression of N-cadherin in OS cells (Figure 2H).

### CASC15 Knockdown Inhibits the Growth of OS in vivo

To explore whether CASC15 knockdown could inhibit the growth of OS in vivo, xenograft models were



**Figure 1** The expression and function of CASC15 in OS. **(A)** Representative image of exosomes under TEM. **(B)** Western blot showed the presence of exosome surface marker proteins CD9 and CD63. **(C)** NTA was used to analyze the size distribution of exosomes. **(D)** Heat map represents the dysregulated lncRNAs in plasma exosomes of OS patients. **(E)** CASC15 was significantly upregulated in OS tissues. **(F)** CASC15 was highly expressed in OS cell lines. \*\**p* < 0.01.

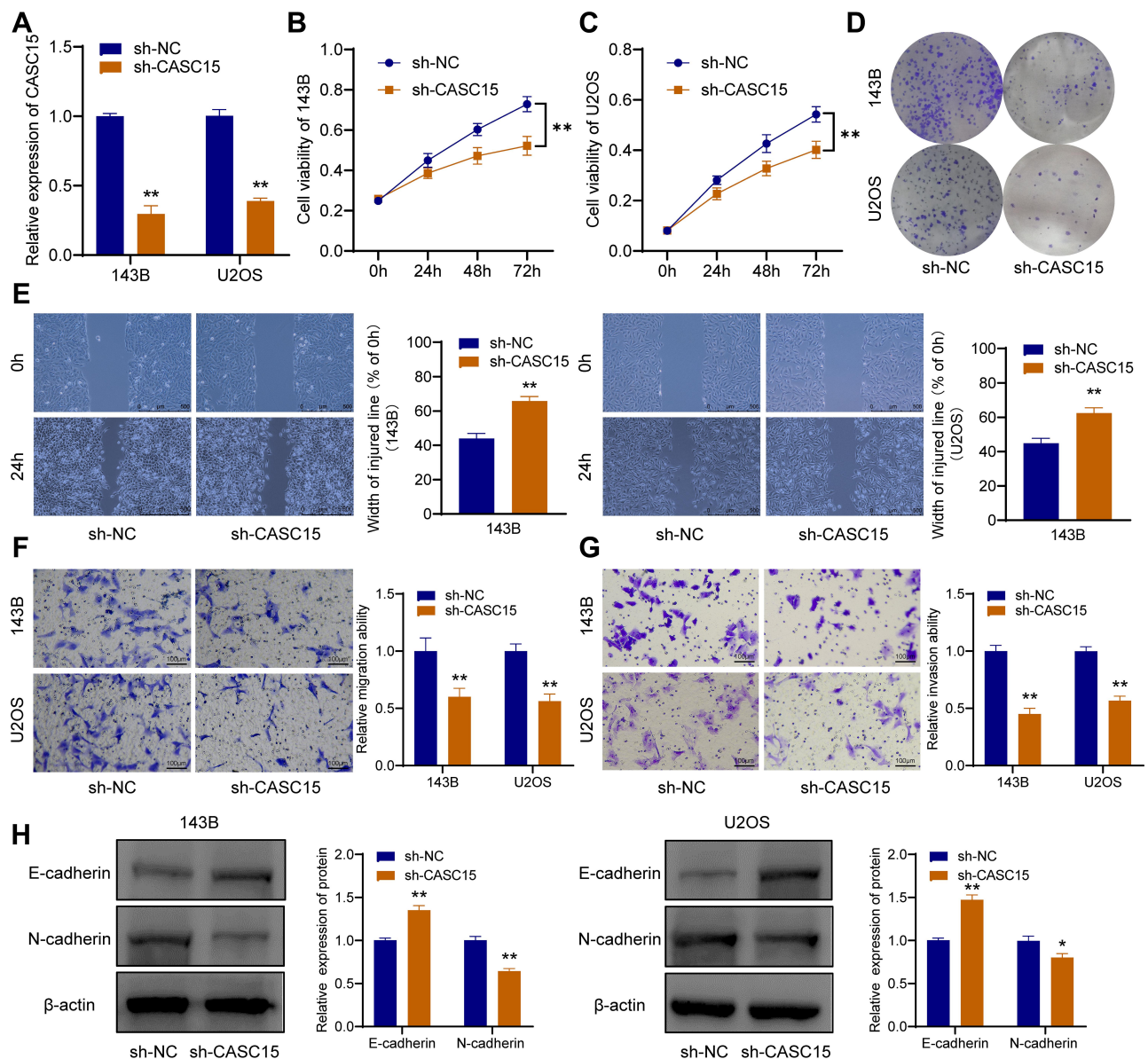
established using 143B cells. Compared with the control, CASC15 knockdown significantly reduced the growth rate, tumor volume, and tumor weight of OS (Figure 3A-C). qRT-PCR result verified that CASC15

was downregulated in the sh-CASC15 group compared with the sh-NC group (Figure 3D). Besides, IHC was performed in xenograft samples, and downregulated Ki67, N-cadherin, but upregulated E-cadherin was

**Table 1** Relationship Between CASC15 Expression Level and Clinicopathological Features in Osteosarcoma

Variables	n	Low Expression (n=15)	High Expression (n=15)	P-value
Age (years)				0.700
≤20	19	11	9	
>20	11	4	6	
Gender				0.462
Male	17	10	7	
Female	13	5	8	
Histological types				0.865
Osteoblastic	14	7	7	
Chondroblastic	11	6	5	
Others	5	2	3	
Metastasis				0.004
Yes	14	3	11	
No	16	13	4	





**Figure 2** CASC15 knockdown restrains the progression of OS cells. (A) Knockdown of CASC15 was verified by qRT-PCR. (B and C) CCK8 assay showed that the proliferation of OS cells was significantly restrained by sh-CASC15. (D) Colony formation assay. (E) Wound-healing assay. (F) Transwell assay for migration. (G) Transwell assay for invasion. (H) E-cadherin and N-cadherin were detected by Western blot. \* $p < 0.05$  and \*\* $p < 0.01$ .

observed in CASC15 knockdown group (Figure 3E). All these findings suggested that CASC15 knockdown inhibited the growth of OS in vivo.

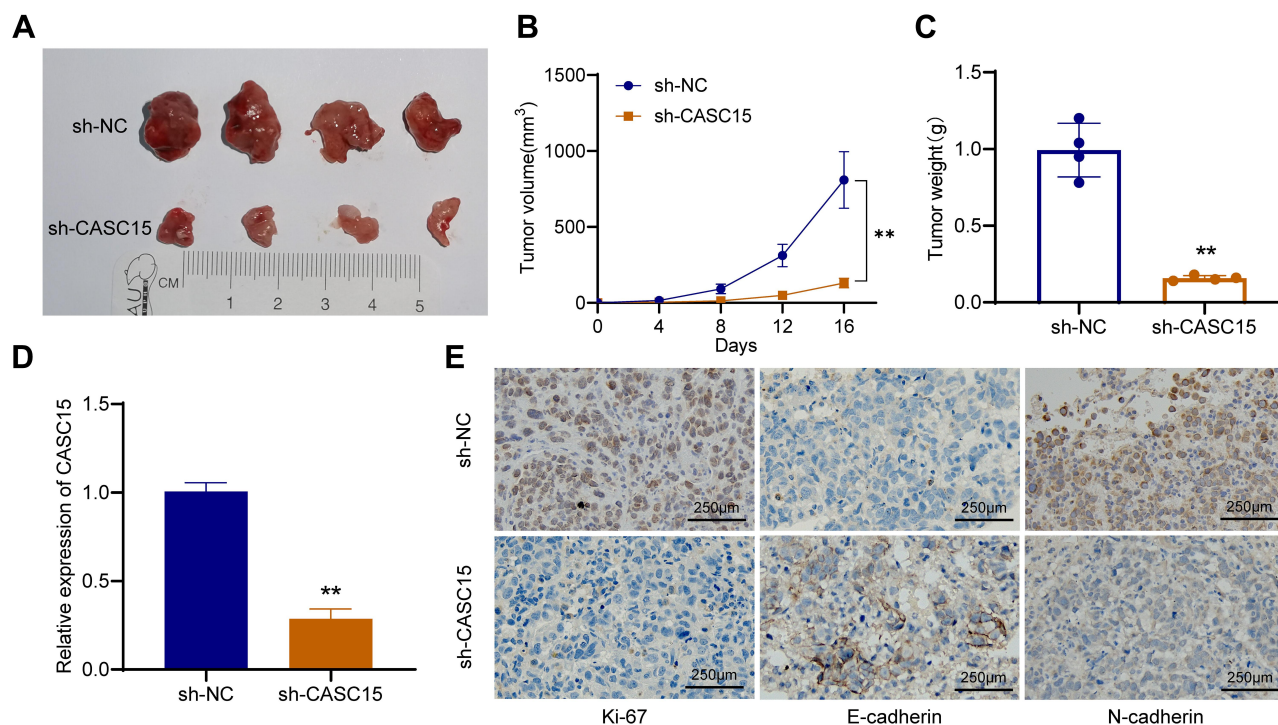
### miR-338-3p is a Target Gene of CASC15

Using DIANA-LncBase v2, miR-338-3p was predicted as a potential target miRNA that could be sponged by CASC15 (Figure 4A). And dual-luciferase reporter assay verified their direct interaction (Figure 4B). Then, further analysis in Gene Expression Omnibus (GEO) database (GSE28423) demonstrated the downregulation of miR-

338-3p in OS (Figure 4C), and qRT-PCR results revealed that miR-338-3p expression was negatively correlated with CASC15 expression in OS tissues (Figure 4D). Furthermore, CASC15 knockdown significantly upregulated miR-338-3p in OS cells, whereas the miR-338-3p inhibitor could reverse its effect (Figure 4E-G).

### CASC15 Regulated OS Progression via Acting as miR-338-3p Sponge

Consistently, functional assays demonstrated that sh-CASC15-mediated inhibition of proliferation, migration,



**Figure 3** CASC15 knockdown inhibited the growth of OS in vivo. **(A)** The role of CASC15 in tumorigenesis and growth of OS was detected in xenograft models. **(B)** The growth curve of xenografts in nude mice. **(C)** The tumor weight was measured. **(D)** CASC15 was downregulated in the xenografts of the sh-CASC15 group. **(E)** Protein expression of Ki67, N-cadherin, and E-cadherin IHC was detected by IHC in xenografts. \*\* $p < 0.01$ .

and invasion could be reversed by miR-338-3p inhibitor in OS cells (Figure 5A-C). Furthermore, Western blot results showed that miR-338-3p inhibitor could reverse sh-CASC15-mediated regulation of epithelial-mesenchymal transition (EMT) markers E-cadherin and N-cadherin in OS cells (Figure 5D). All these results collectively indicated that CASC15 regulated OS progression via acting as a miR-338-3p sponge.

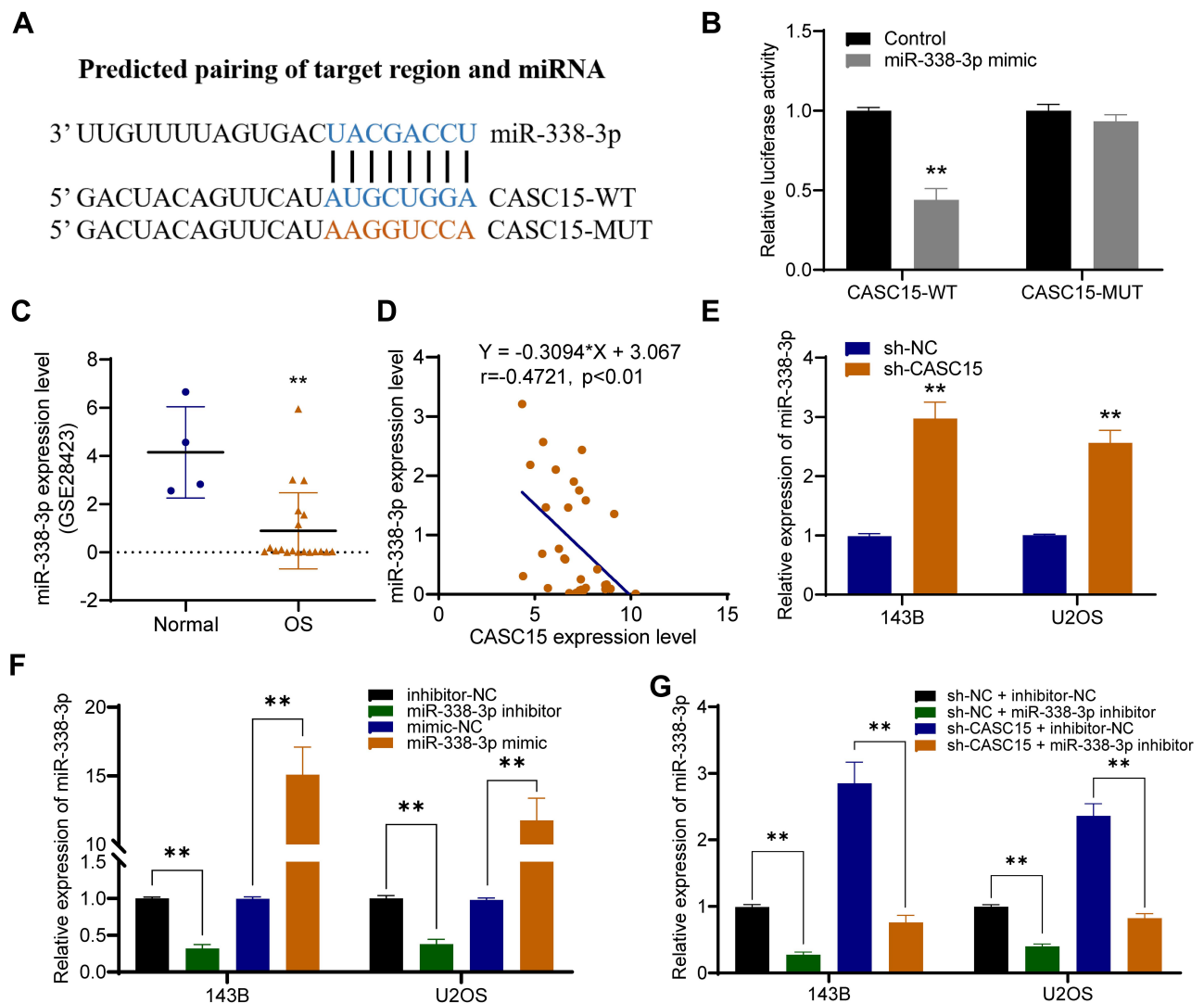
## RAB14 Was a Direct Target of miR-338-3p

Five bioinformatics tools were used to predict the target genes of miR-338-3p, and RAB14 was found as one of two intersecting genes in all five databases (Figure 6A). Subsequent dual-luciferase reporter assay verified their direct interaction (Figure 6B), and Western blot indicated that miR-338-3p could downregulate RAB14 protein expression (Figure 6C). Besides, siRAB14 sequences were used to knock down the expression of RAB14 in OS cells, and the results of the EdU assay indicated that the knockdown of RAB14 significantly inhibited cell proliferation (Figure 6D and E). And transwell assays revealed that RAB14 knockdown

could suppress the ability of migration (Figure 6F) and invasion of OS cells (Figure 6G). Consistently, Western blot results showed that RAB14 knockdown could significantly upregulate the expression of E-cadherin and downregulated the expression of N-cadherin in OS cells (Figure 6H and I).

## CASC15 Promotes OS Cell Growth and Metastasis by Upregulating RAB14 Expression

We further performed rescue experiments to prove that CASC15 promotes OS cell growth and metastasis by upregulating RAB14 expression. As shown in Figure 7A and B, the overexpression vector targeting RAB14 was transfected into OS cells, and overexpressed RAB14 was observed at both mRNA and protein levels. Then, the colony formation assays showed that RAB14 overexpression could significantly reverse sh-CASC15-induced proliferation inhibition (Figure 7C). And the results of wound-healing and transwell indicated that RAB14 overexpression could also partially reverse sh-CASC15-mediated metastasis inhibition in OS cells (Figure 7D and E). Furthermore, IHC staining of



**Figure 4** miR-338-3p is a target gene of CASC15. (A) Schematic representation of the CASC15 3'-UTR containing the binding site for miR-338-3p. (B) The dual-luciferase reporter assay. (C) GSE28423 revealed that miR-338-3p was poorly expressed in OS. (D) There was a negative correlation between the expression of CASC15 and miR-338-3p. (E) CASC15 knockdown significantly increased the expression of miR-338-3p in OS cells. (F) The expression of miR-338-3p was upregulated by miR-338-3p mimic and downregulated by miR-338-3p inhibitor. (G) miR-338-3p inhibitor could reverse sh-CASC15 mediated upregulation of miR-338-3p. \*\* $p < 0.01$ .

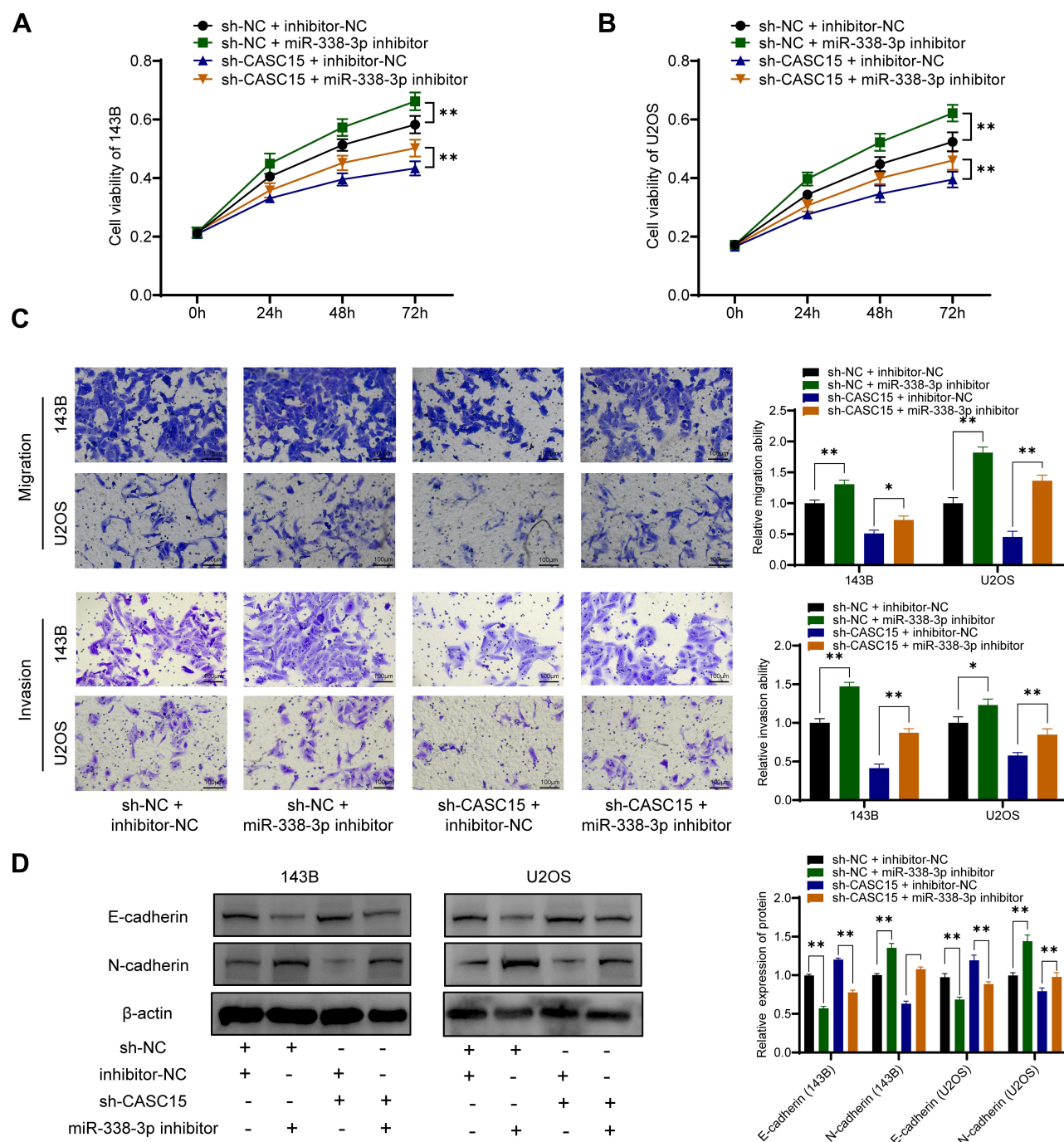
RAB14 was performed in xenograft samples, and down-regulated RAB14 was observed in the CASC15 knock-down group (Figure 7F). Kaplan-Meier assays were analyzed using the GEPIA database and R2 database. GEPIA result showed that patients with highly expressed RAB14 displayed poorer overall survival rates ( $p=0.048$ ) (Figure 7G), and the R2 result indicated that metastasis-free survival probability of OS patients was negatively associated with RAB14 expression ( $p=0.007$ ) (Figure 7H). The aforementioned findings indicated that RAB14 was released in OS cells due to CASC15 sponges miR-338-3p, and participated in the regulatory network of OS progression.

## Discussion

lncRNAs have been reported as pivotal regulators in the development of various tumors.<sup>14</sup> Mounting evidences revealed that lncRNAs can be abundant and stable in exosome, which is recently regarded as an important mediator of intercellular communication.<sup>15</sup> Inspired by these evidences, we wanted to screen dysregulated lncRNAs in OS plasma exosomes and investigate their function in OS development. We performed microarray analysis and the result indicated that CASC15 was significantly upregulated in OS plasma exosomes compared with control.

CASC15 is a lncRNA locus in chromosome 6p22 and has been reported as a tumor promoter in several tumors.



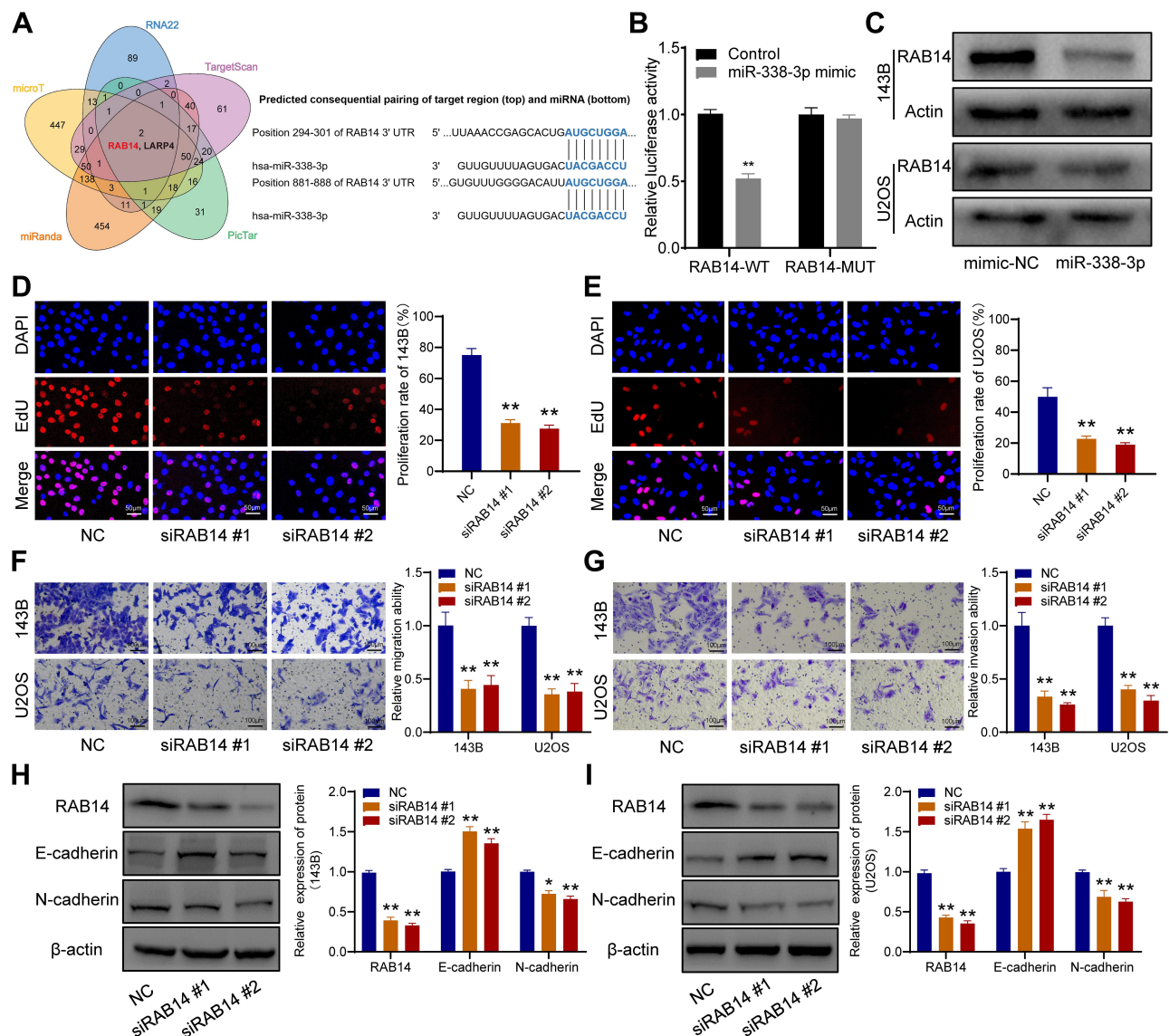


**Figure 5** CASC15 regulated OS progression via acting as miR-338-3p sponge. (**A** and **B**) CCK8 assay for cell proliferation. (**C**) Transwell assays demonstrated that sh-CASC15-mediated inhibition of migration invasion could be reversed by miR-338-3p inhibitor. (**D**) E-cadherin and N-cadherin were detected by Western blot. \* $p < 0.05$  and \*\* $p < 0.01$ .

For example, in gastric cancer, Wu et al found that CASC15 was enriched and could promote tumor progression by targeting CDKN1A and ZEB1.<sup>16</sup> In lung cancer, Bai et al reported that upregulated CASC15 could regulate tumor progression by targeting the miR-766-5p/KLK12

axis.<sup>17</sup> Similarly, we verified that CASC15 was upregulated, and could serve as an oncogene in OS.

Plenty of recent evidences have revealed that lncRNAs could work as miRNA sponges to downregulate the expression of target miRNAs.<sup>18</sup> Accordingly, we used



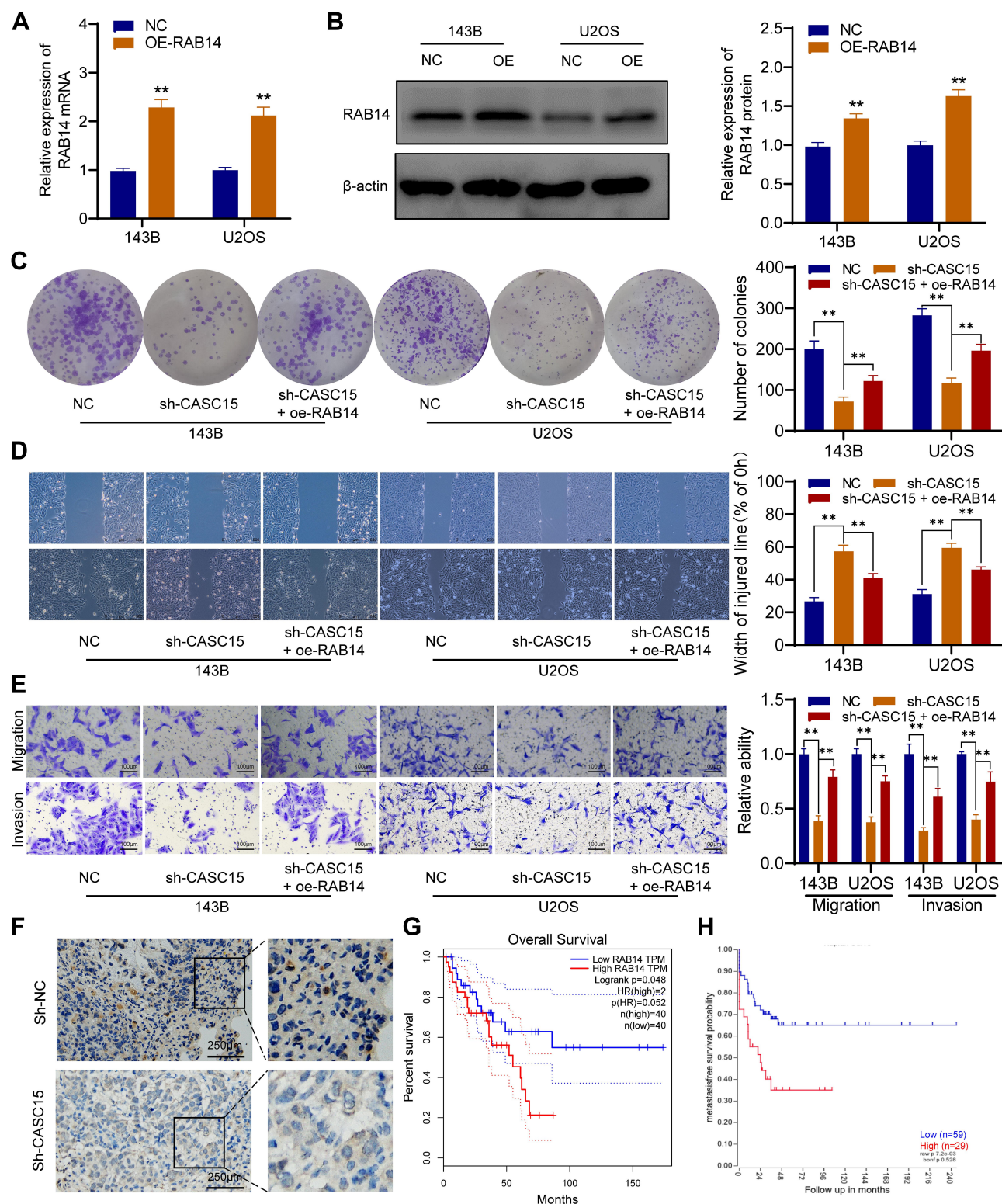
**Figure 6** RAB14 was a direct downstream target of miR-338-3p. (A) Venn diagram of the predicted target genes in five databases (left), and schematic representation of the RAB14 3'-UTR containing the binding site for miR-338-3p (right). (B) The dual-luciferase reporter assay. (C) Western blot showed that miR-338-3p inhibited the expression of RAB14 protein. (D and E) EdU assay indicated that the knockdown of RAB14 significantly inhibited cell proliferation. (F) Transwell assay for migration. (G) Transwell assay for invasion. (H and I) RAB14, E-cadherin, and N-cadherin were detected by Western blot. \*p < 0.05 and \*\*p < 0.01.

bioinformatics prediction tools to predict the downstream target of CASC15, and miR-338-3p was predicted as one of the target genes. Given that aberrantly expressed miR-338-3p has been widely researched either as an oncogene or antioncogene in various tumors,<sup>19-21</sup> and several recent articles also reported that miR-338-3p was lowly expressed in OS tissues,<sup>22,23</sup> miR-338-3p was chosen as a candidate target gene of CASC15 for further verification and research. For example, Jia et al reported that miR-338-3p was downregulated in OS and could inhibit OS progression via regulating RUNX2 and CDK4.<sup>22</sup> And Cao et al demonstrated that poorly expressed miR-338-3p

could be an antioncogene by targeting AHSA1 in OS.<sup>23</sup> As shown in results, our findings also indicated that miR-338-3p was lowly expressed in OS tissues and CASC15 regulated OS development via targeting miR-338-3p.

To further explore the downstream target gene of miR-338-3p, we used five bioinformatics prediction tools to predict, and RAB14 and LARP4 were found as two intersecting genes in all five databases. Recently, RAB14 has been reported as an oncogene in several tumors, including oral squamous cell carcinoma, pancreatic cancer, and bladder cancer.<sup>24-26</sup> And several researches have revealed that miR-338-3p can directly bind to the 3'-UTR of RAB14.<sup>27,28</sup> Thus,





**Figure 7** CASC15 promotes OS cell growth and metastasis by upregulating RAB14 expression. **(A)** Overexpression of RAB14 was verified by qRT-PCR. **(B)** Overexpressed RAB14 was detected by Western blot. **(C)** Colony formation assays showed that RAB14 overexpression could significantly reverse sh-CASC15-induced proliferation inhibition. **(D)** Wound-healing assay. **(E)** Transwell assays for migration and invasion. **(F)** IHC in xenograft samples showed that RAB14 was downregulated in the CASC15 knockdown group. **(G)** GEPIA result showed that patients with high RAB14 expression displayed poorer overall survival rates. **(H)** R2 result indicated there was a significant negative correlation between RAB14 expression and metastasis-free survival probability. \*\*p < 0.01.

we chose RAB14 for further research and confirmed that RAB14 was a direct target gene of miR-338-3p in OS cells. All these results indicated that RAB14 can be released in OS cells due to CASC15 sponges miR-338-3p, and participated in the regulatory network of OS progression.

Furthermore, our results demonstrated that knockdown of RAB14 significantly inhibited the proliferation, migration, and invasion of OS cells, and overexpression of RAB14 could partially reverse CASC15-knockdown mediated proliferation inhibition and metastasis inhibition. Besides, Kaplan-Meier assays revealed patients with highly expressed RAB14 displayed poorer prognosis. Taken together, in OS, RAB14 was confirmed as a key member in the regulatory network of CASC15.

EMT is a crucial process that participated in the metastasis of OS.<sup>27,29</sup> And in the present study, we found that EMT markers E-cadherin and N-cadherin were associated with the expression of CASC15/miR-338-3p/RAB14 axis, indicating that CASC15/miR-338-3p/RAB14 axis can regulate the invasion and metastasis of OS via EMT.

In conclusion, this research demonstrates that CASC15 is upregulated in OS plasma exosomes, and CASC15 knockdown can inhibit osteosarcoma progression by targeting the miR-338-3p/RAB14 axis. Which uncovers a new insight into molecular mechanisms of OS, and highlights the possibility of CASC15 as a biomarker and therapeutic target for OS patients.

## Ethics Statement

This experiment was approved by the ethics committee of Peking University People's Hospital. Animal experiments complied with the ARRIVE guidelines and followed the National Institutes of Health Guide for the Care and Use of Laboratory Animals.

## Funding

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## Disclosure

The authors declare no conflicts of interests.

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