ORIGINAL RESEARCH

PD-I/PD-LI Inhibitor Combined with Chemotherapy Can Improve the Survival of Non-Small Cell Lung Cancer Patients with Brain Metastases

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Introduction: Immune checkpoint inhibitor (ICI) monotherapy has limited efficacy in patients with non-small cell lung cancer (NSCLC) and brain metastases (BMs). With the wide use of ICI-based combinations, the efficacy of different ICI combination strategies in patients with NSCLC and BMs needs to be further elucidated.

Methods: We retrospectively reviewed 526 patients with non-small cell lung cancer (NSCLC) treated with ICIs from January 2016 to December 2019 in the Shanghai Pulmonary Hospital. Patients with BMs treated with ICIs were further divided into two groups: those with BM prior to the ICI treatment (pBM group), and those with BM after the treatment (aBM group). We assessed intracranial progression-free survival (IPFS), systemic progression-free survival (SPFS), overall survival (OS), intracranial objective response rate (IORR), and intracranial disease control rate (IDCR).

Results: We found 77 patients out of 526 with BMs; 69 presented the BMs prior to the ICI treatments and 8 showed BMs after the ICI treatments. In the pBM group, the median IPFS and SPFS were 7.39 months and 5.39 months, respectively. Combination therapy significantly improved both the IPFS (p=0.007) and the SPFS (p=0.007) when compared with monotherapy. Further analysis demonstrated that ICIs combined with chemotherapy significantly improved both the IPFS (p=0.009) and the SPFS (p=0.006) when compared with monotherapy. While ICIs combined with anti-angiogenic therapy improved the SPFS (p=0.005) but not the IPFS (p=0.139). The median OS was 27.43 months for patients in the pBM group. Further analyses suggested that combination treatment also improved the OS when compared with monotherapy (p=0.003). Subgroup analysis results showed that ICIs combined with chemotherapy led to better OS than ICIs monotherapy (p=0.006). Radiotherapy had no significant impact on survival (IPFS p=0.272, OS p=0.142) in the patients of the pBM group.

Conclusion: ICIs combined with chemotherapy demonstrated survival benefits over ICI monotherapy in patients with NSCLCs and BMs.

Keywords: NSCLC, immune checkpoint inhibitors, brain metastases, survival, chemotherapy, anti-angiogenesis

Introduction

The brain is a common metastatic site of NSCLCs; approximately 10% of patients present BMs at the time of diagnosis and approximately 30% of BMs develop subsequently.^{1,2} Patients with BMs have poor survivals, with a median survival of 7 months.³ Several local treatments including metastasectomy and radiotherapy have been widely applied to improve local control, but they decrease cognitive ability

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and quality of life.⁴⁻⁷ Thus, systemic treatments are recommended for patients with asymptomatic or minimal neurological symptoms because these treatments provide disease control for extracranial tumors at the same time.⁸ Inhibitors targeting PD-1 or PD-L1 have achieved great improvements in overall survival (OS) for advanced NSCLC.9-11 However, patients with BM have been excluded from several clinical trials on inhibitors targeting PD-1 or PD-L1 due to their uncertain efficacy for metastatic brain lesions.^{12–14} Recent data have confirmed that immunotherapy is active against metastatic intracranial lesions in cases with NSCLC or melanoma. Furthermore, immune checkpoint inhibitors (ICIs) have been shown to inhibit the incidence of BMs in patients with NSCLC.^{15,16} Several treatment strategies including ICI monotherapy, combination with chemotherapy, and combination with anti-angiogenesis agents have been approved or are being investigated in NSCLCs. But, the most effective strategy for patients with BMs remains unknown. A previous study indicated that the combination of nivolumab with ipilimumab had a better response for intracranial lesions than either ipilimumab or pembrolizumab alone in patients with melanoma and BMs.¹⁷⁻¹⁹ Radiotherapy is very important for BMs. ICIs and concurrent stereotactic radiosurgery. (SRS can improve intracranial control).²⁰⁻²³ Meanwhile, another study showed that radiotherapy combined with ICIs does not provide survival benefits for NSCLC.²⁴ Whether the efficacy of different strategies on intracranial and extracranial lesions is consistent is uncertain, and the question remains: Which strategy is optimal for BMs in patients with NSCLC?

Thus, we retrospectively analyzed treatments and outcomes of patients with NSCLC and BMs who received anti-PD-1/PD-L1-based treatments in the Shanghai Pulmonary Hospital, to find optimal anti-PD-1/PD-L1based treatment strategies for this specific patients' subgroup.

Patients and Methods

We conducted a retrospective study on patients with NSCLC and BMs who received anti-PD-1/PD-L1-based treatment in the Shanghai Pulmonary Hospital from January 2016 to December 2019. BMs were confirmed by either brain magnetic resonance imaging (MRI) or enhanced brain computed-tomography (CT). Anti-PD-1/PD-L1-based treatments were used as single agents or in combination with chemotherapy or anti-angiogenesis agents. Intracranial and extracranial tumor responses

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were evaluated using the Response Evaluation Criteria in Solid Tumors version 1.1 (RECIST 1.1) guidelines. We collected all detailed information about patients from electronic medical records. All patients signed written informed consents. The ethics committee of Shanghai Pulmonary Hospital approved this study. The study was performed in accordance with the International Conference on Harmonisation Guidelines on Good Clinical Practice and the Declaration of Helsinki.

Statistical Analysis

We defined the intracranial disease control rate (IDCR) as the proportion of cases with complete, partial response, or stable disease. The intracranial objective response rate (IORR) was the proportion of patients with complete or partial response. OS was calculated from the date of diagnosis until death due to any cause. Systemic immunotherapy progression-free survival (SPFS) was calculated from the date of the first immunotherapy administration until progressive disease (PD) or death due to any cause. Intracranial immunotherapy progression-free survival (IPFS) was calculated from the date of the first immunotherapy administration until BM progressive disease (PD) or death due to any cause. We applied a Cox proportional hazards regression model to evaluate factors independently associated with OS and IPFS. We selected the variables included in the final multivariate model according to their clinical relevance and statistical significance in a univariate analysis (cutoff p=0.05). We performed statistical analyses using SPSS 25.0 (IBM) and GraphPad Prism version 8.0 (GraphPad Software) for Mac OS.

Results

Patient Baseline Characteristics

In all, 526 patients with NSCLC received ICIs during the study period; 77 presented BMs (69 diagnosed before the ICI treatment [pBM group] and 8 diagnosed after it [aBM group]) (Figure 1). As shown in Table 1, the median age was 59.6 years (range, 33–88 years), 57 patients (74.0%) were men, 46 (59.7%) were never smokers, in the pBM group 53 patients (76.8%) had an ECOG performance status (PS) between 0 and 1, 16 had a PS of 2, and, in the aBM group 7 patients (87.5%) had a PS of 2, 1 (12.5%) had a PS of 0. In the pBM group, 47 patients had adenocarcinoma, 8 squamous carcinoma, and 14 other types of lung cancer (8 had NSCLCs, and 6 large cell carcinoma). In the aBM group, 6 patients had



Figure I Diagram of the study. Abbreviations: BMs, brain metastases; pts, patients; ICI, immune checkpoint inhibitors; CR, complete response; PR, partial response; SD, stable disease; PD, progressive disease; NA, not assessed.

adenocarcinoma and 2 squamous carcinoma. We found EGFR mutations (14/77, 18.2%), ALK rearrangements (2/77, 2.6%), KARS mutations (6/77, 7.8%), and ROS1 rearrangements (1/77.1.3%) in the pBM group and 2 EGFR mutations in the aBM group. In the pBM group, we found 4 patients (5.8%) with PD-L1 expression \geq 50%, 5 (7.2%) with PD-L1 expression between 1 and 50%, 14 (20.3%) with PD-L1 expression $\leq 1\%$, and 46 (66.7%) with unknown PD-L1 status; in the aBM group, 4 patients (50%) had negative PD-L1 expression, and 4 (50%) had an unknown PD-L1 expression status. In addition, in the pBM group 19 patients (27.5%) received ICIs as first-line treatment, 12 (17.4%) as second-line treatment, and 38 (55.1%) as third-line or later treatment; and, in the aBM group, 2 patients (25%) received ICIs as first-line treatment, 1 (12.5%) as second-line treatment, and 5 (62.5%) as third-line or later treatment. In all, 41 patients received brain radiotherapy and 28 did not. Among those who received intracranial radiotherapy, 29 received whole brain radio therapy (WBRT) and 12 SRT. In the pBM group, the treatments included single ICI agent regimen (30 patients, 43.5%), ICI combined with chemotherapy (29 patients, 42%) and ICI combined with anti-angiogenesis (10 patients, 14.5%). In the aBM group, 4 patients (50%) were treated with ICI monotherapy, 2 (25%) with ICI combined with chemotherapy, and 2 (25%) with ICI combined with an anti-angiogenesis agent.

Baseline Characteristics for Intracranial Lesions

We found 16 patients (23.2%) in the pBM group and 3 (27.5%) in the aBM group with maximum tumor diameters ≥ 3 cm. Also, 53 (77.8%) patients in the pBM group and 5 (62.5%) in the aBM group had tumor sizes smaller than 3 cm. We found 19 patients (27.5%) in the pBM group and 3 (27.5%) in the aBM group with separate edemas ≥ 3 cm. Meningeal metastases occurred in 11 patients (15.9%) of the pBM group, but not in the patients of the aBM group. We found 24 patients (34.8%) in the pBM group and 2 (25%) in the aBM group with DS-GPA (disease-specific Graded Prognostic Assessment) scores between 0 and 1, 42 patients (60.9%) in the pBM group and 6 (75%) in the aBM group with DS-GPA scores between 1.5 and 2.5, and 3 patients (4.3%) in the pBM group with DS-GPA scores between 3 and 4. Table 2 shows the detailed data.

We also assessed associations between clinical factors and IPFS or SPFS. We identified ECOG PS, ICI treatment line, and combination strategy as predictive factors for IPFS in the univariate analysis and ECOG PS as an

Table I Patient Characteristics (n=77)

	pBM Group	aBM Group
Characteristic	Total (n=69)	Total (n=8)
Gender, n (%)		
Male	51 (73.9%)	6 (75%)
Female	18 (26.1%)	2 (15%)
Age, median		
<70	62 (89.9%)	5 (62.5%)
≧70	7 (10.1%)	3 (37.5%)
Smoking status, n (%)		
Non-Smoker	40 (58%)	6 (75%)
Smoker	29 (42%)	2 (15%)
ECOG PS		
0-1	53 (76.8%)	1 (12.5%)
≥2	16 (23.2%)	7 (87.5%)
-4	10 (23.2%)	/ (0/.5%)
Tumor Histology		
Adenocarcinoma	47 (68.1%)	6 (75%)
Squamous cell carcinoma	8 (11.6%)	2 (15%)
Other	14 (20.3%)	0
Mutation		
No-mutation	48(69.6%)	6 (75%)
EGFR mutation	12(17.4%)	2 (15%)
KRAS mutation	6(8.7%)	0
ALK mutation	2(2.9%)	0
ROSI mutation	l(I.4%)	0
PD-L1 expression		
NO-detected	46(66.7%)	4 (50%)
0	14(20.3%)	4 (50%)
I-50%	5(7.2%)	. ,
≥50%	4(5.8%)	
Number of prior systemic therapy		
regimens before ICIs		
1	19(27.5%)	2 (25%)
2	12(17.4%)	I (I2.5%)
≥3	38(55.1%)	5 (62.5%)
Liver metastases		
Yes	3 (4.3%)	I (I2.5%)
No	66 (95.7%)	7 (87.5%)
Radiotherapy		,
Radiotherapy NO-Radiotherapy	28 (40.6%)	0
17		
WBRT SRS	29 (42%) 12 (17.4%)	3 (37.5%) 5 (62.5%)
	.= (5 (02.570)
ICIs regimes	20 (42 59/)	4 (50%)
Monotherapy	30 (43.5%)	4 (50%)
Chemotherapy	29 (42%)	2 (25%)
Anti-angiogenic therapy	10 (14.5%)	2 (25%)

Abbreviations: ICI, immune checkpoint inhibitor; PD-LI, programmed deathligand I; WBRT, whole brain radiotherapy; SRS, stereotactic radiosurgery; pBM, patients with brain metastasis prior to ICIs treatment; aBM group, patients with brain metastasis after ICIs treatment.

Table 2 Characteristic of Intracranial Lesion at Start of ICIs

	pBM Group	oup aBM Group p value			
Size of intracranial lesion (maximum diameter)			0.649&		
≥3cm	16(23.2%)	3(27.5%)			
<3cm	53(77.8%)	5(62.5%)			
Edema size			0.895&		
≥3cm	19(27.5%)	3(27.5%)			
<3cm	50(72.5)	5(62.5%)			
Number of total lesions			0.271#		
<3	35(50.7%)	6(75%)			
≥3	34(49.3%)	2(25%)			
Meningeal metastasis			0.493&		
Yes	11(15.9%)	0(0%)			
No	58(84.1%)	8(100%)			
DS-GPA score			0.677*		
0–1	24(34.8%)	2(25%)			
1.5–2.5	42(60.9%)	6(75%)			
34	3(4.3%)	0(0%)			

Notes: *Pearson's chi-squared test; # Fisher's Exact Test; & Continuous correction. Abbreviations: ICIs, immune checkpoint inhibitors; DS-GPA, disease-specific graded prognostic assessment; pBM, patients with brain metastasis prior to ICIs treatment; aBM group, patients with brain metastasis after ICIs treatment.

independent predictive factor in the multivariate analysis. In addition, ECOG PS and the ICI combination strategy were independent predictive factors for SPFS in both the univariate and multivariate analyses (Tables 3 and 4).

Survival Analysis

The median IPFS was 7.39 months (95% CI, 5.70-9.09) for patients in the pBM group. In the pBM group, we compared the survival in patients with ICI monotherapy with that in patients with combination treatments and found better survivals for patients who underwent combination treatment (p=0.007). Further subgroup analyses showed that patients undergoing ICI combined with chemotherapy had better IPFS than those undergoing ICI monotherapy (p=0.009). ICI combined with antiangiogenic therapy resulted in similar IPFS to the ICI monotherapy (p=0.139). The median SPFS was 5.39 months (95% CI, 4.15-6.63) for patients in the pBM group. Combination therapy produced better survivals than monotherapy (p=0.007), and we found similar SPFSs in patients receiving either ICIs combined with chemotherapy or ICIs combined anti-angiogenesis agents (P=0.652) (Figures 2 and 3).

Table	3	Cox	Analysis	of BM	IPFS
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	BM IPFS (pBM Group)							
	Univariate Analysis				Multivariate Analysis			
	HR	95% CI		p value	HR	95% CI		p value
		Down	Up	-		Down	Up	1
Age (≥70 vs <70)	1.67	0.496	5.618	0.408				
Histologic type								
Adeno vs Squamous	1.753	0.404	7.602	0.453				
Adeno vs Other	0.989	0.638	1.535	0.962				
ICIs line, ≥3 vs <3	2.225	1.071	4.621	0.032*	1.441	0.624	3.332	0.393
ECOG PS, 2 vs 0–1	4.485	2.153	9.346	<0.001*	3.247	1.448	7.283	0.004*
Size of intracranial lesion (maximum diameter) (≥3cm vs <3cm)	0.451	0.159	1.282	0.135				
Edema size (≥3cm vs <3cm)	0.474	0.183	1.227	0.124				
Number of total lesions	1.2	0.621	2.32	0.588				
Meningeal metastasis	2.13	0.95	4.776	0.066				
GPA score								
0-1 vs 1.5-2.5	0.924	0.396	2.157	0.856				
0–1 vs 3	0.036	0	15,824	0.615				
Combined with radiotherapy (yes vs no)	0.697	0.36	1.346	0.282				
ICIs regimes (monotherapy vs combined therapy)	0.386	0.196	0.759	0.006*	0.629	0.277	1.425	0.266
Mutation (EGFR mutation vs other mutation)	1.051	0.643	1.718	0.842				
WBRT (yes vs no)	0.794	0.399	1.582	0.512				
SRS (yes vs no)	0.794	0.328	1.919	0.608				
Liver metastasis	1.328	0.316	5.580	0.699				
Gender, n (%) (male vs female)	0.957	0.449	2.04	0.910				

Abbreviations: ICIs, immune checkpoint inhibitors; DS-GPA, disease-specific graded prognostic assessment; ECOG PS, Eastern Cooperative Oncology Group performance status; EGFR, epidermal growth factor receptor; WBRT, whole brain radiotherapy; SRS, stereotactic radiosurgery; pBM, patients with brain metastasis prior to ICIs treatment. *p<0.05.

The intracranial response to immunotherapy was also analyzed. In the pBM group, the IORR was 36.07% (22/ 61) and the IDCR 81.97% (50/61); and, in the aBM group, the IORR was 50% (3/6) and the IDCR 66.7% (4/6) (Figure 4). We found 48 patients (48/77,62.3%) who received radiation (WBRT or SRT), 31 (31/48, 64.58%) prior to ICI treatment and 17 (17/48, 35.42%) after ICI treatment in both groups. We could not assess correlations between the PD-L1 status and the intracranial response due to missing PD-L1 status data.

Our results indicate that radiotherapy has no significant impact on the survival of patients with BMs (IPFS, p=0.272; OS, p=0.142).

The median OS was 27.43 months (95% CI, 22.82– 32.04) for patients in the pBM group. We observed no significant differences in the survivals of patients between the pBM and the aBM groups (p=0.431). We found that the patients undergoing combination treatments had better survivals than those undergoing monotherapy (p=0.003) in the pBM group. We found similar survivals for patients in both combination regimens (p=0.440). We could not assess survival in the aBM group due to the small sample size of the cohort.

Discussion

In this study, we analyzed the response to ICIs of patients with NSCLC and BMs and found that ICI combination treatments result in better IPFS and SPFS than ICI monotherapy. Further analyses suggested that this improvement was mainly due to combinations with chemotherapy (p=0.009) and not with anti-angiogenesis agents (p=0.139). Thus, our results indicate that ICI combination therapy may be superior for metastatic brain lesions than other treatment strategies, but we cannot conclude that ICI chemotherapy combinations are better than ICI anti-angiogenesis combinations due to the small sample size in our anti-angiogenesis cohort arm. However, in agreement with the findings in the report by Gauvain et al,²⁵ we confirmed that ICIs were

Table 4 COX Analysis of SPFS			
	Syster	n-IPFS (pBM Gro	up)
	Univa	riate Analysis	
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	-,							
	Univariate Analysis				Multivariate Analysis			
	HR	95% CI		p value	HR	95% CI		p value
		Down	Up			Down	Up	
Age (≥70 vs <70)	1.248	0.441	3.531	0.667				
Histologic type								
Adeno vs Squamous	1.12	0.431	2.913	0.815				
Adeno vs Other	1.204	0.852	1.702	0.293				
ICIs line, ≥3 vs <3	1.952	1.068	3.567	0.03				
ECOG PS, 2 vs 0–1	3.698	1.777	7.696	<0.001*	3.264	1.766	6.033	<0.001*
Size of intracranial lesion (maximum diameter) (>3cm vs <3cm)	1.096	0.557	2.159	0.791				
Edema size (>3cm vs <3cm)	0.972	0.503	1.877	0.933				
Number of total lesions	1.27	0.718	2.246	0.412				
Meningeal metastasis	1.408	0.668	2.966	0.369				
GPA score								
0-1 vs 1.5-2.5	0.995	0.54	1.834	0.987				
0–1 vs 3	2.423	0.538	10.911	0.249				
Combined with radiotherapy (yes vs no)	0.862	0.484	1.536	0.615				
ICIs regimes (monotherapy vscombined therapy)	0.368	0.206	0.657	0.001*	0.52	0.279	0.967	0.039*
Mutation (EGFR mutation vs other mutation)	0.791	0.272	2.3	0.667				
Liver metastasis	1.210	0.372	3.934	0.751				
Gender, n (%) (male vs female)	1.226	0.647	2.325	0.532				

Note: *p<0.05

Abbreviations: ICIs, immune checkpoint inhibitors; DS-GPA, disease-specific graded prognostic assessment; ECOG PS, Eastern Cooperative Oncology Group performance status; EGFR, epidermal growth factor receptor; pBM, patients with brain metastasis prior to ICIs treatment.

effective to treat intracranial lesions, with similar responses for intracranial and extracranial lesions.

Pembrolizumab and nivolumab as monotherapy showed efficacy against BMs in melanoma and nonsmall cell lung cancer (NSCLC).19,26,27 Combination therapies with ipilimumab have been common in patients with melanoma and BMs, and they result in meaningful intracranial efficacy.^{17,28} Nivolumab and ipilimumab had a CNS response rate of 46%, while nivolumab alone had a CNS response rate of 20%.²⁹ ICI combination chemotherapies have achieved positive extracranial efficacy in many clinical studies of non-small cell lung cancer,^{12,30–32} but those studies have excluded patients with symptomatic or untreated BMs, and intracranial responses have not been reported in patients with NSCLCs. The effect of ICIs combined with chemotherapy on BMs is still uncertain. Our retrospective analysis showed that ICIs combined with chemotherapy produced a better intracranial response than that produced by ICIs alone.

In this study, the combination of ICIs and antiangiogenic therapy resulted in similar IPFS than the combination of ICIs and chemotherapy (p=0.139). Due to the retrospective nature of our study and the small sample, larger studies are needed to further clarify differences between different combination therapies. We are interested in the results of two Phase II clinical trials that are presently recruiting patients, one on combination therapy with pembrolizumab and bevacizumab in patients with BMs and untreated NSCLC or melanoma (NCT02681549) and another one on combination therapy with atezolizumab and bevacizumab for patients with BMs and untreated melanoma (NCT03175432).

Our results showed no OS effects after local brain radiotherapy in the patients of the pBM group. The abscopal effect occurs when local tumor radiation causes regression of distant metastatic sites outside of the radiation field.³³ ICIs have been shown to improve the abscopal effect of radiation in pre-clinical models.^{33,34} Previous studies have shown that concurrent stereotactic



Figure 2 Kaplan–Meier analysis for overall survival in patients with brain metastases according to therapy type. ICI monotherapy, ICI combined therapy, ICI combined therapy, ICI combined anti-angiogenic therapy, and radiotherapy for brain metastases. The respective log-rank P values are shown in the chart. Abbreviation: OS, overall survival.

radiosurgery (SRS)/SRT and ICI treatments produced an OS benefit compared to SRS/SRT alone.^{23,35} Moreover, concurrent administration of SRS and immunotherapy led to better outcomes in terms of response and survival for patients with BMs than non-concurrent SRS or ICI treatments.^{23,36} Ahmed et al reported that SRS for BMs administered during or before ICI treatment led to better 6-month local control rates than SRS administered after ICI treatment in patients with NSCLC.³⁷ Our results were consistent with those by Singh et al, showing that

SRT combined with ICIs produces no significant benefit in the survival or response rate of patients with BMs.²⁴ Concurrent radiotherapy and immunotherapy were not administrated in our study cohort. The patients in our study received either WBRT or SRT (29 patients [42%] received WBRT). Many studies have indicated that concurrent SRT and ICIs can lead to survival benefits in patients with BMs, but few studies have focused on WBRT combined with ICIs. Demaria et al reported that concurrent radiation with ICIs was more effective than



Figure 3 Kaplan–Meier analysis for systemic and brain metastases in intracranial progression-free survival according to therapy type. ICI monotherapy, ICI combined therapy, ICI combined anti-angiogenic therapy, and radiotherapy for brain metastases. The respective log-rank P values are shown in the chart. Abbreviations: IPFS, intracranial immunotherapy progression-free survival; SPFS, systemic immunotherapy progression-free survival; BM, brain metastases.



Figure 4 Intracranial response in the pBM group. This pie chart shows 3 patients with CR,19 with PR, 28 with SD, 11 with PD, and 8 NA (not assessed). The response of intracranial ORR was 31.9%, IDCR 72.5% in prior BM group. Abbreviations: BMs, brain metastases; pts, patients; ICIs, immune checkpoint

inhibitors; CR, complete response; PR, partial response; SD, stable disease; PD, progressive disease; NA, not assessed; ORR, objective response rate; IDCR, intracranial disease control rate.

sequential treatment and that high-dose hypofractionated radiation resulted in a better response.³⁸ Concurrent WBRT with ICIs had no influence on the intracranial

response in our study, but this may be due to the higher proportion of patients receiving WBRT than SRSand to the retrospective nature and relatively small sample size of our study. Whether radiation combined with ICI benefits patients with BMs needs further verification.²²

Overall, in our study, combination therapy with ICIs led to a better OS than monotherapy (p=0.003); antiangiogenic therapy with ICIs and monotherapy led to similar survivals (p=0.086); and ICIs with chemotherapy resulted in a better OS than monotherapy (p=0.006).

In this study, we found an intracranial ORR of 36.07%, which is consistent with reported ones at 27.3%,³⁹ 33%¹⁹ and Goldberg et al reported a brain metastasis response of 29.7% on PD-L1 positive patients,⁴⁰ we failed to analyze subgroup intracranial response and survival based on the expression of PD-L1 due to missing PD-L1 status data, this is also the limitation of this research.

ICIs combined with chemotherapy resulted in better survivals than monotherapy in many studies focused on extracranial lesions.^{30–32} However, these studies excluded symptomatic central nervous system metastases, so we found no data for comparison with ours.

Our results suggest that ICIs can achieve prompt control of both extracranial metastases and BMs in patients with NSCLC. Compared with monotherapy, ICIs combined with chemotherapy showed better survivals for patients with either extracranial or intracranial lesions in our study. Thus, combination of immunotherapy and chemotherapy may delay the need for radiotherapy, reduce the complications of WBRT and SRT (ie, cognitive decline and radiation necrosis, respectively), and improve the quality of life of patients with BM. Our results need to be confirmed in other studies.

Conclusion

ICIs can improve the survival of patients with NSCLC and BMs. ICIs were effective for NSCLC intracranial lesions, especially when combined with chemotherapy. ICIs showed consistent efficacy both for intracranial and extracranial lesions.

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Disclosure

The authors report no conflicts of interest for this work.

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