

Evaluation of Essential and Emergency Surgery Provide in Primary Hospitals of Gedeo Zone and Sidama Region, South, Ethiopia, 2020

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Background: Surgical services at level referral hospitals were an essential part of overall health care. The surgical uhservice was approximated to account for 11% of the worldwide load of disease, with a large percentage of that burden being uncovered in resource-constraint settings. Even though the surgery service is significant and growing across all economic sectors, the majority of resource-limited countries have been unable to provide essential surgical services.

Objective: To investigate the capacity of essential and emergency surgical services in primary hospital facilities in the Gedeo zone and Sidama region.

Methodology: In the Gedeo zone and Sidama region, a cross-sectional study was undertaken in eight district hospitals. By looking at four areas of data: infrastructure, human resources, interventions available, and equipment, a World Health Organization tool for conditional analysis was used to assess a health set-up competence to perform essential surgical and anesthetic procedures. The tool looked for eight different categories of healthcare giving 35 surgical procedures, and 67 different pieces of instruments.

Results: This research found that 48.57% of the 35 essential interventions counted in the test, including cesarean section, were available at all hospitals. Prior to admission, each hospital reported a total of 53 beds, with an average travel distance of 28 kilometers. There were 189 healthcare providers in the eight facilities. According to the research, basic instruments were not always present at all of the sites.

Conclusion: Infrastructure, health profession, service supply, and key instruments and supplies deficiencies reveal major inadequacies in hospitals' capacity to perform EESC and efficiently treat the growing surgical load of disease and damage in primary care.

Keywords: burden of emergency surgery, emergency and essential surgery, emergency and urgent surgical treatment

Background Information

Argent and emergency surgical services belong to procedures that are essential in averting premature morbidity and disability in a positive situation. Surgery management at primary hospitals was an essential portion of thorough health care. The worldwide load of surgical services is constantly increasing, with third-world countries bearing an equal share of the load.¹

According to the report, 321 million surgeries will be necessary for 2010 to alleviate the sickness load of 69% global population. The minimal surgical demand varies by region, rating between 3383 procedures per 100,000 in South America to 6495 in western Sub-Saharan Africa. There were 131,412 surgeries for food-related shortages and 458 million treatments for unexpected accidents in the global surgical demand. Worldwide, an estimated five billion individuals lack immediate, conserve, and low-cost surgery and anesthesia procedures. This condition is magnified in third-world countries, where only 6.5% of surgical activities were undergone in low-income nations. To improve activities for surgical treatments in the poorest nations, a systematic technique is required.^{2,3}

Death and disability rates from curable surgical illnesses remain unacceptably high in the poorest nations. Young adults were disproportionately affected by injuries (vehicle accidents, burns, and falls), infections (osteomyelitis and septic arthritis), and a variety of gastrointestinal problems, which inflict a considerable financial burden on society.

Surgical situations hold up to 11% of all damage-related life years in the world. Providing safe, timely, and effective surgical care is hampered by a lack of infrastructure, as well as a scarcity of physical and human resources.⁴

Ethiopia's maternal mortality ratio (MMR) remains high, according to a recent study. Ethiopia falls short of the millennium development goals (MDGs) objective for maternal mortality ratio, according to the findings. Anesthetic difficulties, postpartum cardiac problems, preterm delivery, maternal hemorrhage, pregnancy-induced hypertension, and maternal septic shock were all among the highest cause of parturients mortality. Argent maternal service, which frequently necessitates conserved and operable surgical and/or anesthetic management, can address these issues.⁵

For decades, Ethiopia has been suffering from a severe scarcity of gynecologists and surgeons. In 2011, 606 total experts were working in the public health sector, with one specialist for every 54,000 people. The majority's lack of access to these specialists is likely to have played a role in the high maternal and neonatal death and morbidity rates.⁶⁻⁸ Assessing the capacity of Gedeo zone and Sidama region hospitals for essential and emergency surgical care is the research question.

Materials and Methodology

Study Area, Design, and Period

The study was carried out in the Gedeo zone and Sidama region. Gedeo zone is found in Southern Nation Nationalities and Peoples Regional (SNNPR) states of Ethiopia at 359 km Southern of Addis Ababa (the capital city of Ethiopia). It has five woredas and two city administrations. There are 3 primary hospitals. Sidama region is found in Southern states of Ethiopia at 269 km Southern of Addis Ababa. There are 13 primary hospitals. The distribution of resources to the primary hospitals from the government was almost similar throughout the country. From May to July 2020, a cross-sectional investigation was undertaken. The Dilla University institutional review board provided ethical clearance. Every hospital that was involved in the project gave their informed consent. All active operating rooms in Gedeo and Sidama hospitals were involved in the study, while hospitals categorized for the corona treatment were excluded from the study. In the Gedeo zone and Sidama region, there were 16 primary hospitals. Eight hospitals were chosen by lottery from a pool of 16, giving all primary hospitals a 50% chance of being included in the trials. Argent and essential surgical service (AEES) capacity were assessed from hospitals in the Gedeo zone and Sidama area using the WHO integrated management for argent and critical surgical care (IMEESC) toolbox. Infrastructure, health professionals, and EESC instruments and supplies were investigated to evaluate the hospitals' efficiency. The tool checks for eight⁸ different kinds of service providers, 35 surgical management, and 67 different pieces of instruments. The tool was provided to eight government hospitals in the Gedeo zone and Sidama region, and trained data collectors finished it at whole health services.¹⁰ After the data was collected, it was manually checked for mistakes before being imported into the software for evaluation. The indices were calculated using descriptive statistics.

Result

Wando primary hospital had the highest population service of over 200,000 people, followed by Cheffe primary hospital with around 170,000 people (Table 1).

The majority of the district hospitals in the Gedeo zone and Sidama region were served by clinical officers who provided surgery (Table 2).

Regarding the availability of infrastructure and health resources, there was a shortage of Functional x-ray machines and anesthesia machines (Table 3).

Only 48.57% of the 35 critical interventions indicated in the checklist were available at all facilities, including cesarean section. Not all hospitals, give services for fistula treatment, stricture dilatation, and club foot correction (Table 4).

There was frequently a shortage of capital outlays for resuscitation in Gedeo & Sidama zone hospitals. Sterile gloves, airway and disposable gloves are frequently in shortage (Table 5).

Splints for arms, and legs, Waste disposal containers, and Eye prevention were frequently in shortage in primary hospitals (Table 6).

Cricothyroidotomy set, Magill forceps, endotracheal tube, laryngoscopy, and IV infuser bag were frequent shortages in hospitals (Table 7).

Table 1 Profile of Surveyed Hospitals. (n=8)

Indicators Evaluated Hospitals Name	Geddeb	Chaffe	Bule	Wenago	Hulla	Chiri	Chukko	Wando
The approximate community got care	110,000	170,000	125,000	130,000	170,000	120,000	150,000	200,000
Number of tables	35	55	45	40	65	47	65	70
Number of admissions (per year)	450	620	500	550	750	650	800	950
Number of working operating theater	1	1	1	1	1	1	1	1
Number of patients who need surgery (per year)	90	120	85	95	130	75	135	145
Number of pediatrics (<15 years) who need surgery (per year)	30	45	40	35	55	30	48	54
Number of clients referred to referral hospitals (per year)	50	60	30	40	65	45	70	80
Total distance traveled to the hospitals (km)	35	25	23	18	28	22	30	45
Total distance traveled if referred anywhere (km)	40	36	48	60	43	55	65	89

Table 2 Health Care Profession Profile in Gedeo Zone and Sidama Region Hospital 2020

Workforce	Total Full-time worker
The general physician performing surgery	2
Anesthesiologists	0
Obstetrician	2
General doctors giving surgical care	0
General doctors giving anesthesia care	0
The clinical officer giving anesthesia care	17
The clinical officer giving surgical care	13
Midwives/paramedics	155

Table 3 Availability of Infrastructures and Health Resources in Gedeo Zone and Sidama Region Hospital. (N = 8)

	All the Time	Sometimes	Not Available
Oxygen supply	4	4	0
Water service	2	6	
Electric power	8	0	0
Working anesthesia machine	5	3	0
Record sheet	8	0	0
Blood supply	8	0	0
Hematocrit and renal investigation	2	3	3

(Continued)

Table 3 (Continued).

	All the Time	Sometimes	Not Available
Working x-ray device	2	2	4
Working saturation device	3	5	0
Treatment manual for anesthesia care	3	3	2
Treatment manual for surgical care	4	3	1
Treatment manual for emergency service	3	0	5
Treatment manual for pain management	6	0	2
The area designated for emergency service	8	0	0
The area designated for post-operative management	4	0	4

Table 4 Availability of Surgical Management in the Geddo Zone and Sidama Region (N = 8)

	Available	Not Available
Resuscitation (airway, shock, venous cut down)	8	0
Cricothyroidotomy/Tracheostomy	0	8
Chest tube insertion	3	5
Removal of foreign body (throat/eye/ear/nose)	8	0
Burn treatments	8	0
Abscess drainage	8	0
Suturing (wound, episiotomy, and vaginal tear)	8	0
Wound debridement	8	0
Cesarean section	8	0
Dilation and curettage/vacuum extraction	8	0
Obstetric fistula repair	0	8
Tubal ligation/vasectomy	4	4
Biopsy (lymph node, mass, other)	2	6
Appendectomy	8	0
Herniorrhaphy	8	0
Hydrocelectomy	8	0
Cystostomy	6	2
Urethral stricture dilation	0	8
Laparotomy	8	0
Male circumcision	8	0

(Continued)

Table 4 (Continued).

	Available	Not Available
Neonatal surgery (colostomy, intussusception)	0	8
Cleft lip repair	0	8
Club foot repair	1	7
Contracture release/skin graft	2	6
Closed management of the fracture	8	0
Open management of fracture	4	4
Joint dislocation managements	8	0
Drainage of osteomyelitis	8	0
Amputation	1	7
Cataract surgery	0	8
Regional anesthesia block	0	7
Spinal anesthesia	8	0

Table 5 Availability of Capital Outlays for Resuscitation in Gedeo Zone and Sidama Region Hospitals (N = 8)

	Absent	Available with a Frequent Shortage	Fully Available
Resuscitator bag valves and mask (adult)	0	1	7
Resuscitator bag valves and mask (pediatrics)	0	2	6
Stethoscope	0	0	8
Suction machine		2	6
Blood pressure calf	0	0	8
Temperature equipment	0	3	5
Scalpel with blades	0	2	6
Retractor	0	4	4
Scissor	0	4	6
Oropharyngeal airway (adult size)	0	3	5
Oropharyngeal airway (pediatric size)	0	4	4
Forceps, artery	0	5	3
Glove (sterile)	0	3	5
Glove (examination)	0	4	4
Needle holder	0	3	5
Sterilizer	0	7	1
Vaginal speculum	0	5	3

Table 6 Availability of Renewable Supplies for Resuscitation in Gedeo Zone and Sidama Region Hospitals (N = 8)

	Absent	Available with Frequent Shortage	Fully Available
Nasogastric tubes	0	0	8
Light source	0	1	7
Fluid infusion equipment	0	0	8
Cannula	0	0	8
Syringes (disposable)	0	0	8
Sharps disposal material	0	0	8
Tourniquet	0	3	8
Needles and stitch	0	2	6
Splints for arm, leg	2	5	1
Catheter	0	2	6
Waste disposal container	0	4	4
Face mask	0	2	6
Eye prevention	4	2	2
Prevention gown/aprons	1	3	4
Soap	0	2	6

Table 7 Availability of Supplementary Equipment for Resuscitation in Gedeo Zone and Sidama Region Hospital, 2020 (N = 8)

	Absent	Available with a Frequent Shortage	Fully Available
Magill forceps (adult)	5	2	1
Magill forceps (pediatrics)	6	2	0
Endotracheal tubes (adult)	0	3	5
Endotracheal tubes (pediatric)	0	4	4
IV infuser bag	5	3	0
Chest tubes insertion equip	1	3	4
Laryngoscope (adult)	0	5	3
Laryngoscope (pediatric)	0	3	5
Cricothyroidotomy set	6	2	0

Discussion

Only 48.57% of the 35 emergency and necessary surgical operations mentioned in the WHO tool, such as cesarean section, were available at all facilities, according to our findings. Not all hospitals, on the other hand, provided fistula treatment, stricture dilatation, and clubfoot correction. When compared to a previous study done in the Amhara region, which found that 51.4% of basic surgical services in primary hospitals were covered, our findings show that a low percentage of basic emergency and essential surgical services were covered by primary hospitals.⁹

A well-functioning surgical system could assist to reduce the global disease burden significantly. Injury claims the lives of almost 5 million people each year, and many more are permanently crippled. For patients with surgically curable illnesses, there are significant differences in service between developed- and developing nations. Even though third world nations account for 70% of the worldwide people, a study of the global load of surgical procedures found that only 26% of expected surgical services were done in these nations.^{10,11}

This study discovered a serious scarcity of basic infrastructure and qualified human resources needed to provide surgical care, which is consistent with previous studies in Sub-Saharan Africa. There was a severe lack of flowing water, hematocrit and urine testing, a functioning x-ray device, and a functioning saturation measure device. According to the research, vital instruments were not always present in the whole area. Systemic adjustments in the health profession, supplies/equipment, and infrastructure were necessary to reduce mortality from surgically curable conditions.^{12,13}

To ensure the availability of critical equipment and materials, a functioning healthcare system requires proper planning and a procurement structure. Saturation measuring devices and anesthetic devices were not always operational or available in several of the institutions. According to a recent survey, approximately 58.47% of surgical rooms in Sub-Saharan Africa (SSA) shortage of saturation measuring devices.¹⁴ These findings show that a scarcity of critical equipment could threaten the safety of patients having surgery. Recognizing Ethiopia's unmet surgical care needs, Ethiopia has devised special surgical care preparation approaches, which emphasize lifesaving surgery (SaLTS). In different hospitals in Ethiopia, these guidelines increase the safety of essential and urgent surgery and anesthesia care. There has been no systematic evaluation of surgical service competence in our country regarding equipment and care service at a different portion of the healthcare facilities to date.¹¹

This finding indicates that primary hospitals lacked EES services, implying that the ministry of health should establish guidelines for dealing with lacked service. Of course, the ministry of health developed unique surgical system development methodologies that focus on saving lives through safe surgery (SaLTS). At all levels of the healthcare system, this national initiative aims to improve access to safe, required, and emergency surgical and anesthetic services. So far, no comprehensive assessment of surgical care capability in Ethiopia has been conducted in terms of physical resources and service supply at various levels of the health care system, especially in primary hospitals which were found in rural areas.⁶ Therefore, this finding gives a clue for the development of new guidelines or improving this SaLTS system for the early management of such conditions.

Conclusion

Shortages in infrastructure, health professionals, care provision, and key instruments and supplies reveal major disparities in hospitals' capabilities to deliver EESC and effectively treat the growing surgical load of disease and injury in primary hospitals in the south part of Ethiopia. The necessity for continuing investment in EESC infrastructure, instruments, and supplies, as enough qualified surgeons, anesthesiologists, and obstetricians/gynecologists, is highly important in this survey.

Abbreviations

EESC, essential emergency surgical care; IMEESC, integrated management for emergency & essential surgical care; MSc, Master of Science; WHO, World Health Organization.

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Disclosure

The authors report no conflicts of interest in relation to this work.

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