AFAM QUARANTINE SURVIVAL GUIDE

A collection of literature, poems, entertainment, recipes, exercises, meditations, and activities that can be enjoyed at home and indoors during the quarantine, curated by the AFAM community.

THE RIGHT TO BE RADICAL: UPLIFTING THE LIFE





VIDEO

<u>Worrying The Mask: The Politics of</u> <u>Authenticity and Contemporaneity in</u> <u>the Worlds of African Art (2020)</u>



STREAMING NOW

INCORRUPTIBLE

Streaming on: Netflix In the streets of Senegal, a youth movement rises up against a regime bent on retaining power in this chronicle of the nation's stormy 2012 elections.

4 LITTLE GIRLS

Streaming on: Hulu On Sunday, September 15, 1963, the 16th Street Baptist Church in Birmingham, Alabama, was bombed by four members of a Ku Klux Klanaffiliated racist group. Addie Mae Collins, Denise McNair, Carole Robertson and Cynthia Wesley, four African-American girls between the ages of 11 and 14 who had been attending the church's Sunday school, were killed in the blast. Director Spike Lee's somber 1997 documentary tells the story through new interviews and archival footage.

THE BRANT FOUNDATION | JEAN-MICHEL BASQUIAT



Curated by Dr. Dieter Buchhart, and bringing together work from across the entirety of Basquiat's career, the exhibit explores themes including Basquiat's tackling of racial inequality and representation, his use of language and his transformation of every day objects.

NORTH AFRICAN BEAN STEW WITH BARLEY AND WINTER SQUASH

⅓ cup extra-virgin olive oil, more for serving 2 leeks, white and green parts, diced

1 bunch cilantro, leaves and stems separated 1 cup finely diced fennel, fronds reserved (1/2 large fennel bulb)

3 garlic cloves, finely chopped

- 2 $\frac{1}{2}$ tablespoons baharat (see note)
- 1/2 cinnamon stick
- 2 tablespoons tomato paste
- 2 quarts chicken or vegetable broth
- 1/2 cup pearled barley
- 2 ½ teaspoons kosher salt, more as needed Large pinch saffron, crumbled (optional)
- 4 cups cooked beans or chickpeas

2 cups peeled and diced butternut squash (1 small squash)

34 cup peeled and diced turnip (1 medium) 1⁄2 cup red lentils

Plain yogurt, for serving Aleppo pepper or hot paprika, for serving

MUSIC: NPR TINY DESK CONCERT













INTERESTING READS



HEIRLOOMS BY BRYAN WASHINGTON

Once, maybe three years in, I asked Mike if he wanted kids. We were at a pub in the Heights, watching two drunk white boys fall all over each other. One of them would stand up from his barstool, and the other guy would catch him. Then the other guy would stand, and they'd repeat the performance.Mike had already finished his beer, but he managed to spit some up anyway.It was around this time that we had the monogamy conversation. Mike was the one who brought it up.



<u>ESCAPE FROM NEW YORK BY</u> ZADIE SMITH

He could not get over how well he was handling the apocalypse so far. Sure, he was terrified, but, at the same time, oddly elated and—vitally—not especially medicated, for his assistant had all his stuff, and he hadn't told her he was escaping from New York until they were already on the road, fearing his assistant would try to stop him, as she usually tried to stop him doing the things he most wanted to do.

WHITE EYES

PRESSURE ON AFRICAN WRITERS TO AVOID THE CRITICISM OF POVERTY PORN LIMITS THE IMAGINATION OF THE WRITER AND THE ABILITY TO SPEAK TRUTH TO POWER.

ART AND THE POLITICIZATION OF AFRICAN BODIES

THE PAINTER THENJIWE NIKI NKOSI SPEAKS TO DREW THOMPSON ABOUT THE EVOLUTION OF HER PRACTICE AND HOW SHE LOCATES HERSELF IN CONTEMPORARY AFRICAN ART.

By Emeka Joseph Nwankwo

By Thenjiwe Niki Nkosi