



FitRec FitPass

February 3 - May 2, 2025

Day	Time	Class	Instructor	Location
Monday	5:30-6:30pm	Deep Stretch and Foam Roller Yoga	Kyleigh G.	L126/128
	5:45-6:30pm	Sunset Spin	Abby O.	L138
	6:00-7:00pm	Barre Pilates Fusion	Hannah F.	L131/132
	6:15-7:00pm	Wild Card-IO Dance	Brooke V.	L137
	6:30-7:30pm	Core Intensive Yoga	Adeline G.	L126/128
	7:15-8:00pm	Core & More	Brooke V.	L137
Tuesday	5:30-6:30pm	Zumba	Raul N.	L137
	6:00-6:45pm	Strength 45	Kristina S.	L131/132
	6:00-7:00pm	Vinyasa Yoga	Charles P.	L126/128
	7:00-7:45pm	Total Body Dumbbell	Mia H.	L137
Wednesday	7:15-8:00am	Sunrise Spin	Jashan G.	L138
	5:30-6:15pm	TRX Circuit	Alex S.	L137
	6:00-7:00pm	Barre Pilates Fusion	Hannah F.	L131/132
	6:30-7:30pm	Deep Stretch Yoga	Bekah S.	L126/128
Thursday	5:30-6:15pm	Zumba	Sandra G.	L137
	6:00-7:00pm	Yoga Pilates Fusion	Eva S.	L126/128
	6:15-7:00pm	Total Body Conditioning	Jashan G.	L131/132
	7:00-7:45pm	Barreless Barre	Naomi G.	L137
	7:00-8:00pm	Yoga Sculpt	Eva S.	L126/128
Friday	4:00-4:45pm	Sunset Spin	Guido M.	L138
	5:00-5:45pm	Cardio Kickboxing	Guido M.	L137
Saturday	10:30-11:30am	Yoga Basics	Adeline G.	220
Sunday	10:15-11:00am	Spin the Decades	Emma C.	L138

TRY FITPASS FOR FREE!

February 3 - February 9

Contact us:

fitness@bu.edu | 617-358-3760

bu.edu/fitrec/fitpass

FULL-TIME STUDENTS/MEMBERS

\$130

NON-MEMBERS

\$150

FITPASS IS INCLUDED FOR ALL
6-MONTH AND ANNUAL MEMBERS

