

LANGUAGE OF THE MONTH

# Portuguese

**Acing Your  
Language Class**

Tips & Best Practices

**"Os limites da minha língua  
significam os limites do meu mundo"**

*"The limits of my language  
mean the limits of my world"*

**Language of the Month  
Film Discussion**

**Add to Your  
Playlist and  
Watchlist**

Songs and  
Movies

**Student  
Spotlight**

**Eating Authentically  
in Boston**

Restaurant  
recommendations  
and recipes to try

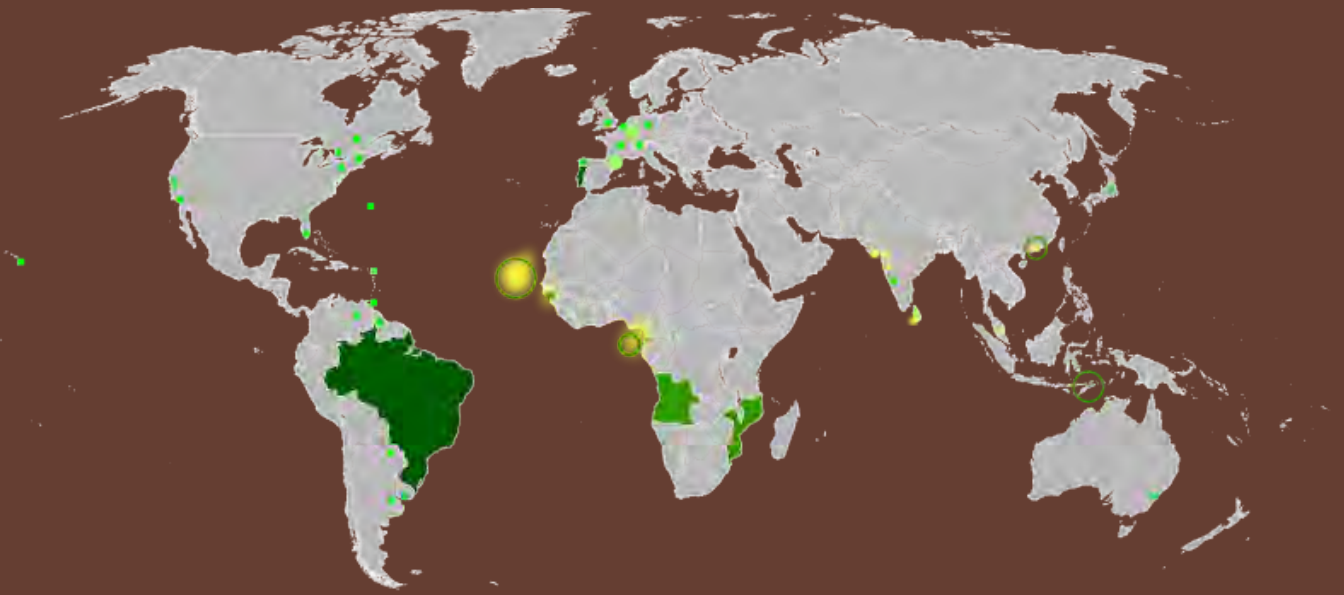
**Literature and  
Authors**

**ISSUE NO. 8**



Educational Resource Center

# Study Portuguese at BU



Watch this [video](#) to learn about the BU Portuguese Program and how it can enhance your education at BU.

For more information on the [Portuguese program](#), contact Dr. Célia Bianconi, Coordinator of the Portuguese Language Program and Master Lecturer in Portuguese via [email](#).



# PRACTICE PORTUGUESE

with the ERC



The ERC offers Language Link for Portuguese! Language Link hosts several informal, half-hour discussions over Zoom each week. Sessions are led by a native speaker and are offered at three different levels: novice, intermediate, and advanced. New sessions will be available starting in September!

# Spotlight

## PORTUGUESE LANGUAGE LINK LEADER



## Marina Barros QST '23

Meet our Portuguese Language Link Leader, Marina. In addition to her role with Language Link, in her free time, Marina can be found listening to music and painting.



# Q&A

## A CONVERSATION WITH PORTUGUESE LANGUAGE LINK LEADER, MARINA BARROS

### **Why did you choose to become a Language Link Leader?**

I want to be a resource for someone who is not yet confident in speaking the language and create a space with no judgement. I want to help students become more comfortable speaking Portuguese. I love doing it because meeting students is so fun, and I have a variety of students, including other sophomores and juniors. One time, a Spanish professor came in to practice.

### **Why is learning the culture of a language just as important as the language itself?**

It helps to learn the behaviors and phrases of a culture. You can't really use the language and apply it to a culture if you don't learn the culture behind the language.

### **What's your favorite aspect of Portuguese culture?**

I love how friendly and welcoming Brazilian and Portuguese-speaking people are, even though it is common in a lot of other cultures, it is especially present in the Portuguese-speaking community.

### **What are your favorite snacks ?**

When I go home, I make my mom make some of my favorite Brazilian snacks: Brigadeiros, and Pão de queijo (check out the recipes on page 7).

# June holidays in Portuguese speaking countries!

June 1



**Youth Day (Dia da Criança)** is a public holiday in Cape Verde on June 1 and is a day to honor the role that young Cape Verdeans play in the present and future prosperity of Cape Verde.

June 10



**Portugal Day** is a national holiday in Portugal, which pays tribute to the great poet, Luís Vaz de Camões, who died in 1580 and whose work helped chronicle and preserve Portuguese culture.

June 12, June 23,  
June 24 & June 29



**The Festa Juninas** are celebrations that take place in the month of June in most of Portuguese speaking countries. The three popular saints remembered are: Santo Antônio, São Pedro and São João. Traditionally, the June festivities begin on June 12, the eve of St. Anthony's Day and end on June 29, St. Peter's Day. On the June 23 and 24, St. John's Day is celebrated.

June 25



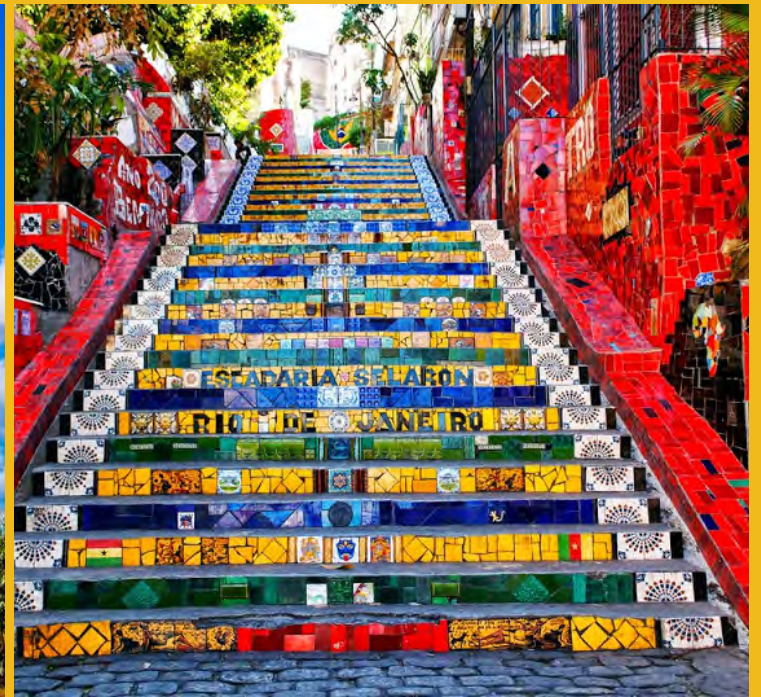
**Independence Day (Dia da Independência Nacional)**, is a national holiday that celebrates Mozambique's independence from Portugal on June 25, 1975.





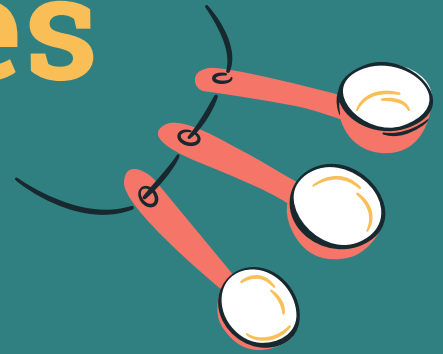
# DISHES TO TRY

Learn more about specialties from  
[Cape Verde](#), [Portugal](#), [Mozambique](#), and [Brazil](#).





# Featured Recipes



Brigadeiro is a popular Brazilian dessert made with sweet condensed milk, chocolate powder, and sprinkles.

(Brazilian Kitchen Abroad, 2019)

Pão de queijo, or cheese bread, is a Brazilian snack that is crunchy on the outside, soft and chewy on the inside.

(Brazilian Kitchen Abroad, 2017)





# Eating Authentically

Check out these restaurants in and around Boston for some authentic food from Portuguese-speaking countries

**Cape Verdean food is largely influenced by Portuguese, Southern and Western European, and West African cuisine:**



- [Restaurante Cesaria](#) (Boston)
- [Churrascaria Vulcão](#)- Cape Verdean & Portuguese restaurant (Boston)
- [Nos Casa Cafe](#) (Roxbury)

**Portuguese food is a Mediterranean cuisine with warm vibrant spices. It is often cooked over coal and branded with white-hot irons:**



- [Restaurant Casa Portugal](#) (Cambridge)
- [Portugalia](#) (Cambridge)
- [The Neighborhood Restaurant & Bakery](#) (Somerville)
- [J and J Restaurant](#) (Somerville)

**Brazilian cuisine varies from region to region but largely consists of fresh meat and fish**



- [Theo's Cozy Corner Restaurant](#) (Boston)
- [Brasil Brazil](#) (East Boston)
- [Moqueca Restaurant](#) (Cambridge)
- [Oliveira's Steak House](#) (Somerville)
- [Cafe Brazil Bakery](#) (Allston)

# New England Excursions



**1** **MassArt Art Museum** Portuguese artist Joana Vasconcelos' installation, *Valkyrie Mumbet*, is created from colorful textiles from places like Mozambique. The museum is currently closed, but you can enjoy a 3-D tour via their [website](#).

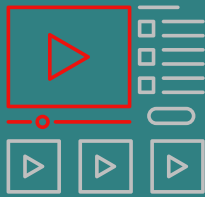
**2** **Museum of Madeiran Heritage** is a collection of photographs, artwork, and memorabilia that honors the tradition and the legacy of Madeirans who have been coming to the United States for generations.

**3** **The Clark Art Institute's Art Worlds of Brazil / Os Mundos da Arte no Brasil** pre-recorded lectures, available September 2020 - June 2021, anticipate the 35th Comité International d'Histoire de l'Art World Congress: "Motion: Migrations" to be held in São Paulo August 2-6, 2021.

**4** **Cape Verdean Museum** is dedicated to celebrating the history and culture of Cape Verde and Cape Verdean Americans.



# Watchlist: Films



**1** ***Comboio de Sal e Açúcar (Train of Salt and Sugar)*** During a very dangerous train journey through war torn Mozambique, civilian passengers are both protected and harassed by a troop of ill-disciplined soldiers who are on board to fight off a rebel army in the bush. All must work together to repair sabotaged track and reach safety. Watch via [BU Libraries](#)

**2** ***Rich in Love*** Rich kid, Teto, is determined to prove himself to Paula, his love interest. But when he tells her he grew up poor, the lie spins out of control. Watch via [Netflix](#)



**3** ***Casa De Lava*** The film tells the story of Mariana, a nurse who leaves Lisbon to accompany an immigrant worker in a comatose sleep on his trip home to Cape Verde. The devoted Portuguese nurse took a journey only to find herself lost in abstract drama. Watch via [BU Libraries](#)

**4** ***Udju Azul di Yonta (The Blue Eyes of Yonta)*** A beautiful, intelligent and flirtatious young girl, Yonta, is secretly in love with a friend of her parents, Vicente, a hero of the war of independence. Vicente is unaware of her passion as she is of the love of a young man who sends her anonymous love letters. Watch via [BU Libraries](#)

## TV Shows



**5** ***Invisible City*** After a family tragedy, a man discovers mythical creatures living among humans. He soon realizes they hold the key to his mysterious past. Watch via [Netflix](#)

**6** ***Girls from Ipanema*** A 1950s housewife goes to Rio de Janeiro to meet up with her husband only to learn that he's deserted her. She decides to stay and open a bossa nova club. Watch via [Netflix](#).



**7** ***Omniscient*** In a city where citizens are monitored 24/7, a tech employee must outsmart her surveillance drone in order to investigate a murder. Watch via [Netflix](#)

# Language of the Month Film Discussion

## *The Way He Looks*

Tuesday, June 29 from 6-9pm ET

Join the ERC, BU Libraries, and BU Pride Month 2021 on Tuesday, June 29 from 6-9pm ET. We'll begin with a brief introduction and welcome by a guest speaker from BU's faculty and staff. Folks will then have time to watch the film on their own via BU Libraries before a post-film debrief & discussion at 8:00 pm ET. Register via Zoom by selecting the June 29 session.

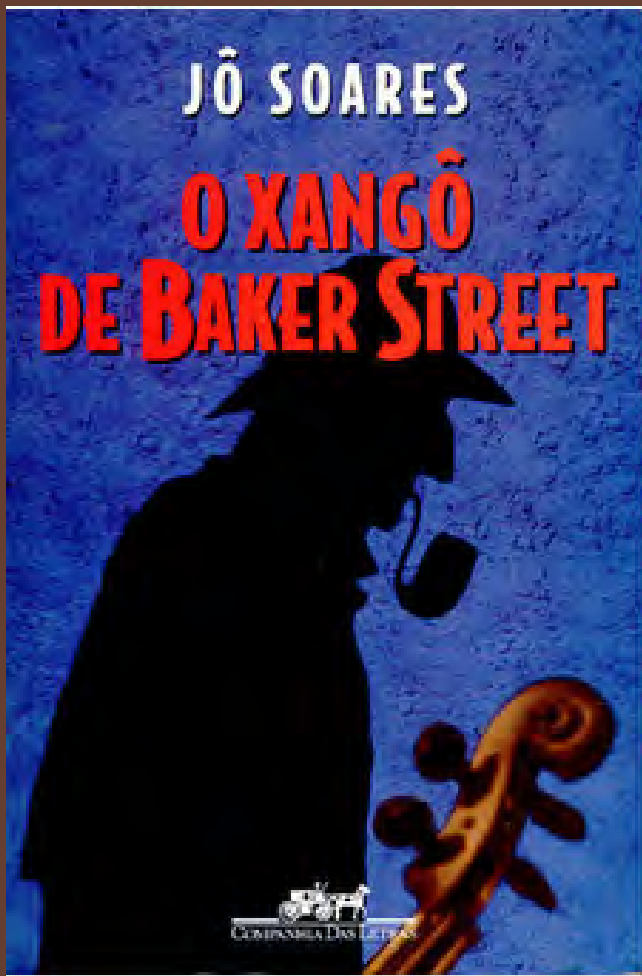


Leonardo is a blind teenager searching for independence. His everyday life, his relationship with his best friend, Giovana, and the way he sees the world change completely with the arrival of Gabriel (IMDb).



# LITERATURE

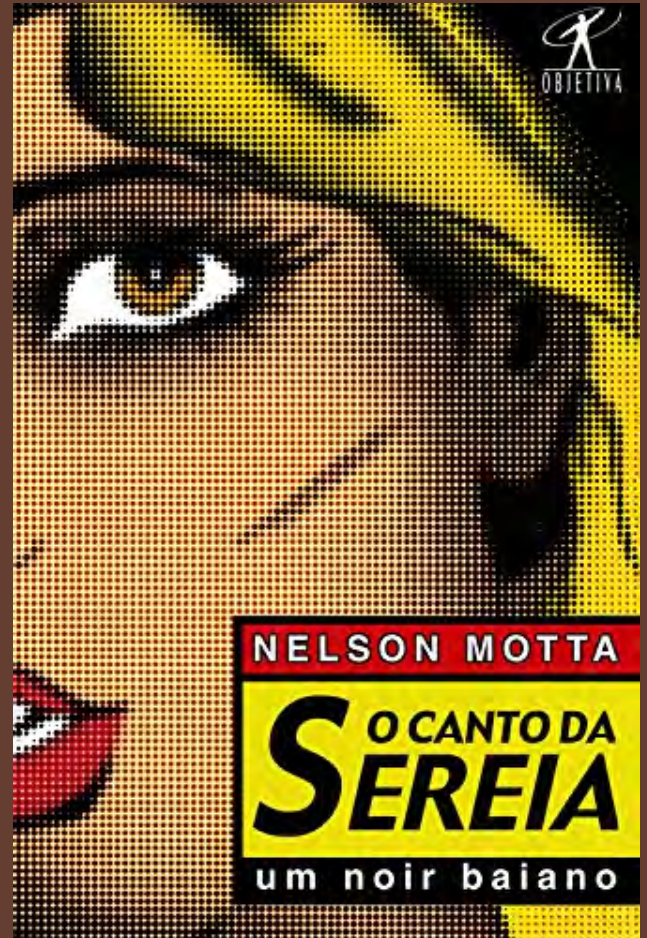
## Recommendations



*O xangô de Baker Street*

by Jô Soares

Learn more from [Goodreads](#)



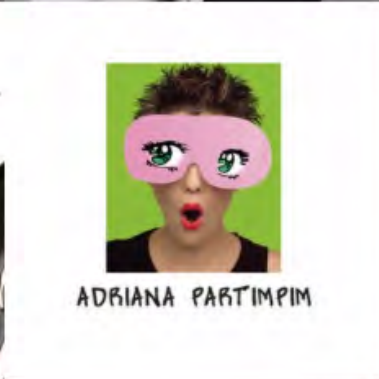
*O canto da Sereia: Um noir baiano*

by Nelson Motta

Learn more from [Goodreads](#)



# MUSIC



Check out our LOM Portuguese playlist, created by Marina, our Portuguese Language Link Leader.

	Velha Infância - 2004 Digital Remaster Tribalistas	Tribalistas
	Era uma Vez Kell Smith	Girassol
	Nossa Conversa Kell Smith	Girassol
	Porque Eu Te Amo ANAVITÓRIA	O Tempo É Agora
	Fico Assim Sem Você Adriana Partimpim	Adriana Partimpim
	Batom de Cereja - Ao Vivo Israel & Rodolfo	Aqui e Agora, Vol.1 (Ao Vivo)
	Seu Anjo Balara	Depois De Um Longo Caminho
	Saudade de Você - Ao Vivo BFF Girls, Dilsinho	Geração BFF (Ao Vivo)
	Sobre Nome Amor Cassiano Andrade, Jorge Vercillo	Sobre Nome Amor



# Activity

Try your hand at Portuguese Crosswords! at different levels



## Did You Know?

**Portuguese is strongly influenced by Arabic.** Spain was under Moorish rule from 700 to 1500 CE, and this profoundly affected Portuguese, as well. As a result, hundreds of Portuguese words come from Arabic. Many of these Arabic-derived words start with “al”, such as almofada (pillow).