

CURRICULUM VITAE

PERSONAL

Rose Adams, OTD, OTR/L

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FORMAL EDUCATION

- OTD Boston University Boston, MA (08/25/2022)
 Title of Doctoral Project: Song-based Interventions for Navigating Gains in
 Occupational Therapy (SING-OT)
- M.S. Long Island University Brooklyn, NY (09/23/2005) *Magna cum laude*
 Major: Occupational Therapy
 Minor: Psychology
- B.S. Long Island University Brooklyn, NY (09/23/2005)
 Major: Occupational Therapy

CREDENTIALS

Registered Occupational Therapist by the National Board for Certification in
Occupational Therapy (NBCOT)

LICENSED

Licensed Occupational Therapist, (New York)

TEACHING ACTIVITIES

04/2020- Present

Online Guest Lecturer, Manhattanville College

Course: EDU 5083: Assessment in Early Childhood Education and Assessment in
Physical and Occupational Therapy

Topic: Occupational Therapy Assessments

10/2020, 10/2021, 10/2022

Online Guest Lecturer, Boston University

Course: OT 529: Occupations Across the Life Course

Topic: Family-Centered Care, Childhood Occupations

11/2017- 11/2020

Online Guest Lecturer, Villa Maria College

Course: OTA 203: OT in Developmental Settings

Topics: Pediatric Assessments, Fine Motor Development and OT Interventions

POSITIONS HELD

09/2022 – Present

Contributor, Exceptional Needs Today

- Write column dedicated to addressing the everyday challenges which young children face and providing support to caregivers and parents, educators, and other professionals in navigating these challenges.

05/2020 – Present

Occupational Therapist, Abilities First Inc.

- Provide in-person and telehealth occupational therapy services for preschool students with sensory differences, visual impairments, autism spectrum disorder (ASD), cerebral palsy, down-syndrome, and other developmental disabilities.
- Conduct monolingual and bilingual occupational therapy evaluations using the Peabody Developmental Motor Scales-2nd Edition (PDMS-2), Beery VMI, 6th Edition, and Sensory Profile 2.
- Provide clinical staff mentorship, clinical education supervision, and staff trainings.

05/2011 – Present

Clinical Director, Changing Lives Occupational Therapy, P.C.

- Provide consultative occupational therapy services for young children with disabilities.
- Serve as professional mentor to occupational therapy practitioners (COTA) and aspiring entry level OTD students.
- Develop and facilitate community-based presentations on the value of occupational therapy.

10/2018 – 05/2020

Occupational Therapy Supervisor, Shrub Oak International School

- Provide occupational therapy services for elementary to college aged students with ASD and related disabilities.
- Provide clinical staff and clinical education supervision.
- Facilitate staff and caregiver trainings.

06/2017 – 09/2018

Assistant Coordinator of OT Services, The Westchester School

- Provide clinical supervision for staff occupational therapy practitioners
- Deliver individual and group services for students ages 3-21 with ASD and multiple disabilities.
- Promote interprofessional collaboration among clinical departments (OT, PT, SLP), facilitate staff trainings, and assist with program development and improvement activities.

09/2016 – 12/2016

Staff Occupational Therapist, Creative Wonders Therapy Center

- Provide occupational therapy services in various settings for children between the ages of 14 months-10 years.
- Conduct parent and caregiver trainings.

08/2014 – 08/2016

Staff Occupational Therapist, The Parkside School

- Provide occupational therapy services for students with language-based learning differences, visual motor integration delays, sensory processing differences, and other motor needs.
- Conduct staff in-services, collaborative classroom sensory motor groups, and parent trainings.

07/2009 – 05/2017

Independent Consultant

- Provide individual and group occupational therapy services across various settings.
- Conduct caregiver and teacher trainings to support therapeutic programming.

01/2006 – 08/2010

Occupational Therapist/ Center Coordinator of Clinical Education, Positive Beginnings Preschool

- Provide occupational therapy and evaluation services for preschool children with developmental delays and sensory processing differences.
- Provide clinical education supervision for Level I and Level II students.
- Coordinate a multi-site clinical education program and provide support to clinical staff members.

SOCIETY MEMBERSHIPS

American Occupational Therapy Association (AOTA)

New York State Occupational Therapy Association (NYSOTA)

HONORS AND AWARDS

School of Health Professions Award for Clinical Excellence, 09/2005

PUBLICATIONS

Jacobs, K. (Host). (2022, July 25). Promoting early self-advocacy among children with disabilities. (No. 88) [Audio podcast episode]. In *Health Matters*. Boston University Sargent College. <https://podcasts.apple.com/us/podcast/e88-promoting-early-self-advocacy-among-children-with/id1495983952?i=1000569483053>

Adams, R. (2022, July). Giving Kids a Voice: Promoting early self-advocacy among children with disabilities. *Exceptional Needs Today*, 9, 18-21. <https://www.exceptionalneedstoday.com/>

Adams, R. (2022, January). Every child has a song: Supporting communication through music. *Exceptional Needs Today*, 7, 63-65. <https://www.exceptionalneedstoday.com/>

PRESENTATIONS

Adams, R., & Sandler, M. (2022, November 16). *Giving kids a voice: Promoting early self-advocacy skills among young children with disabilities*. Presented online at Bright Achievements, Holly Springs, North Carolina.

Adams, R., & Phillips, J. (2022, March 3). *Music that moves us- M.O.V.E.D: Music during occupations adds value to engagement in daily activities*. Presented at Boston University, Boston, Massachusetts.

Adams, R. (2021, May 12). *Music & Mental Health: The impact and support of music on mental health in school-based settings*. Presented online at AOTA School Mental Health Community of Practice.

Adams, R. (2020, August 27). *Occupational therapy family open group forum: A virtual platform for families of children with disabilities*. Presented at Perfect Piece of the Puzzle, Jamaica, New York.

Adams, R., & Baugh, C. (2020, April 17). *Mindfulness and movement*. Presented online at Special Olympics New York, Albany, New York.