

Yes! Consent and Sex Positivity Digest

From: SARP Yes! Consent & Sex Positivity Training

What is sexual assault (SA)?

Any sexual activity where consent is not informed or freely given

SA covers a range of coercive behaviors which violate both state legal statutes and BU's Disciplinary Code



SA includes any physical sexual contact that occurs without consent, through coercion, or by force

Sexual assault falls under the umbrella term of sexual violence

Everything You Need to Know About Consent That You Never Learned in Sex Ed



What is Sex Positivity?

It embraces sexual expression with the belief that everyone is in charge of their own sex life and sexuality. There is an emphasis on safe, consensual, and enjoyable sex.

Sex positivity can look many different ways...



self-pleasure and exploration

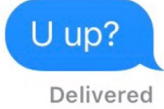


discussing a kink and consensually practicing it with partner(s)



not wanting have sex or a relationship at all

engaging in hook-up culture, when all involved are consenting and communicating



waiting to have sex until marriage + feeling assured in your own choice to do so



Sex Positivity Resources

YES! Consent and Sex Positivity Handout

Covers sex-positivity, recommended podcasts and social media, consent, condoms & contraception, other resources

BU Queer Activist Collective

Info and support resources for BU students. It also lists all of BU's LGBTQIA+ Student Organizations



This Dating Life Handout

Provides resources for handling dating and domestic violence

Trans Student Educational Resources (TSER)

Provide infographics and workshops about gender identity and representation

Pleasure Pie

Provides sex ed materials, a body positivity blog, articles on consent, pleasure, sex/ sexuality



Good Vibrations



Workshops on sex positivity, safe sex, masturbation, sex toys, LGBTQ+ sexuality, Gender 101, STIs, and more

Autostraddle



Articles exploring LGBTQ+ identity, relationships, dating apps, sex, and sex toys

Dr. Lindsey Doe

Sexplanations
with Dr. Doc

Sexologist & sex educator's YouTube channel about topics such as sex & disabilities, sex toys, masturbation, and pleasure

Prevention

There is no one step cure all for preventing sexual assault, but you can assist in the violence prevention movement in many ways:

Attend bystander intervention training and act as a prosocial bystander, consistently advocate for change at BU

Build awareness, support legislation that supports survivors, believe survivors

Challenge rape culture and continue to hold difficult conversations around sexual violence

Recognize and avoid coercing or pressuring others

About SARP



Our mission at SARP is to foster a campus culture built upon healthy relationships, consent, and that is free of violence

SARP can help you consider your options, and can accompany you to appointments if you choose to report to the University or the police

How to get involved

- SARP Ambassadors
- SARP Actors
- Volunteer at our monthly Incarcerated Survivors Letter Writing event



[Check out the details on our website!](#)

SARP Clinical Options



Crisis line available 24-hours a day, 7-days a week
(617) 353-SARP (7277)



Medical, legal, and academic advisory



Individual and group counseling



Discuss reporting and advocacy options (medical, academic)

[More details about clinical options are available on our website](#)

BU

Sexual Assault Response & Prevention Center

Sex-Positive Media Recommendations

Podcast: Relationships with Kamie Crawford



Book: Three Women by Lisa Taddeo



TV Show : Sex Education



If you'd like to hear more stories from survivors or share your own, consider checking out...

@campus.survivors
instagram page where you can read and anonymously share personal accounts of sexual assault survival

SARP Sexual
Assault
Survivors
Support
Group

BARCC
Survivor
Speakers

Survivor Theatre Project, which empowers survivors through art and public performance

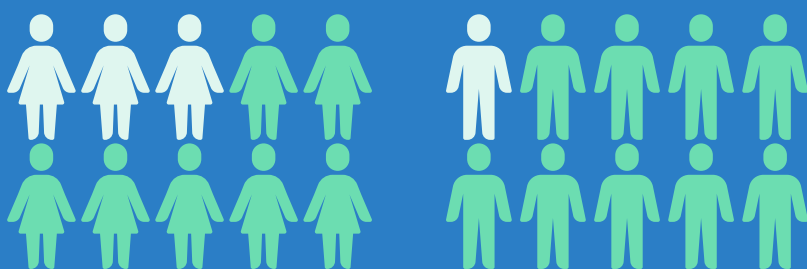


The most commonly reported harassers were individuals with whom the respondents were familiar (39.4%)²

BU AAU Campus Climate Survey on Sexual Assault and Misconduct, 2019

BU-Specific SA Statistics

28.9% of female undergrads and 9.3% of male undergrads at BU reported some type of non-consensual sexual contact²



What Else to Know



The Good Samaritan Law

When a Terrier seeks help for themselves or others who've used alcohol or drugs, neither student will receive a sanction for alcohol or drug use, as long as they complete an educational or counseling program on campus.



Off-Campus Assistance: BARCC

Boston Area Rape Crisis Center has a 24 hour hotline at 800-841-8371 and offers free, confidential support services to survivors of sexual violence ages 12 and older, their loved ones and friends, and professionals.