

SARP NEWSLETTER

SEXUAL ASSAULT RESPONSE & PREVENTION CENTER

CELEBRATING 10 YEARS OF SUPPORTING SURVIVORS



Trans Awareness Month

November is Transgender Awareness Month - an opportunity for us to celebrate, honor, and stand up for our transgender communities.

Learn more about the trans community and attend events this month!



Trans Day of Remembrance

This event originally began in MA. Now, every year on November 20th, people everywhere pause to mourn and remember the lives lost due to hate and transphobic violence.

Boston Trans Day of Remembrance Vigil –

November 20th 2-6pm. Location TBD



Advice for the Holidays

The holidays can be difficult for those who have strained relationships with their families.

Grounding Techniques

1. Take a shower
2. Listen to music
3. Go for a walk
4. Find an object in the room and focus on it
5. Hold an ice cube in your hand until it melts

Key points to remember

Family boundaries are necessary and you do not need to feel bad for setting them..

You do not need to explain your reasoning for setting boundaries.

TERMS OF THE MONTH



Gender identity: An individual's internal sense of their own gender, whether they identify with the gender they were assigned at birth, another gender or no gender.

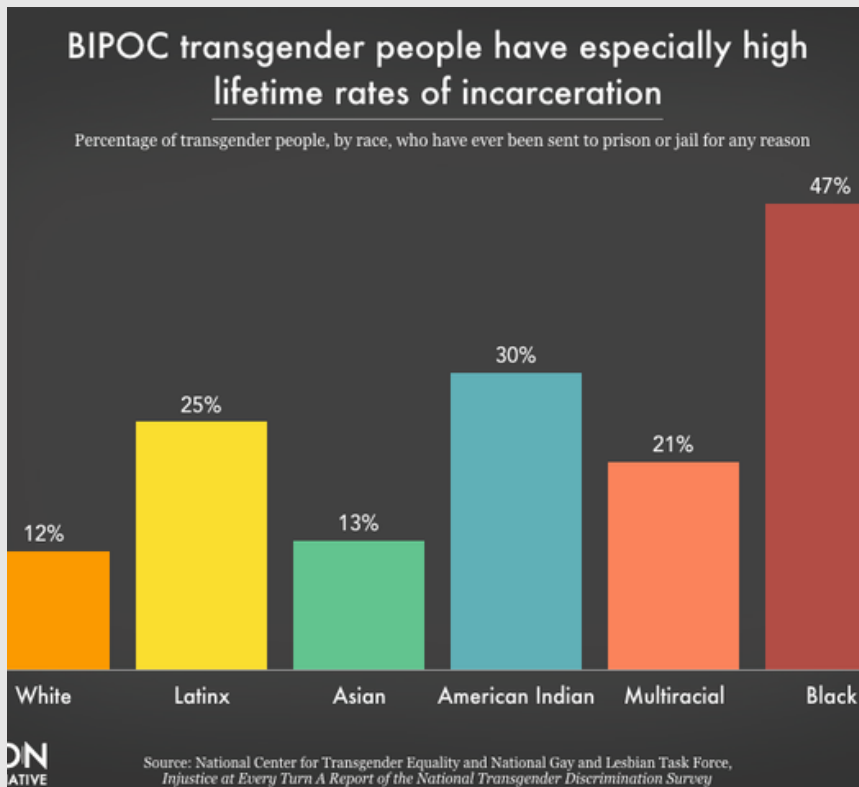
Gender non-conforming: Refers to someone who transcends what are considered to be traditional gender-norms for their assigned sex.

Heterosexism: The presumption that everyone is or should be heterosexual, that heterosexuality is superior to all other sexualities.

Transgender: An umbrella term for people whose gender identity and/or expression is different from cultural expectations based on the sex they were assigned at birth. Sometimes abbreviated as trans.

Transphobia: Discrimination towards, fear, marginalization, and hatred of transgender people or those perceived as transgender. Individuals, communities, policies, and institutions can be transphobic.

INCARCERATED SURVIVOR LETTER WRITING



INCARCERATED SURVIVOR LETTER WRITING PROGRAM

Each month, SARP ambassadors host an event where they write letters to incarcerated survivors. These letters help survivors feel heard, understood, and respected as human beings. Join us for the next event!

TRANS INDIVIDUALS AND THE PRISON SYSTEM

40% of transgender prisoners reported being the victim of a sexual assault within the previous 12 months — 10 times the percentage of non-transgender inmates.

Unfortunately, transgender individuals are often put into prisons that match their sex assigned at birth **not** their gender identity, which causes even more harm.

Advocates are trying to get Senate Bill 132 passed – this bill would allow prisoners to live with those who match their gender identity, not their sex assigned at birth.