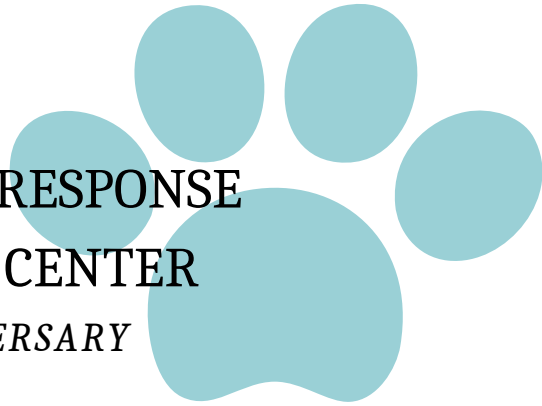


# SARP NEWSLETTER

## SEXUAL ASSAULT RESPONSE & PREVENTION CENTER 10 YEAR ANNIVERSARY



### *10 Year Anniversary and Theme of the Year*

This year we are celebrating the 10th anniversary of the Sexual Assault Response & Prevention Center here at BU. We are as committed then as we are now to supporting those following a traumatic event, and also working to create a safe community for all.

Our theme for the year is Masculinity! Learn more about why we chose this topic at the end of this newsletter.



### *New Support Group!*

We have launched a new support group for individuals who are experiencing estrangement. The group is led by our own Mae Petti LCSW, MSW. It will be held from 6:30-7:30 pm each Wednesday, from September 14th to November 16th. It is open to all BU students – LGBTQIA+ and BIPOC students are encouraged to join,

Learn more about other groups by visiting our website!



### *We are open!*

We are open at 930 Commonwealth Ave. If you have questions or would like to make an appointment, contact us through your Student Patient Portal.

### *We have new student staff members!*

Keep reading this newsletter to learn more about our graduate student interns. Keep an eye out for more information about the undergraduate ambassadors coming soon.

### *Training Highlight*

Stand Up Step In BU (SUSIBU) is the first training we offer. It is focused on the prosocial bystander model. Sign up for a training session!

# YOUR 2022-23 PREVENTION INTERNS

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## CHRISTINE DAPAAH- AFRIYIE

she/her/hers

Hi everyone! My name is Christine Dapaah-Afriyie, my pronouns are she/her/hers and I am the Communications Prevention Intern at SARP this year.

For me, I love how SARP is dedicated to both prevention and counseling, because it allows us to assist in so many different ways.

## IZZY DEMONTIGNY

she/her/hers

Hello hello! My name is Izzy Demontigny, my pronouns are she/her/hers and I am one of the Community Development and Programs Prevention Interns at SARP for this year.

If I had to describe SARP in four words, I would say "Dedicated, Accepting, Safe, and Dependable."



# YOUR 2022-23 PREVENTION INTERNS

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## SAM GEST

he/him/his

Hi y'all! My name is Sam, I use the he series, and I am one of the Community Development and Programs Prevention Interns at SARP for this academic year.

I chose to work at SARP because I wanted to help BU students to gain the knowledge and skills to prevent sexual violence, and to have safe, consent-and-pleasure-centered experiences, whether they choose to be sexually active or not.

## ALLISON SANDER

she/her/hers

Hey everyone! My name is Allison, my pronouns are she/her/hers, and I am the Research and Data Analyst Intern here at SARP for this year.

For me, the SARP mission means combining my STEM background and passion for helping people to cultivate a safer community for people with a diverse set of lived experiences.





# SARP'S INBOX: RECENT RESEARCH HEADLINES

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As the Research and Data Analysis intern, my reading list includes recently published articles on attitudes towards and improving our methods of sexual violence (SV) education, advocacy, and outreach. This month, my favorite article discusses how centers like SARP can identify popular opinion leaders (POLs) in our communities to help in advancing our mission. Research shows that education and outreach programs are more effective when there are leaders with which the community identifies (i.e. youth leaders reaching out to people in their age group, students facilitating SV trainings with adults, friends sharing stories and posts on social media, etc.). I hope this paper empowers you act as a prosocial member of the BU community!

-- Allison


## USING SOCIAL NETWORK ANALYSIS TO IDENTIFY POPULAR OPINION LEADERS

### Why we care:

1. Identifying popular opinion leaders (POLs) and teaching them how to be prosocial bystanders makes our community safer
2. Communities attitudes are shaped by POLs, so we need them engaged in our message
3. You can use your sphere of influence to effect community-wide culture change!



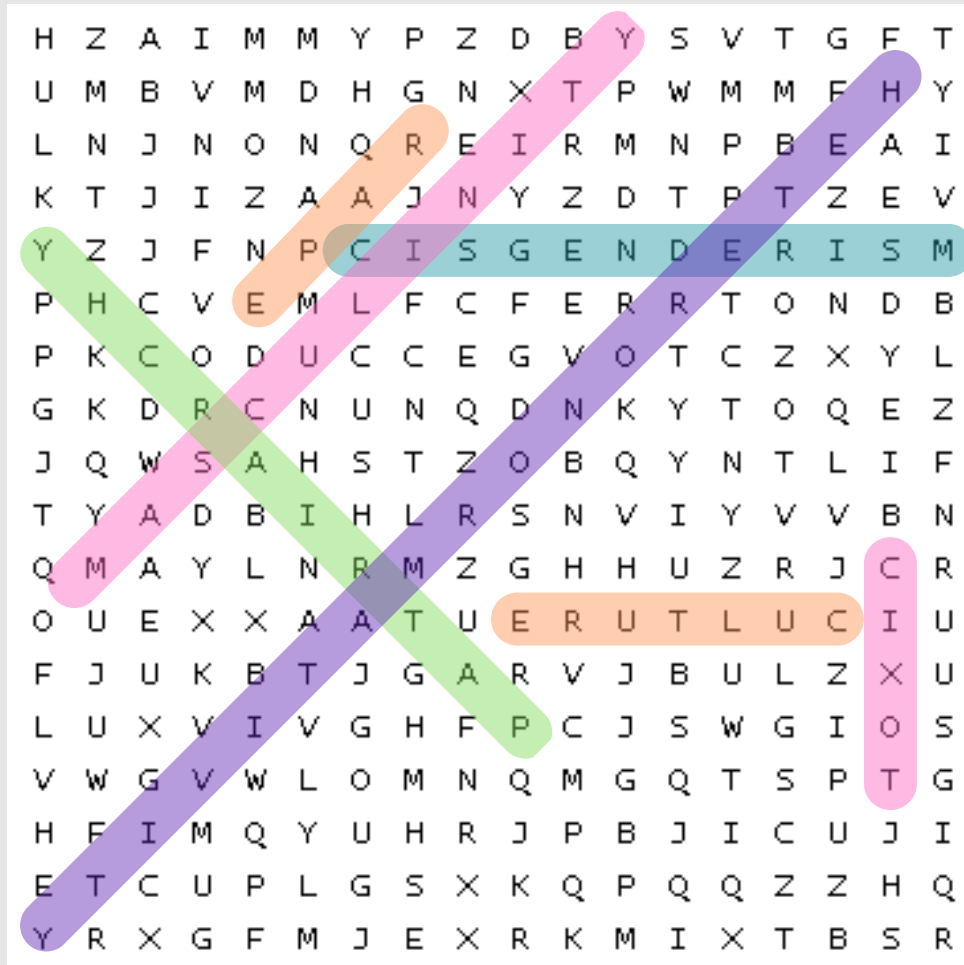
It is possible that if influential youth leaders adopt and promote nonviolent and prosocial attitudes and behaviors, they could diffuse those attitudes and behaviors to other peers. Thus, over time, larger groups of youth would display nonviolent attitudes and behaviors, which could lead to long-term reductions in SV.



Want to learn more?

[doi.org/10.1177/1077801221994907](https://doi.org/10.1177/1077801221994907)

# TERMS OF THE MONTH



**Cisgenderism:** pathologizes or rejects people's genders when they do not align with the gender they were presumed at birth.

**Patriarchy:** a social system in which men hold primary power and predominate in roles of political leadership, moral authority, social privilege and control of property.

**Rape Culture:** A set of deeply entrenched societal attitudes and beliefs that normalize sexual violence.

**Heteronormativity:** the concept that heterosexuality is the preferred or normal mode of sexual orientation. It assumes the gender binary and that sexual and marital relations are most fitting between people of opposite sex.

**Toxic Masculinity:** a set of attitudes and ways of behaving stereotypically associated with or expected of men, regarded as having a negative impact on men and on society as a whole.

# THEME OF THE YEAR: MASCULINITY

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Although trauma does not discriminate, our society has framed certain experiences – like sexual and domestic violence – as gendered issues. At SARP, we do not believe in this form of discrimination, and as a symbol of that, we have chosen to focus on masculinity and the ways its construction has done harm to our society. Our hope is that by educating ourselves and others, we can all work to reframe our understanding of masculinity.

## JUSTIN BALDONI



Justin Baldoni is an actor, producer, director, public speaker, author, and entrepreneur. He is well known for his role in the TV show, *Jane the Virgin*, and his director role in the movie, *Five Feet Apart*. While Justin still plays a role in media, he began to focus on masculinity and the harm it has done to both him and our society as a whole in recent years.

### Masculinity Focus

Justin Baldoni began speaking about masculinity in a TEDTalk he gave titled "Why I'm Done Trying to be 'Man Enough'." Following this, he started speaking at college campuses across the country. In 2021, he released his book "Man Enough: Undefining My Masculinity" and started his podcast titled "The Man Enough Podcast."

"The Man Enough Podcast" was launched early in 2021 to look at how traditional structures and attitudes toward masculinity oppress and negatively affect men, women, and humanity as a whole.

Each episode engages in honest and at times uncomfortable conversations with celebrities, thought leaders, and change-makers.

Listen/watch on [Apple Podcasts](#), [Spotify](#), [YouTube](#), [Stitcher](#), and [Audacy](#).



## MASCULINITY IN MEDIA